



Comparability and Standardization of Methods for PFC Analysis in Fish Fillets

Michelle D. Malinsky, Ph.D.
mmalinsky@mmm.com

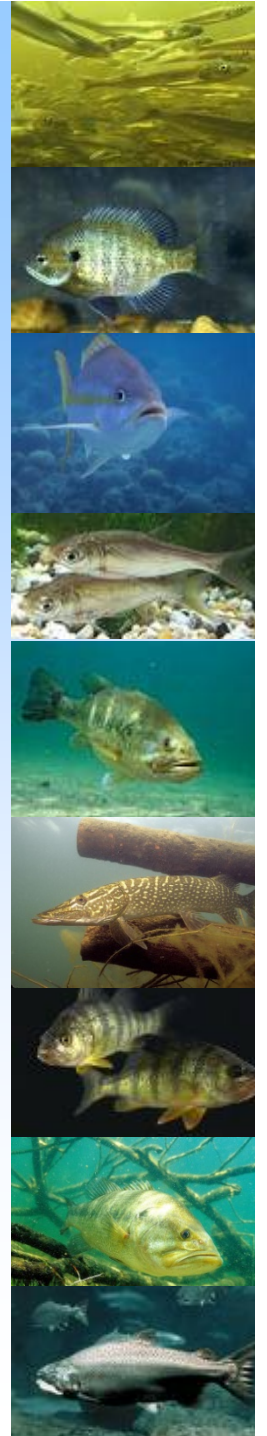
*3M Environmental Laboratory
Environmental, Health, and Safety Operations
3M Center, Bldg. 260-5N-17
Maplewood, MN 55144-1000*



US EPA 2009 National Forum on Contaminants in Fish

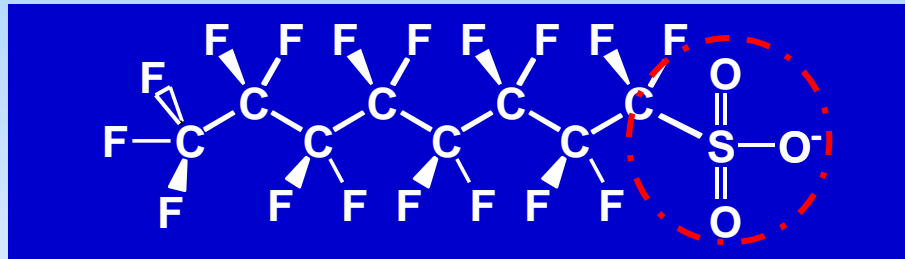
Main Points

- Historical Background
- Key Issues
 - Sources of Quantitative Bias
- 3M Method
 - Method Validation/QC
 - Mississippi River Results



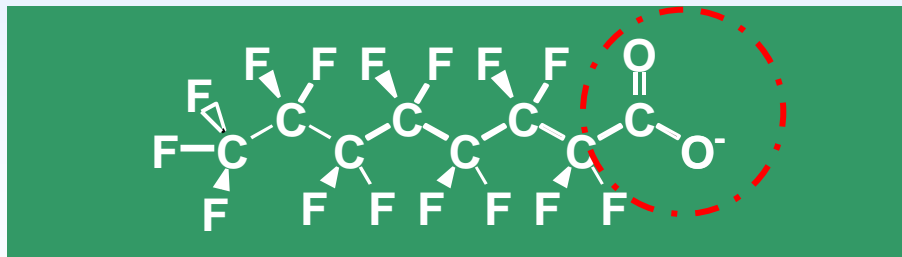
Perfluorinated Compounds (PFCs)

- Perfluoroalkane Sulfonates: PFAS



Perfluorooctane sulfonate (PFOS)

- Perfluorinated Carboxylic Acids: PFCAs



Perfluorooctanoate (PFOA, C8 Acid)

PFC Analytical Challenges

Historically there has not been

- PFC Reference Test Methods (until 2008)
 - EPA Method 537 (Drinking Water)
- Standard Reference Materials
 - e.g. NIST SRMs (serum, soil, sludge, etc..)
 - SRM 1957 (serum) and 1954 (milk) – October 2009
- Stable Isotope Internal Standards i.e. [1,2,3,4-¹³C₄]PFOS
- Electrospray LC-MS/MS
 - Relatively new technology platform (1996)
 - Phys/chem properties of PFCs not amenable to traditional techniques (GC, GC-MS, LC-UV)
 - Trace level analysis (ppm>ppb>ppt)
 - Instrument/Laboratory Contamination



Method Validation Basics

*Defined Selectivity, Accuracy, Precision, Recovery, Calibration, Stability, Sensitivity, and Reproducibility

- *LC-MS/MS
 - **Matrix-Matched Calibration** (Method of Standard Addition, MSA)

- Challenges Specific to Fish Analysis
 - Suitable Control Matrix free of PFCs
 - Not all Fish are Created Equal
 - More Work

*“Guidance for Industry, Bioanalytical Method Validation”, U.S. Department of Health and Human Services, FDA, May 2001

Fish Extraction Techniques

Ion Pairing (IPE)

Generation 1
(1999-2005)

Protein Precipitation (PPT) with SPE

Generation 2
(2005-2007) – 3M

“New” Techniques (2007-2008)

- (1) Carbon clean-up, direct inject (Powley)
- (2) Ion-pairing with fluorophilicity clean-up (Mabury)
- (3) Basic digestion with SPE (EPA)

Key Issues

- Sample Preparation
- Extract Clean-Up
- Analyte List

-
- (1) Powley, C. R. et al., *Chemosphere*, 2007, (70), 664-672.
 - (2) Furdui, V. I. et al., *Environ. Sci. Technol.* 2008, (42) 4739-4744.
 - (3) Ye, X. et. al., *Environ. Pollut.* 2008, (156) 1227-1232.



2005 PERFORCE

1st Worldwide Interlaboratory Study on PFCs in Environmental and Human Samples



**Van Leeuwen et al. Environ. Sci. Technol. (2006) Vol. 40, p. 7854-7860.*

■ Fish Fillet Results
Most Variable, *Why???*

■ Ion Pairing Extraction

■ Solvent Quantitation
without IS

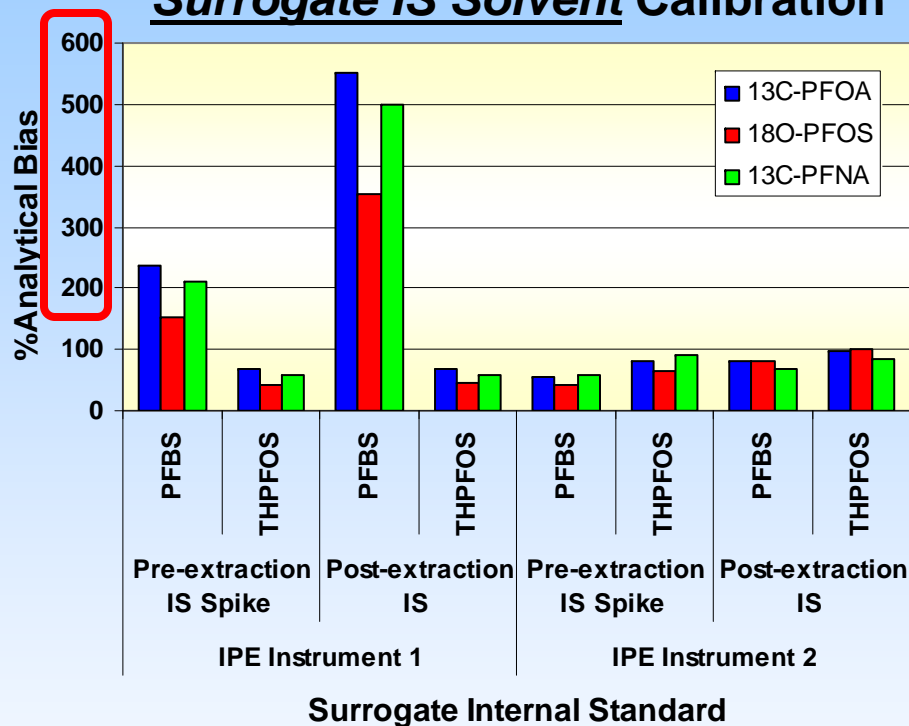
■ Matrix Effects

*Fish Fillet Results		PFOS	PFOA
Spiked Concentration (ng/g)		37	10
<u>Analytical Results (ng/g)</u>			
	Minimum	2.8	0.54
	Median	40	13
	Maximum	295	204
	%RSD	125	201
<u>Evaluation of Results</u>			
	%Satisfactory	17	25
	%Questionable	-	30
	%Unsatisfactory	83	45

“PFC determinations in various matrices are not yet fully mastered”

Quantitative Bias: Solvent vs. Extracted Calibration

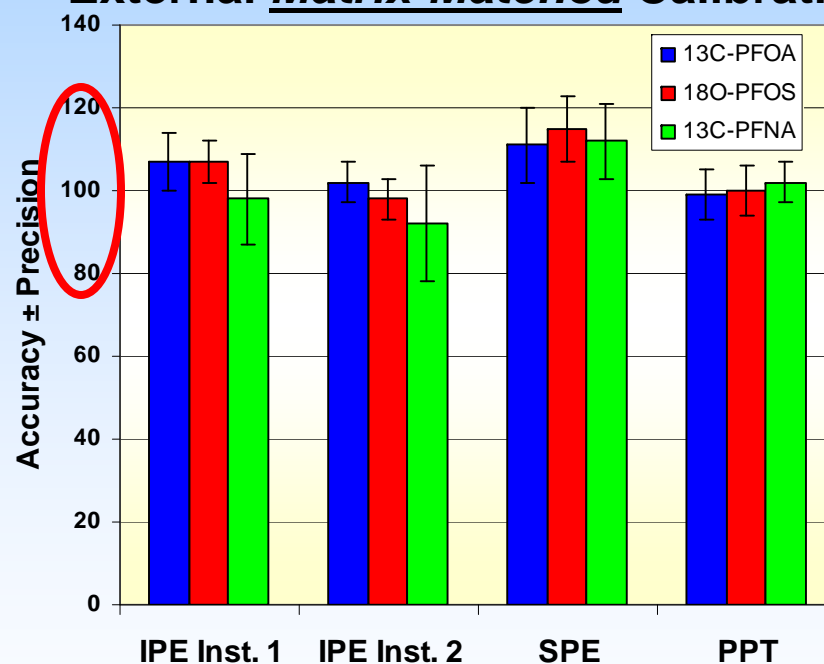
Analytical Bias: IPE Human Sera with Surrogate IS Solvent Calibration



- Surrogate IS Not Representative of the Target Analyte

- Matrix Ionization Suppression/Enhancements

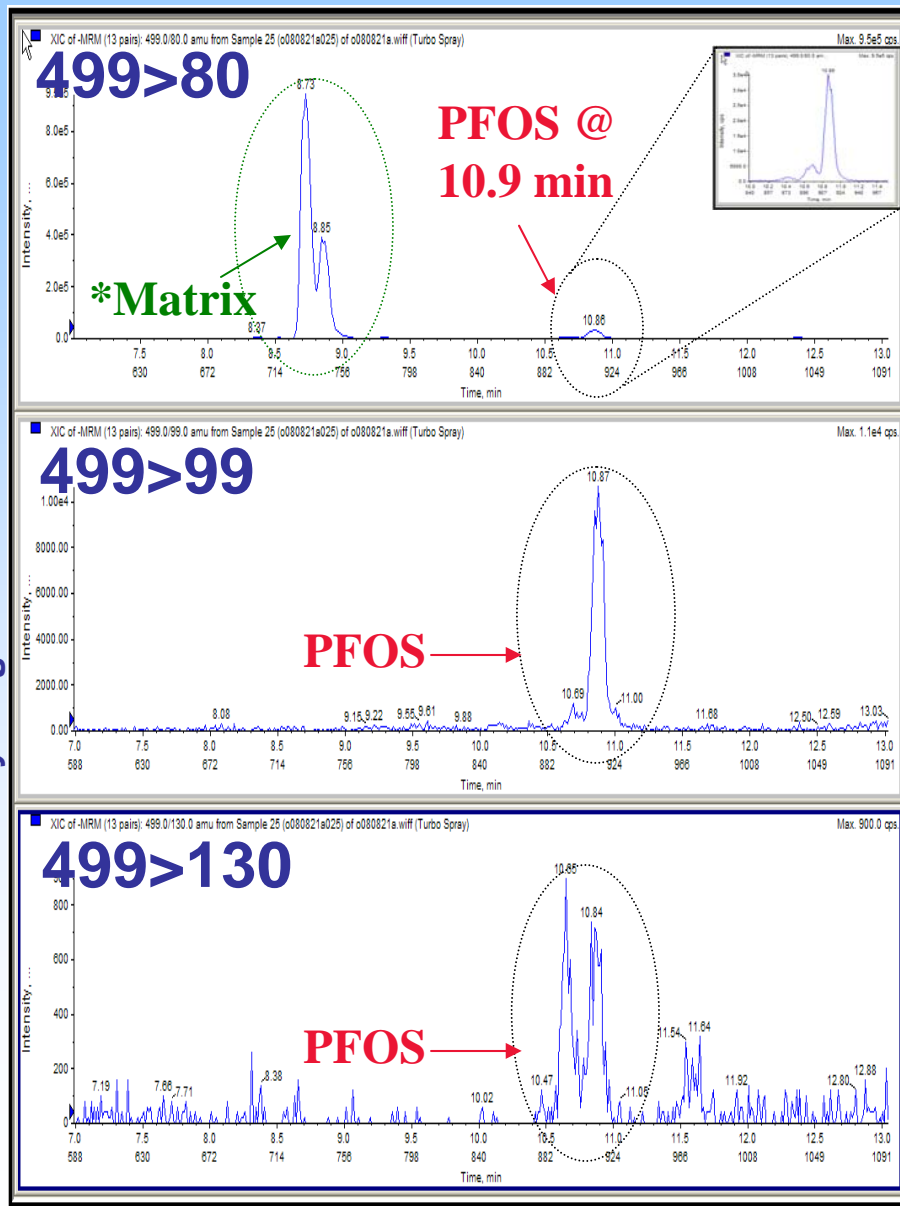
Human Sera Method Validation: Various Extraction Techniques External Matrix-Matched Calibration



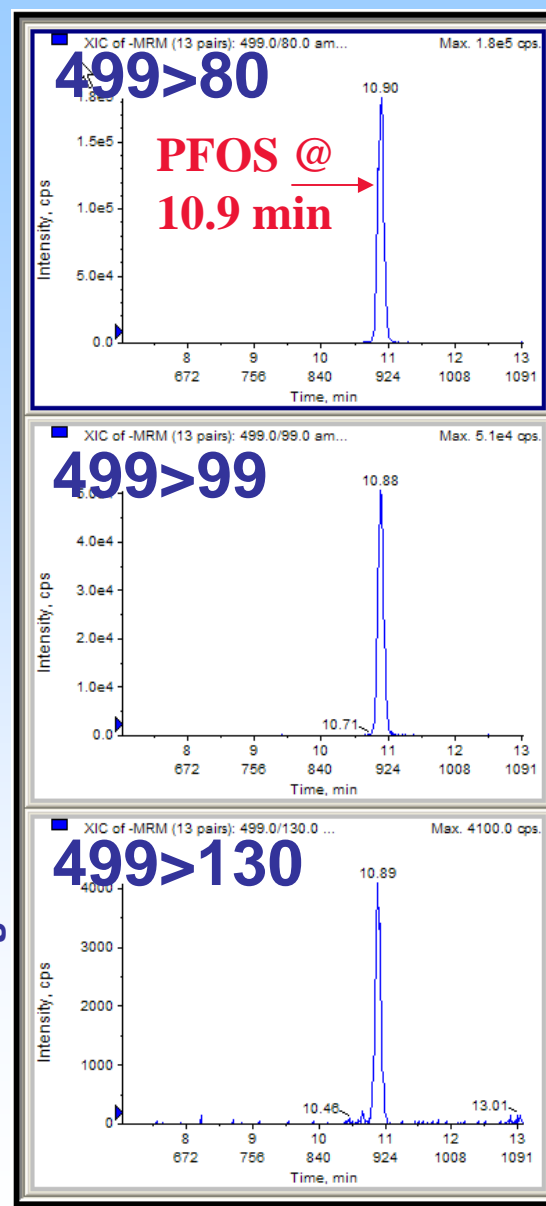
- Matrix-matched (extracted) Calibration is the great equalizer

Importance of Multiple Transitions: Matrix vs. PFOS

Whole Body Largemouth Bass Matrix Blank

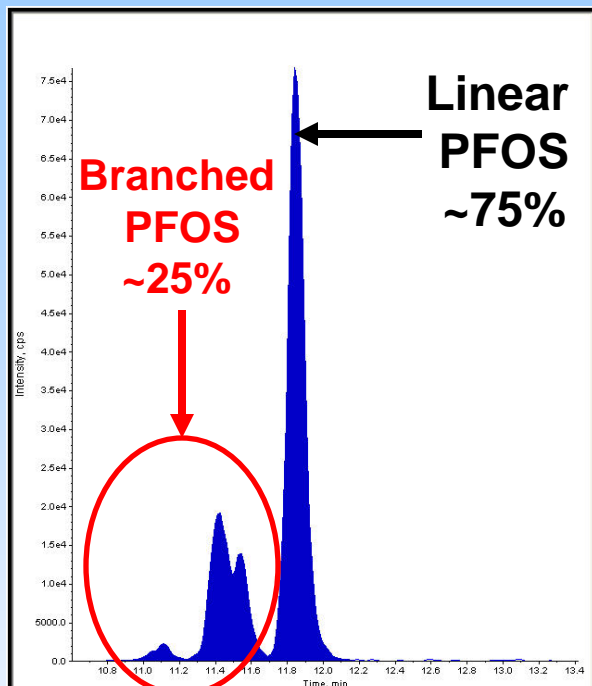


1 ng/mL Linear PFOS Solvent Standard



*Taurodeoxycholate isomers from bile salt – Benskin, J.P. et. al. Anal. Chem. 2007 (79), 6455-6464.
US EPA 2009 National Forum on Contaminants in Fish

Quantitative Bias: Isomers

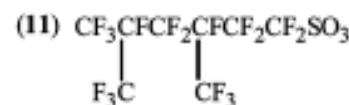
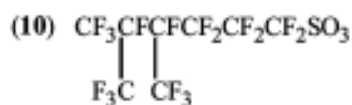
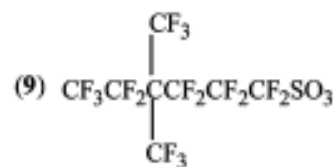
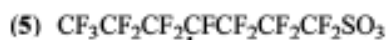
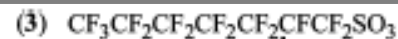


Riddell, N. et. al, *Environ Sci. Technol.* 2009 (43) 7902-7908.

- Eleven *known* isomers of PFOS in tech grade.
- 499>80 and 499>99 transitions have different relative response factors for the linear and the branched isomers.
- Quantitative biases possible depending on standard type and MRM transitions used for quantitation



Linear



2008 PERFORCE

2nd Worldwide Interlaboratory Study on PFCs in Environmental Samples (Water and Fish)

* *Van Leeuwen et al. J. Chromatogr. A (1216) 2009 p.401-409.*



- Method of Standard Addition (MSA)

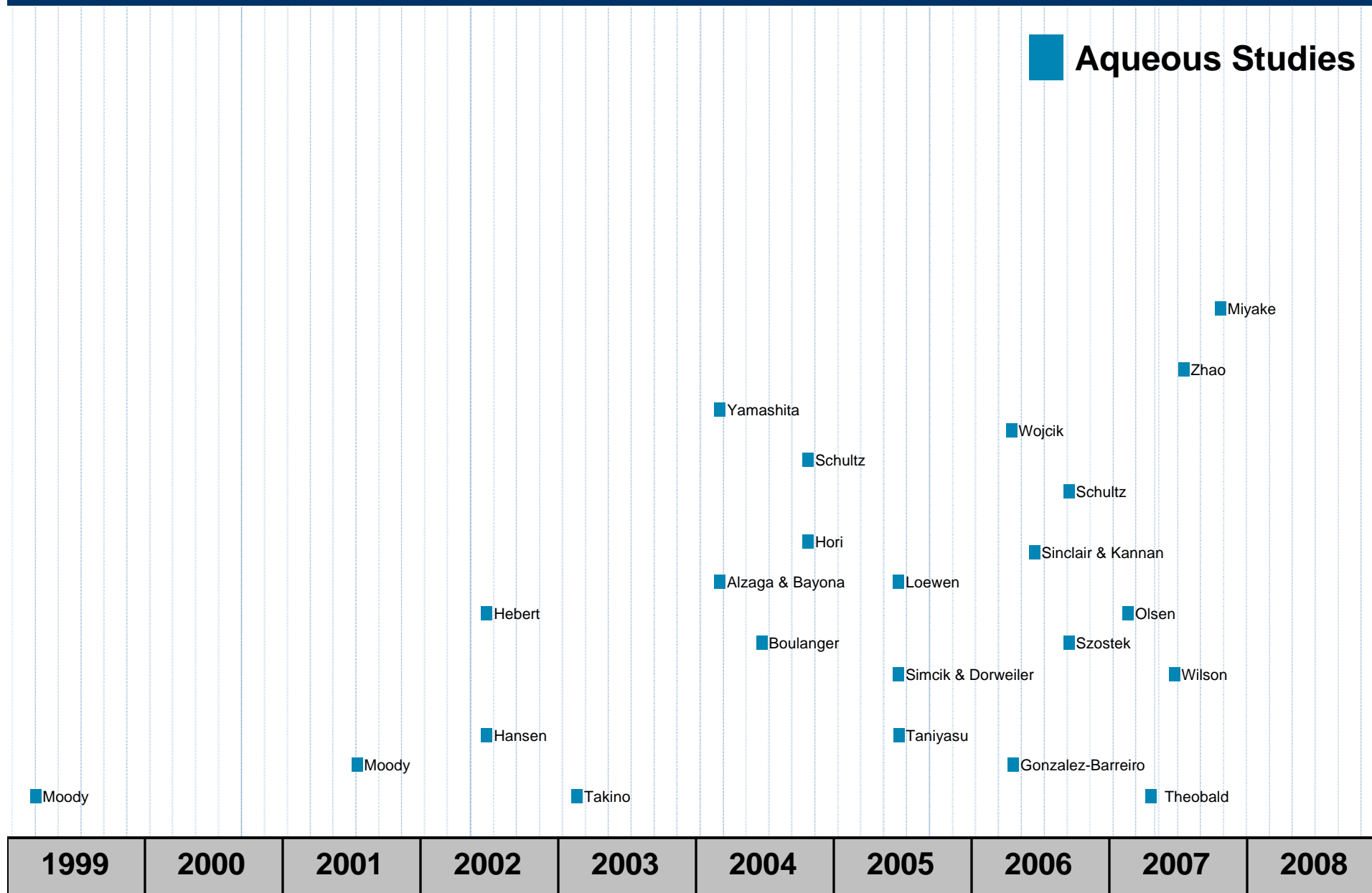
- Stable Isotope ISs – Solvent Calibration for most analytes

- New Extraction Techniques

Fish Results	PFOS		PFOA	
<u>Spiked Conc. (ng/g)</u>	145		22.6	
<u>Analytical Results (ng/g)</u>	<u>Solvent</u>	<u>MSA</u>	<u>Solvent</u>	<u>MSA</u>
Min	49.9	34.5	9.2	8.6
Mean	150	200	18.0	21.5
Max	230	388	23.6	41.5
%RSD	29	47	23	39

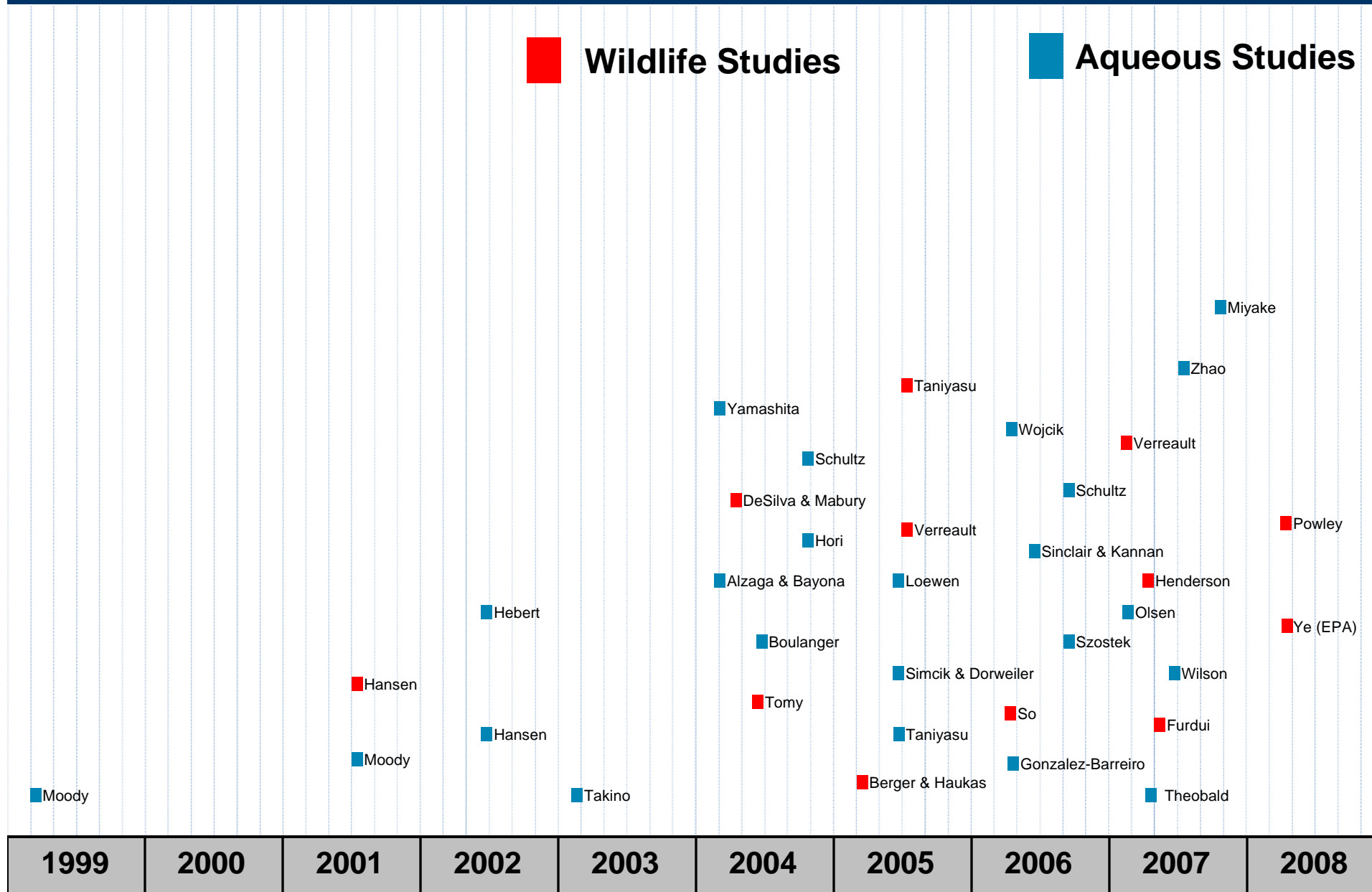
“Analytical Methods for PFCs in water and fish have improved considerably.”

Analytical PFC Publications in the Open Scientific Literature



*Jahnke A, Berger U; Journal of Chromatography A 1216 (2009) 410-421

Analytical PFC Publications in the Open Scientific Literature



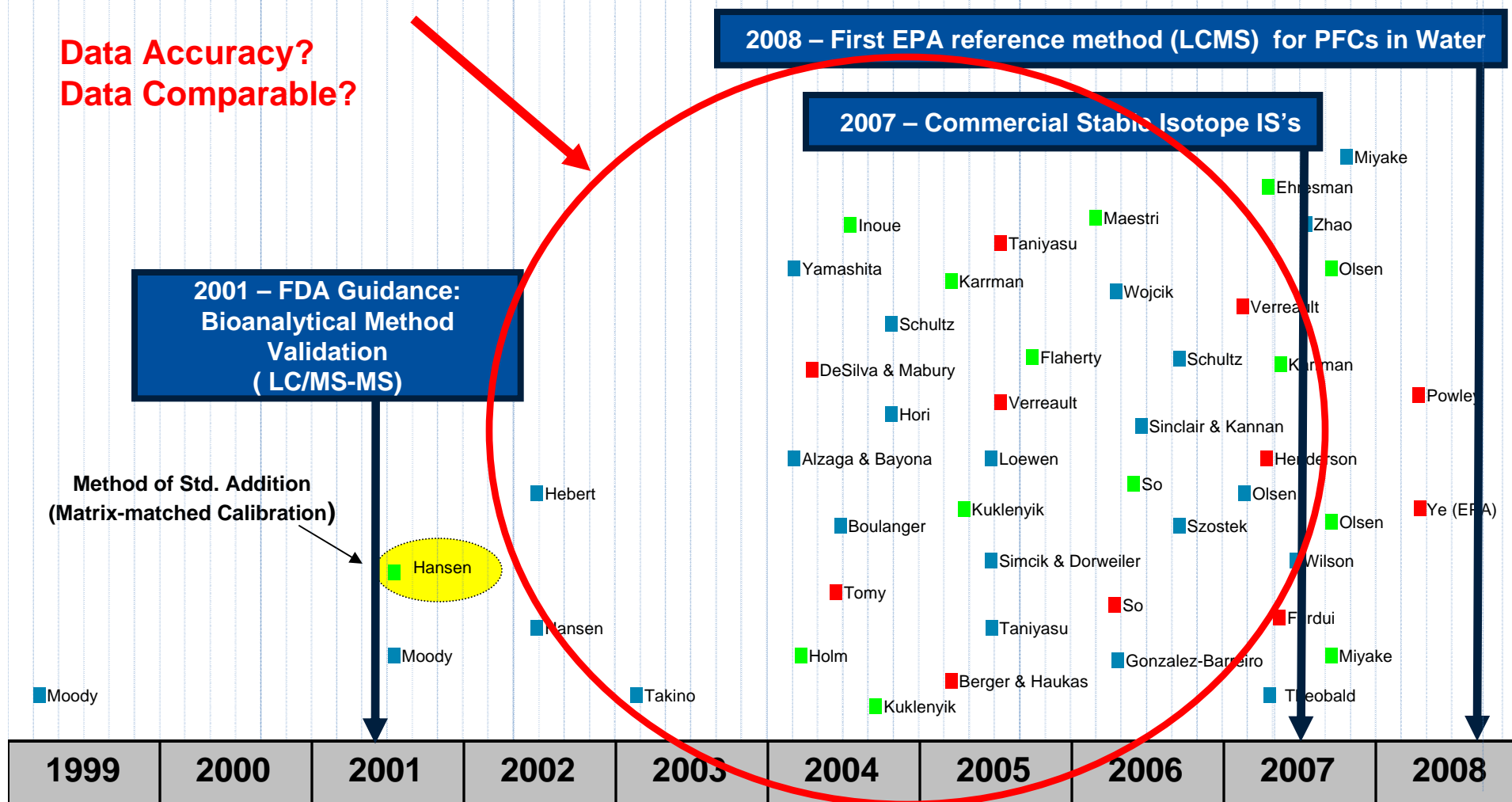
*Jahnke A, Berger U; Journal of Chromatography A 1216 (2009) 410-421

Analytical PFC Publications in the Open Scientific Literature*

■ Human Studies
 ■ Wildlife Studies
 ■ Aqueous Studies

Most data not based on validated methods.

Data Accuracy?
Data Comparable?



*Jahnke A, Berger U; Journal of Chromatography A 1216 (2009) 410-421

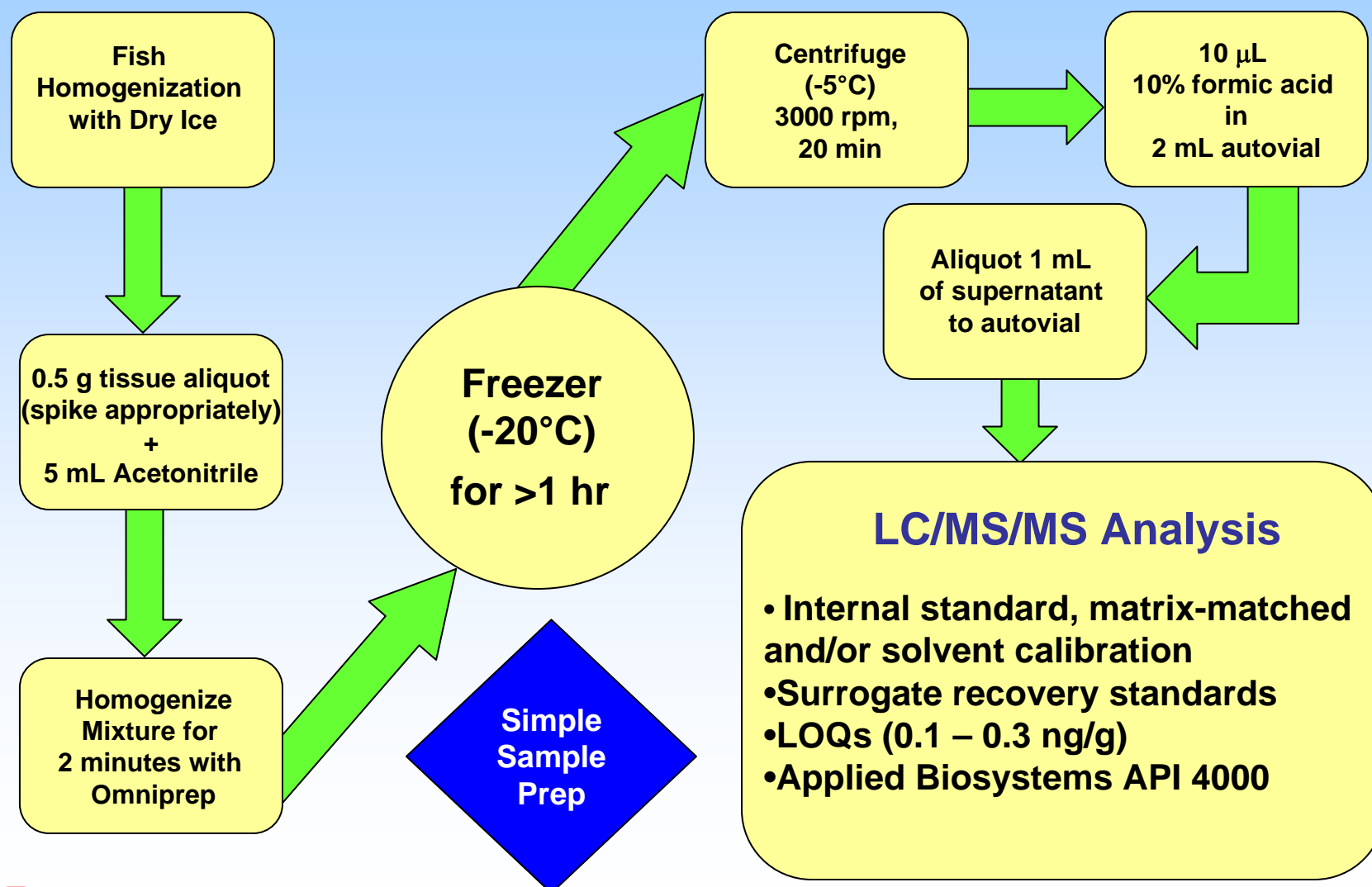
Limitations in Published PFC Methods

- Method validation *generally* not performed and/or reported.
 - Defined Selectivity, Accuracy, Precision, Recovery, Calibration, Stability, Sensitivity, and Reproducibility
- Matrix biases/interferents not fully evaluated
 - Solvent calibration without stable isotope ISs
 - Species specificity (not all fish are created equal)
 - Biological matrix components with common MRM transitions
- Complicated Sample Prep and Clean-Up procedures.

Carefully consider the analytical method before using a reported PFC value.

New 3M PFC Fish Method

Sample Preparation & Analysis



3M PFC Fish Method: Target Analytes & ISs

<i>Target Analyte</i>	<i>MRM Transition</i>	<i>IS</i>	<i>MRM</i>	<i>Surrogate</i>
PFBA (C4 Acid)	213>169	[1,2,3,4 - ¹³ C ₄]PFBA	217>172	[1,2 - ¹³ C ₂]PFOA 415>370
* → PFPeA (C5 Acid)	263>219	*[1,2,3,4 - ¹³ C ₄]PFBA	217>172	
PFHxA (C6 Acid)	313>269, 313>119	[1,2 - ¹³ C ₂]PFHxA	315>270	
* → PFHpA (C7 Acid)	363>319, 363>169	*[1,2,3,4- ¹³ C ₄]PFOA	417>372	
PFOA (C8 Acid)	413>369, 413>219, 413>169	[1,2,3,4- ¹³ C ₄]PFOA	417>372	
PFNA (C9 Acid)	463>419, 463>219, 463>169	[1,2,3,4,5- ¹³ C ₅]PFNA	468>423	
PFDA (C10 Acid)	513>469, 513>269, 513>219	[1,2 - ¹³ C ₂]PFDA	515>470	
PFUnA (C11 Acid)	563>519, 563>269, 563>219	[1,2 - ¹³ C ₂]PFUnA	565>520	
PFDoA (C12 Acid)	613>569, 613>319, 613>169	[1,2 - ¹³ C ₂]PFDoA	615>570	[¹⁸ O ₂]PFOS 503>84
PFBS (C4 Sulfonate)	299>80, 299>99	[¹⁸ O ₂]PFBS	303>84	
PFHS (C6 Sulfonate)	399>80, 399>99	[¹⁸ O ₂]PFHS	403>84	
PFOS (C8 Sulfonate)	499>80, 499>99, 499>130	[1,2,3,4- ¹³ C ₄]PFOS	503>80	
* → FOSA (C8 Sulfonamide)	498>70	[1,2,3,4- ¹³ C ₄]PFOS	503>80	

- 13 Target Analytes
- 10 IS
- 2 Surrogates
- 43 MRM Transitions



Two Injections

- C4-C6 Acids analyzed using different column/mobile phase
- Multiperiod method for rest

* Surrogate IS used for this compound.

LC Conditions

C4-C6 Acid

Step	Total Time (min)	Flow Rate (μ L/min)	%A	%B
0	0	300	90	10
1	3.0	300	90	10
2	3.5	300	30	70
3	9.0	300	5.0	95
4	15.0	300	5.0	95
5	15.1	300	90	10
6	19.0	300	90	10

A: 5 mM Ammonium Acetate with 0.01% Acetic Acid (aq)

B: Methanol

Analytical Column: PRISM RP
50 mm x 2.1 mm; 5 μ particle size

Injection Volume: 20 μ L

Divert first 3 minutes to waste

PFCAs (C7-C12), PFASs, FOSA

Step	Total Time (min)	Flow Rate (μ L/min)	%A	%B
0	0	400	97	3.0
1	3.0	400	97	3.0
2	3.5	400	70	30
3	13.5	400	40	60
4	15.5	400	40	60
5	16.0	400	10	90
6	18.0	400	10	90
7	18.3	400	97	3.0
8	21.0	400	97	3.0

A: 2 mM Ammonium Acetate (aq)

B: Acetonitrile

Extraction Pre-Column: Waters®
Oasis HLB (20 mm x 3.0 mm)

Analytical Column: Betasil C18
100 mm x 2.1 mm; 5 m particle size

Injection Volume: 25 μ L

Divert first 5 minutes to waste

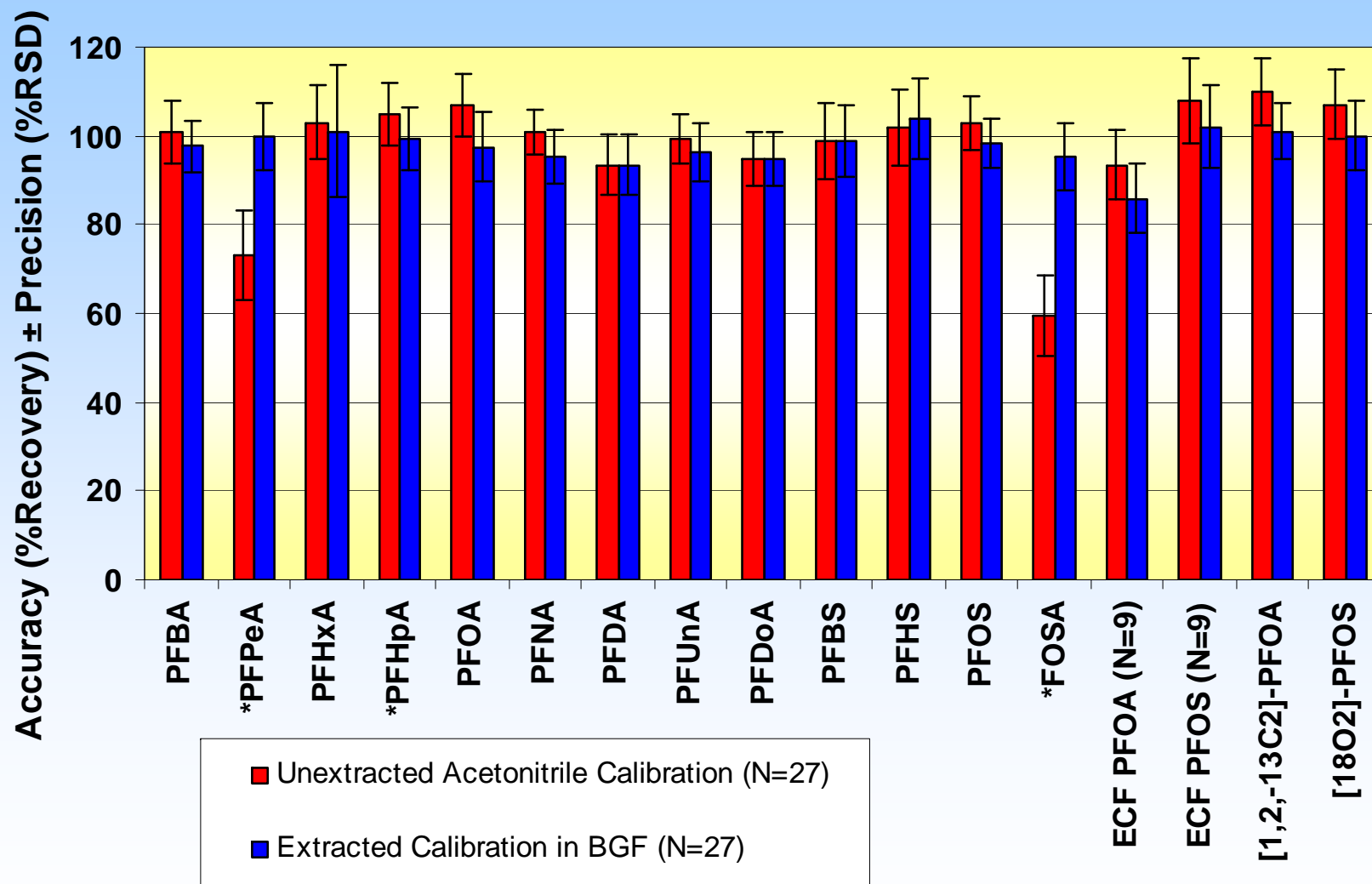
Method Validation

- **Accuracy & Precision – Stable IS Quantitation**
 - Method of Standard Addition (*Bluegill Fillet Control Matrix)
 - Unextracted (Solvent) Calibration
 - Triplicate lab control spikes at three levels
- **Quantitation of branched PFOS/PFOA isomers from ECF source**
- **Quantitation of low-level analytes (ppb) in the presence of high level PFOS (ppm)**
- **Specificity**

Note: All fish investigated for method validation were purchased from a supplier for scientific studies. Control fish are NOT environmental samples.



Method Validation Summary



*Surrogate IS used for this compound



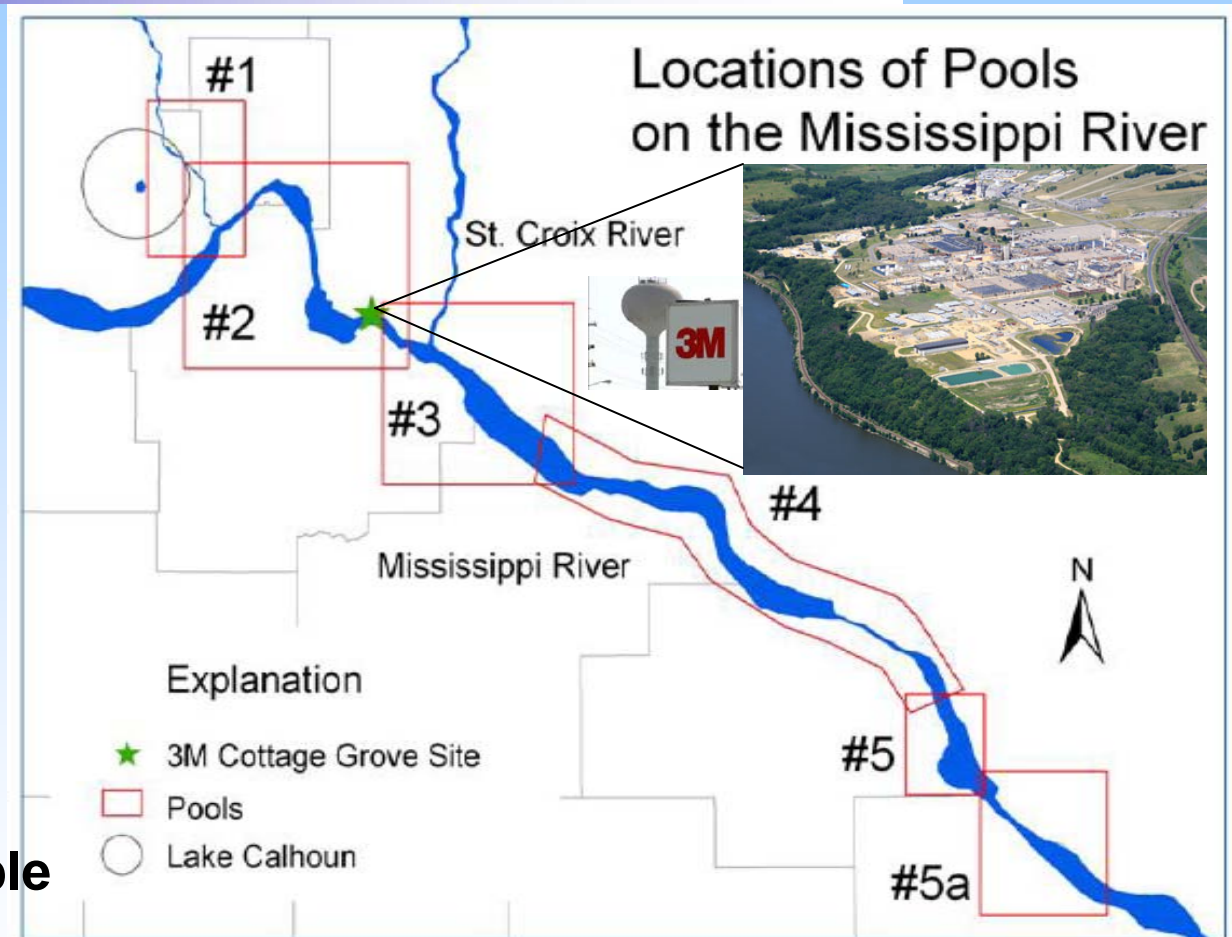
Application to Environmental Samples: 2008 MPCA Mississippi River Sampling

33 Fillet Samples

- Bluegill (N=10)
- Smallmouth Bass (N=10)
- Walleye (N=9)
- Sauger (N=2)
- Black Crappie (N=1)
- Northern Pike (N=1)

**Samples extracted
in Duplicate**

**Lab Matrix Spike (LMS)
prepared for each sample**



Minnesota Pollution Control Agency Home Page.

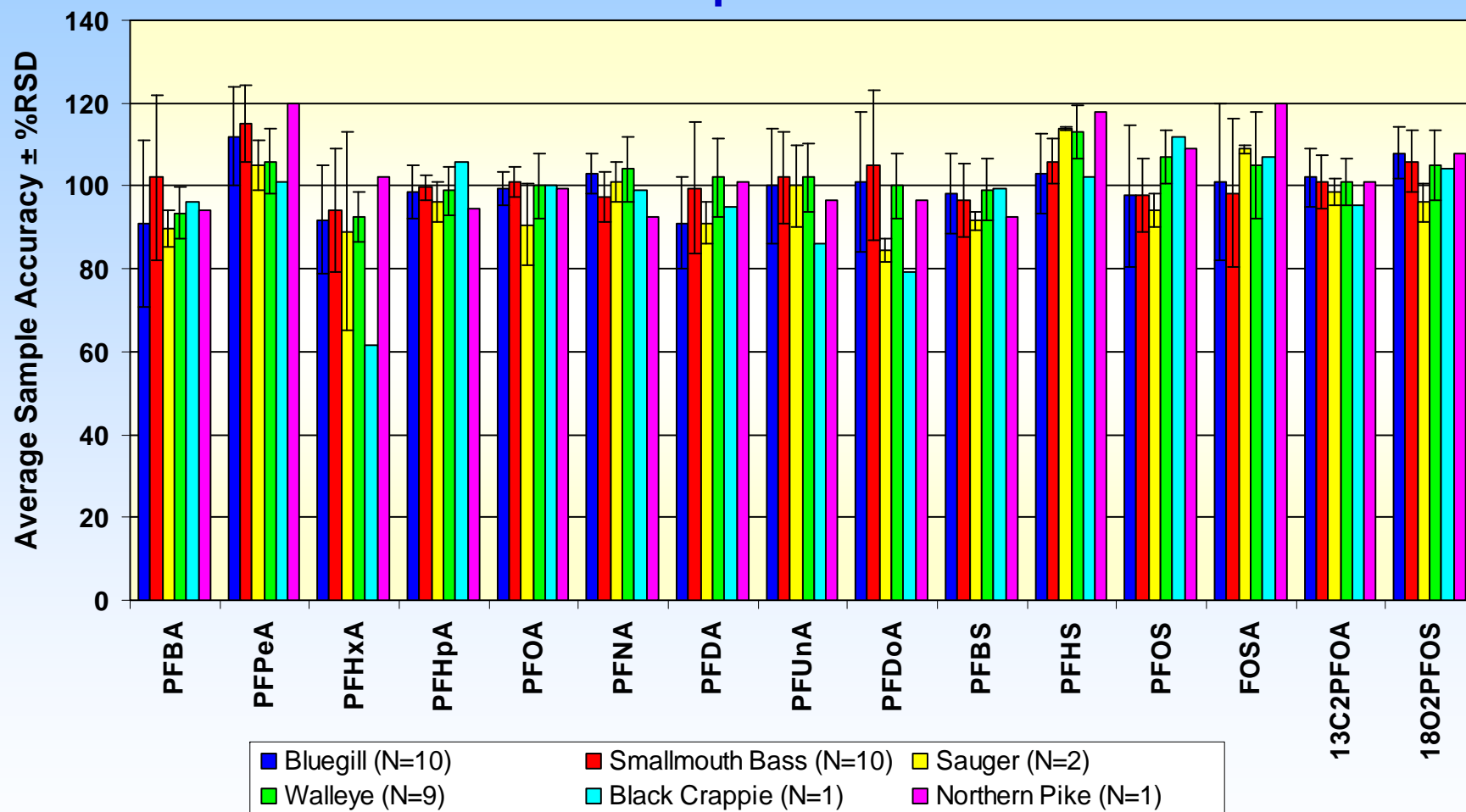
<http://www.pca.state.mn.us/publications/pfc-2008mpcametrolakesfishpfcdata-final9.pdf>



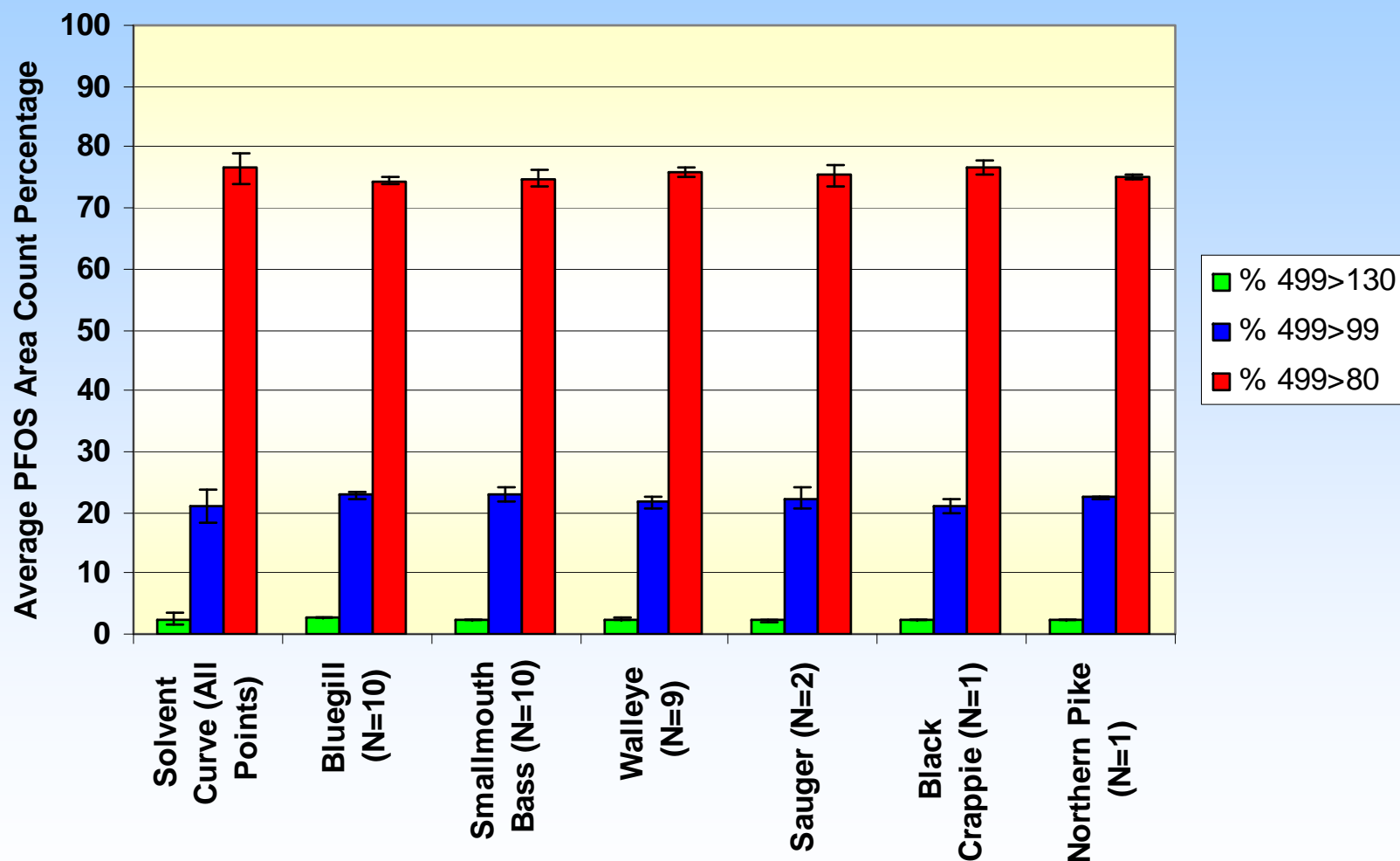
US EPA 2009 National Forum on Contaminants in Fish

Mississippi River Sample Accuracy

Lab Matrix Spike Recoveries



PFOS Specificity: MRM Transition Analysis



3M PFC Method Conclusions

- Simple Extraction Procedures
- Accuracy & Precision
 - 100±30% for most analytes
- Expanded Analyte List
- **Stable Isotope IS Quantitation**
 - MSA
 - Solvent Quantitation
- Validation in Bluegill Fillet
 - Applicable to 6+ additional freshwater species (fillet)
 - Whole-body
- Isomer Quantitation of PFOS/PFOA



QC Requirements for Any Performance Based PFC Methods

- Field Replicates/Lab Replicates
- Laboratory QCs in control matrix (every prep batch)
- Laboratory Matrix QCs (sample spikes at a defined frequency)
- Practical LOQs/MDLs – Defined Criteria
- Blanks/Blank Criteria
- Calibration
 - Method of Standard Addition (control matrix)
 - Unextracted Solvent Calibration with stable isotope ISs
- ***Data Uncertainty (Accuracy & Precision) - Reporting Criteria***
- Supporting Method Validation (if possible)
- Analyte Specificity
 - Multiple MRMs when possible
 - MRM area count ratio comparison to reference standards
- Isomer Evaluation



Future Directions

- **Standard Reference Materials for Method Evaluation**
 - NIST SRM 1946 (Lake Superior Trout Fillet)
 - NIST SRM 1947 (Lake Michigan Trout Fillet) – pending for certified PFCs concentrations
- **Agency Guidance**
 - QC Acceptance Criteria
 - Reporting Criteria
 - Calibration Procedures (Linear vs. Branched)
- **EPA Reference Method**

