Avoid Bed Bugs at the Laundromat

Bed bugs can hitchhike from home to home through laundromats. Here are some tips to help you keep bed bugs from getting into your clean clothes.

Protect Dirty Clothes

- Unpack clothes from sealed plastic bags or laundry bags directly into the washer.
- Wash and dry cloth laundry bags with clothes.

Use Heat

- Wash and dry at hottest temperature fabric can withstand.

Laundry Baskets

- Check for bed bugs before use.
- Don’t set baskets on the floor or near seats.

Tables

- Check for bed bugs before using to fold clean laundry; or
- Bag clean laundry and fold it at home.

Seats

- Inspect for bed bugs before sitting down.

If You Think You’ve Found Bed Bugs...

- Don’t panic. Catch one in a clear zip-top bag for identification.
- Notify the laundromat management.
- Contact your local health department or tribal health office for assistance.
- Find helpful information at epa.gov/bedbugs.

Bed bugs are not a sign of unhealthy living conditions. We can unknowingly bring them home in clothes and other items.

Identification is Key!

Learn more at epa.gov/bedbugs.