Maze Fun

Lead is a metal that might be in paint in your house and is not good for our body. Make your way through the maze and learn 6 actions you can take to keep your family healthy.

- Eat healthy foods
- Leave dirty shoes at the door
- Wash hands with soap and water
- Wash toys, pacifiers and bottles
- Use cold water for cooking and drinking
- Clean your room
Fill in the Blanks

Fill in the blank with the best word from the word box for each statement below:

fruits  soap  toys  shoes  cold

1. Use _______________ water for drinking or cooking.
2. Wash your hands with _______________ and water several times a day.
3. Remove your _______________ when you come inside after playing or working outdoors.
4. Wash bottles, pacifiers and _______________ , like stuffed animals, often.
5. Eat plenty of _______________ and vegetables.

Answers: 1. cold; 2. soap; 3. shoes; 4. toys; 5. fruits

Color Time

Run the water before drinking or cooking.

Use a wet cloth, sponge or mop to clean.

To keep my family healthy, I will...

Draw or write which action you will do to keep your family healthy.