TRAVELERS
Beware of Bed Bugs!

**Bed Bug Identification**
- Eggs are tiny, white, and glued to surfaces.
- Nymphs are light colored, from 1/16".
- Adults are rust colored, apple seed sized, 1/4 to 3/8".
- Six legs, oval, flattened from top to bottom.
- They do not jump or fly, but are good runners and hitchhikers.
- They tend to congregate together.

**Signs of Bed Bugs**
- Small black droppings, blood stains, or shed skins on the bottom bed sheet.
- Red, itchy rash from bites.

For information on bed bugs and Integrated Pest Management (IPM) go to:
http://www.epa.gov/bedbugs
Check for Bed Bugs Everywhere You Stay

Avoid Traveler Anxiety. Be Prepared.
- Leave luggage in the car or room bath tub.
- Inspect back of headboard, mattress seams, box spring, bed frame and upholstered furniture with flashlight and magnifier.
- Inspect luggage racks prior to use.
- Always Keep bags closed and zipped.
- When packing or unpacking, never lay luggage, backpacks or clothes on bed or on the floor.
- Do not store clothes in dresser.
- Inspect cracks and crevices around bed stand.
- If you spot a bed bug tell hotel staff immediately.

Don't Take Bed Bugs Home....
- Transport all items in sealed plastic bags until able to wash or treat.
- Unpack clothes directly into a washing machine.
- Wash and dry all clothing at hottest setting.