Why is it important to protect our families from pesticides?

Children are more vulnerable.
- Children are more easily exposed to pesticides because of their small bodies and behaviors.
- Sometimes, without realizing it, a parent can expose his or her child to pesticides.

Pesticides are dangerous.
- Pesticides are chemicals that are used to kill insects and weeds.
- Pesticides are used in the fields and also in our homes.
- These chemicals can make us sick, even kill us.

Exposure is constant.
- Contact with pesticides can occur throughout the day.
- Exposure to pesticides sometimes happens without us realizing.
- You can be exposed at work or at home with the family.

Do your part!
- Everyone at home can be affected by pesticide residue.
- Parents, teachers, and children can all help to reduce the risk of pesticide exposure around families.

Another tip to protect your family from pesticides...Write your own!

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Protect your family from pesticides... It’s easy!

- Mark the box when the step has become part of your family’s routine.
- Remove work boots before entering the house.
- Wash your work clothes separately from the family’s clothes.
- Clean thoroughly the places where pesticide residues can be found.
- Prevent insects from entering your home by sealing cracks and keeping the house clean and dry.
- Keep all cleaning and pesticide products outside of children’s reach.
- Avoid areas where pesticides are being sprayed.
- Do not bring agricultural pesticides home.
- Close windows, turn off ventilators, and cover outside equipment when pesticides are being sprayed near your house.
- Bathe with shampoo and soap directly after working.
- Wash fruits and vegetables before eating them.
- Have the whole family wash their hands before eating, drinking, or going to the bathroom.
- Wash your work clothes separately from the family’s clothes.
- Prevent insects from entering your home by sealing cracks and keeping the house clean and dry.
- Close windows, turn off ventilators, and cover outside equipment when pesticides are being sprayed near your house.