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Identifying and Protecting Healthy Watersheds

Front Cover, Disclaimer, Acknowledgements, Table of Contents, List of Figures, List of Tables, and Foreword

February 2012







Identifying and Protecting Healthy Watersheds Concepts, Assessments, and Management Approaches

February 2012





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Identifying and Protecting Healthy Watersheds

Concepts, Assessments, and Management Approaches

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Table of Contents

Acknowle	dgements	i
Table of C	Contents	v
Figures		vii
Tables		xi
Foreword		xiii
1. In	ntroduction	1-1
1.1	Background	
1.2	Healthy Watersheds Initiative	
1.3	Characteristics of a Healthy Watershed	
1.4	Benefits of Protecting Healthy Watersheds	
1.5	Purpose and Target Audience	
1.6	How Does the Healthy Watersheds Initiative and this Document Relate to What (Others
	are Doing?	
1.7	How to Use this Document	1-6
2. K	ey Concepts and Assessment Approaches	2-1
2.1	A Systems Approach to Watershed Protection	
2.2	Landscape Condition	
2.2.1	Green Infrastructure	
2.2.2	Rivers as Landscape Elements	
2.2.3	Natural Disturbance	
2.2.4	Connectivity and Redundancy	
2.3	Habitat	
2.3.1	Fluvial Habitat	
2.3.2	Lake Habitat	
2.3.3	Wetland Habitat	
2.4	Hydrology	
2.4.1	Hydroecology	
2.4.2	Ground Water Hydrology	
2.5	Geomorphology	
2.6	Water Quality	2-26
2.7	Biological Condition	
2.8	Watershed Resilience	

3.	Examples of Assessment Approaches
3.1	Landscape Condition
3.2	Habitat
3.3	Hydrology
3.4	Geomorphology
3.5	Water Quality
3.6	Biological Condition
3.7	National Aquatic Resource Assessments
4.	Healthy Watersheds Integrated Assessments
4.1	Integrated Assessment
4.2	Moving Towards Integrated Assessments
5.	Management Approaches
5.1	Implementing Healthy Watersheds Programs in States
5.2	Protection Programs
5.2.	1 National
5.2.2	2 State and Interstate
5.2.3	3 Local
5.2.4	4 Other Protection
5.3	Restoration Programs
5.3.	National
5.3.2	2 State and Interstate
5.3.3	3 Local
5.4	Education, Outreach, and Collaboration5-44
Referen	ces
Acrony	ns & Abbreviations AA-1
Append	ix A. Examples of Assessment ToolsA-1
Append	ix B. Sources of National DataB-1
Append	ix C. Cited Assessment and Management ExamplesC-1

Figures

Figure 1-1	Numbers of imperiled North American freshwater and diadromous fish taxa1	-2
Figure 1-2	Gap between impaired and delisted waters in EPA Region 3 1	-2
Figure 2-1	Spatial and temporal scales of watershed processes	-2
Figure 2-2	The five major factors that determine integrity of the aquatic resource	-3
Figure 2-3	Essential ecological attributes	-3
Figure 2-4	Healthy watersheds assessment components	-4
Figure 2-5	Landscape condition	-5
Figure 2-6	Green infrastructure network design 2	-5
Figure 2-7	Map of the Chicagoland area showing land cover and currently protected areas	-6
Figure 2-8	Components and dominant processes of the Active River Area	-8
Figure 2-9	Cool water rivers	-9
Figure 2-10	The River Continuum Concept	10
Figure 2-11	Hierarchy defining spatiotemporal scales of hydrogeomorphic patches	11
Figure 2-12	A conceptual riverine landscape	12
Figure 2-13	Distribution of the various Functional Process Zones in the Kanawha River, West Virginia	13
Figure 2-14	Schematic of a lakeshore and the three habitat zones of a typical lake	15
Figure 2-15	Relation between water table and stream type 2-1	17
Figure 2-16	Different components of the natural flow regime 2-1	17
Figure 2-17	Ecological model of the Savannah River, Georgia2-1	18
Figure 2-18	Geomorphic and ecological functions provided by different levels of flow	19
Figure 2-19	Different scales of ground water flow systems	20
Figure 2-20	Streambeds and banks are unique environments2-2	21
Figure 2-21	Common locations for ground water dependent ecosystems	23
Figure 2-22	Lane's Balance	24
Figure 2-23	Channel evolution model	24

Figure 2-24	Rosgen stream types
Figure 2-25	Conceptual model of the Biological Condition Gradient
Figure 2-26	Maine Index of Biotic Integrity (IBI) scores
Figure 2-27	Sprawling development
Figure 3-1	Green infrastructure in Maryland
Figure 3-2	Comparison of proposed greenways and green infrastructure in Anne Arundel County, MD
Figure 3-3	Map of results from the Virginia Natural Landscape Assessment Model 3-9
Figure 3-4	Green infrastructure in the Hampton Roads region
Figure 3-5	Three-zone buffer showing the protection, conservation, and stewardship zones
Figure 3-6	Components and dominant processes of the Active River Area
Figure 3-7	The Active River Area in the Connecticut River Basin
Figure 3-8	National output of the Fire Regime Condition Class Mapping Method
Figure 3-9	Map of stream habitat condition in Maryland, as determined with the Physical Habitat Index
Figure 3-10	Map of focal wetland complexes shown by wetland density
Figure 3-11	Wyoming's wetlands
Figure 3-12	Framework for the Ecological Limits of Hydrologic Alteration Process 3-34
Figure 3-13	Thermal and fish assemblage based classification of streams in Michigan
Figure 3-14	Example flow alteration-ecological response curves from Michigan 3-38
Figure 3-15	Diagram of the Texas Instream Flows Program process
Figure 3-16	Environmental flow regime recommendations for the San Antonio River
Figure 3-17	Classification tree showing the seven naturalized hydrologic classes
Figure 3-18	Ground water dependent ecosystem clusters in Oregon 3-46
Figure 3-19	Decision tree for identifying ground water dependent river ecosystems 3-48
Figure 3-20	Ground water dependent biodiversity in the Whychus Creek Watershed 3-50
Figure 3-21	Phase 3 data gathering for Vermont Stream Geomorphic Assessments 3-53
Figure 3-22	Intact and incised streambeds

Figure 3-24	Human activities alter five water resource features, resulting in alteration of fish communities
Figure 3-25	Conceptual model of the Biological Condition Gradient
Figure 3-26	Maine Tiered Aquatic Life Uses in relation to Biological Condition Gradient Levels 3-64
Figure 3-27	Maps of Missouri showing levels four through seven of the aquatic ecological classification hierarchy
Figure 3-28	Predicted aquatic species richness for HUC12 watersheds in Ohio
Figure 3-29	Map of watershed integrity in Virginia based on modified Index of Biotic Integrity scores
Figure 3-30	Status of healthy waters and watersheds in Maryland and Virginia
Figure 3-31	Biological quality results from EPA's Wadeable Streams Assessment
Figure 3-32	National Rivers and Streams Assessment sample sites
Figure 3-33	Biological condition of lakes nationally and based on lake origin
Figure 3-34	Sites for Regional and National Monitoring and Assessments of Streams and Rivers 3-82
Figure 4-1	Healthy watersheds integrated assessment and management framework
Figure 4-2	National Fish Habitat Assessment scores for Vermont
Figure 4-3	Blocks of contiguous natural land cover in Vermont
Figure 4-4	Percent natural land cover in the Active River Area of Vermont
Figure 4-5	Location of dams in Vermont
Figure 4-6	Class I and Class II significant wetlands in Vermont
Figure 4-7	Phase 1 stream geomorphic assessment results for Vermont
Figure 4-8	Reference and non-reference water quality sites in Vermont
Figure 4-9	Results of bioassessment scores at stream monitoring sites in Vermont 4-17
Figure 4-10	Relative watershed health scores for Vermont
Figure 4-11	Normalized watershed health scores for Vermont, with normalized attribute scores 4-20
Figure 4-12	Relative watershed vulnerability scores for Vermont
Figure 4-13	Example of a management priorities matrix for setting protection and restoration priorities
Figure 4-14	Example of potential management guidance for Vermont 4-25
Figure 4-15	Regional results of the VCLNA Vulnerability Model overlain with results from Virginia's Healthy Waters Program

Figure 4-16	Business as usual development pattern and compact center scenario used for the alternative growth scenario evaluations
Figure 4-17	Virginia Watershed Integrity Model final output
Figure 4-18	Indicators used by the Watershed Assessment Tool for calculating watershed health scores
Figure 4-19	Results of Minnesota's statewide watershed health assessment
Figure 4-20	Minnesota's watershed health assessment results for the Rapid River and Redwood River watersheds
Figure 4-21	Oregon's Watershed Assessment Manual methodology framework
Figure 4-22	Example conceptual model for riparian forest indicator selection
Figure 4-23	Map of Pennsylvania's least disturbed streams
Figure 4-24	Watershed conservation priorities in Pennsylvania
Figure 4-25	Conceptual model of the effect of impervious cover on stream quality 4-47
Figure 4-26	Map of Connecticut showing stream classes and management classes by watershed 4-47
Figure 4-27	Location of Kansas' least disturbed watersheds within individual ecoregions 4-49
Figure 4-28	Reach cumulative landscape disturbance scores summarized by local catchments for the United States
Figure 4-29	Three-dimensional bubble plot comparing recovery potential among subwatersheds 4-53
Figure 4-30	Bubble plot of recovery potential screening of 94 non-tidal watersheds in Maryland 4-54
Figure 5-1	Areas of Freshwater Biodiversity Significance in the Upper Mississippi River Basin 5-8
Figure 5-2	The Delaware River as a Special Protection Water
Figure 5-3	Example fish response curves
Figure 5-4	Illustration of the water withdrawal assessment process and resulting actions 5-20
Figure 5-5	Map and orthophoto depicting the meander belt width-based river corridor being considered for protection in the Town of Cabot
Figure 5-6	Maryland's GreenPrint map of targeted ecological areas
Figure 5-7	Identification of targeted ecological areas
Figure 5-8	Green infrastructure identified for water quality protection
Figure 5-9	Map of Lower Meramec Conservation Priority Index Areas 5-36
Figure 5-10	Map of Cecil County Green Infrastructure Plan
Figure 5-11	Chesapeake Bay report card results for 2007 5-45

Tables

Table 1-1	Estimated cost of pollutant cleanup in the Chesapeake Bay Watershed 1-2
Table 1-2	Estimated range of values for ecological services provided by healthy watersheds 1-5
Table 3-1	List of assessment approach summaries and case studies included in Chapter 3
Table 3-2	Parameters and weights used to rank overall ecological significance of each hub within its physiographic region
Table 3-3	Fire regime groups and descriptions
Table 3-4	Example reference condition table
Table 3-5	Management implications for the stand-level fire regime condition class based on the S-Class relative amount
Table 3-6	Metrics for the Physical Habitat Index in each of the three stream classes in Maryland
Table 3-7	Proper Functioning Condition checklist worksheet
Table 3-8	The four primary environmental flow components considered in the Texas Instream Flows Program and their hydrologic, geomorphic, biological, and water quality characteristics
Table 3-9	Criteria used to identify HUC12s in Oregon where ground water is important for freshwater ecosystems
Table 3-10	Essential ecological attributes associated with ground water
Table 3-11	Parameters and variables in the Vermont Reach Habitat Assessment Protocol
Table 3-12	Eleven metrics included in the human-threat index
Table 3-13	Assessment criteria used for prioritizing and selecting aquatic ecological system polygons and valley-segment type complexes for inclusion in the portfolio of conservation opportunity areas
Table 4-1	Datasets used to identify healthy watersheds in Vermont
Table 4-2	Metrics calculated for each healthy watersheds assessment component
Table 4-3	Descriptions of the stream geomorphic condition categories
Table 4-4	Ecoregional water quality criteria used to screen for reference sites in Vermont
Table 4-5	Healthy watersheds assessment components addressed in each of the eight assessments summarized in this section

Table 4-6	Data layers in Minnesota's Watershed Assessment Tool
Table 4-7	Parameters and criteria used to identify least disturbed watersheds in Connecticut 4-46
Table 4-8	Landscape alteration variables used in KDHE's reference stream assessment
Table 4-9	Example Recovery Potential Indicators
Table 4-10	Recovery potential indicators used to screen Maryland watersheds 4-54
Table 5-1	Management approaches and case studies summarized in Chapter 5

Foreword

Forty years ago, the U.S. Environmental Protection Agency (EPA) was created and tasked with implementing programs designed to repair the damage already done to the environment and to help Americans make their environment cleaner and safer. The objective of the 1972 Clean Water Act amendments was "to restore and maintain the chemical, physical, and biological integrity of the nation's waters." Through restoration of impaired water bodies, vast environmental improvements have been seen in the last 40 years. However, the rate at which new waters are being listed for water quality impairments exceeds the pace at which waters are removed from the list. It has become clear that a broader view of aquatic ecosystems is critical if we are to truly protect the chemical, physical, and biological integrity of our waters. As we look forward to the future, EPA remains strongly committed to protecting and preserving our country's environment. On March 29, 2011, EPA released the Coming Together for Clean Water Strategy as the framework for guiding the Agency's implementation efforts and actions to meet the 2011-2015 Strategic Plan objectives for protecting and restoring our waters. One of the key areas of the Agency's strategy is to increase protection of healthy waters, including healthy watersheds. The Healthy Watersheds Initiative was launched to place a renewed emphasis on the protection of our nation's healthy waters and to leverage these natural resources to accelerate our restoration successes. Through the Healthy Watersheds Initiative, EPA is working with state, tribal, and other partners to take proactive measures to identify and protect healthy watersheds based on integrated assessments of habitat, biotic communities, water chemistry, and watershed processes such as hydrology, fluvial geomorphology, and natural disturbance regimes.

The integrity of aquatic ecosystems is directly affected by their landscape context and the processes that occur in their watershed. Natural land cover maintains hydrologic and sediment regimes within a natural range of variation that shape the aquatic habitat upon which biological communities have evolved and can't live without. Conversion from natural to anthropogenic land cover typically results in altered flow regimes, changes in sediment supply and transport, increased loading of nutrients and other pollutants, and ultimately leads to degradation of the biological community. Recognizing these connections and the role of watershed processes and functions on water quality, the Healthy Watersheds Initiative augments EPA's traditional focus on regulating specific pollutants and pollutant sources, emphasizing protection of critical watershed processes that support chemical, physical, and biological integrity. Healthy, functioning watersheds provide the building blocks that anchor water quality restoration efforts. Without this ecological support system, we will have more limited success in restoring impaired waters and will lose the many socio-economic benefits of healthy ecological systems.

This document is a technical resource that provides information for assessing, identifying, and protecting healthy watersheds. It is not program implementation guidance. EPA, state, territory, and authorized tribal decision makers retain the discretion to adopt approaches to identify and protect healthy watersheds that differ from those described in this document. This document can assist in those efforts by providing a wealth of information and examples that we hope will inspire and motivate aquatic resource scientists and managers to conduct integrated healthy watersheds assessments and initiate protection programs that are cognizant of the systems context. Chapter 1 introduces the Healthy Watersheds Initiative, discusses the characteristics of a healthy watershed, and reviews the benefits of protecting healthy watersheds. Chapter 2 describes the healthy watersheds conceptual framework and discusses, in detail, each of the six assessment components – landscape condition, habitat, hydrology, geomorphology, water quality, and biological condition. A sound understanding of these concepts is necessary for the approaches currently being used to assess the health of watersheds, and are provided as examples of different assessment methods that can be used as part of a healthy watersheds integrated assessment. Chapter 4 presents an example screening level method for conducting a healthy watersheds integrated assessment and identifying healthy watersheds, and includes examples of

state assessments that approximate integrated assessments. Chapter 5 summarizes a variety of management approaches for protecting healthy watersheds. Lastly, the appendices contain a summary of assessment tools, sources of data, and a compilation of assessment and management examples cited in the document. Readers can navigate between the chapters depending on their needs and priorities.

The term integrated assessment is used in this document to describe a holistic evaluation of system components and processes that results in a more complete understanding of the aquatic ecosystem, and allows for the targeting of management actions to protect healthy watersheds. The healthy watersheds integrated assessment and management framework, shown below, requires collaboration with multiple partners throughout the entire process. Critical first steps include framing the scale and context of the assessment and ensuring that all relevant data and expertise have been identified and obtained. The data are then used to evaluate each of the six healthy watersheds assessment components - landscape condition, habitat, hydrology, geomorphology, water quality, and biological condition. The results of the individual assessments are synthesized to provide an overall assessment of watershed health. From here, strategic watershed protection priorities can be identified by evaluating vulnerability alongside the identified healthy watersheds. As watershed protection measures are implemented, it will be important to collect new data and information that help to demonstrate the effectiveness of watershed protection activities and that can be used to refine future assessments. The healthy watersheds integrated assessment and management framework is not a linear effort with a defined endpoint. Assessment and management of healthy watersheds is an adaptive and iterative process, with new data and improved methodologies providing refined assessment results and more effective protection strategies over time.

