What Health Care Providers Should Know About
Particle Pollution and Cardiovascular Risk

Research shows...

- Particle pollution can trigger heart attacks, stroke, irregular heart rhythms and cause other serious heart problems at any time of the year.

- An estimated 130,000 premature deaths and 180,000 non-fatal heart attacks occur in the U.S. each year due to particle pollution.†

- 92% of cardiac patients are not informed of health risks related to air pollution.‡

Help your patients understand risks from air pollution and how to reduce them.

- Use the daily air quality forecast on AirNow.gov and on weather reports

- Read the “Heart Disease, Stroke, and Outdoor Air Pollution” handout at:
  bit.ly/airnow-heart

- Learn more at: AirNow.gov and bit.ly/epahealthyheart

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