



#### Children's Environmental Health Symposium

El Paso, Texas September 25, 2015



# SINTÓX Servicio de Información Toxicológica

#### Pesticides in children Janett Santos, MD Medical Coordinator SINTOX, Mexico city



Representando la industria de la Ciencia de los Cultivos



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### Objectives

- Show data related to pesticide exposures in Mexico
- Point out common pesticides involved in children's exposure and poisoning at our Poison Center
- Focus on preventive measures that can be easily spread among public and patients

### What are pesticides?

- Products designed to control pests (undesired insects, weeds and rodents in our homes, gardens, lawns or agricultural lands)
- Pesticides help us protect crops, food supplies and make our lives pest free

### What are pesticides?

- Pesticides are divided in 4 groups:
- Insecticides:
  - Insect sprays and baits (spider, cockroach)
  - Flea, tick, lice sprays, powders, pet collars
- Herbicides Lawn and garden weed killers
- Fungicides (mold and fungus)
- Rodenticides Rat and mice pellets, baits

#### Pesticide exposure

- If improperly used, pesticides can pose health risks to people, pests and environment
- 4 exposure paths: food, water, air, direct contact
- Crops: Pesticide residues (BUMA program)
- Water: Residues run off into rivers and streams, empty bottles improperly disposed (BUMA materials)
- House or buildings not evacuated for the appropriate amount of time

#### Pesticide exposure in children AAPCC

- 50% of poisonings involve children < 6 yo
- 90% of this incidents occur in the home
- AAPCC: >70,000 calls to PCC with concerns about potential exposure to common household pesticides

#### Pesticide exposure in children AAPCC

- Close to half stored at least one pesticide product within reach of a child
- Nearly 75% of households with no children <5 yo stored pesticides in an unlocked cabinet within a child's reach
- 13% of pesticide poisonings occur in homes other than that of a child

# What are pesticides?

- Misuse is the main reason for calls to our PCC
  - Accidental exposure w/ household insecticides, repellents, rodenticides
  - Excessive or inadequate application of household sprays
  - Agricultural pesticides used at home
  - Inadequate / no use of personal protective equipment (PPE)



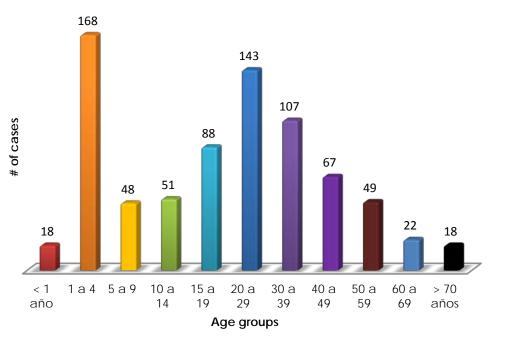
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Filters: All reports from 01/01/2014 to 12/31/2014

Reports by age group, gender, total					
Age group	Female	Male	Total		
< 1 yo	7	11	18		
1 – 4 yo	79	89	168		
5 – 9 yo	17	31	48		
10 - 14 уо	30	21	51		
15 – 19 уо	46	42	88		
20 - 29 уо	54	89	143		
30 – 39 уо	41	66	107		
40 a-49 yo	18	49	67		
50 – 59 уо	14	35	49		
60 - 69 yo	4	18	22		
> 70 yo	6	12	18		
Total	316	463	779		

Reports by age groups January- December 2014



#### Notes:

- Total cases in 2014: 1069 (100%) Animal reports: 212 (20%) Other toxic reports: 79 (7Pesticide reports humans: 778 (73%)
- Most frequent group age in reports: 1 4 yo (21.5%)
- Second place: 20 29 yo (18.3%), third place: 30 39 yo (13.7%)
- 59.4% of pesticide reports were males

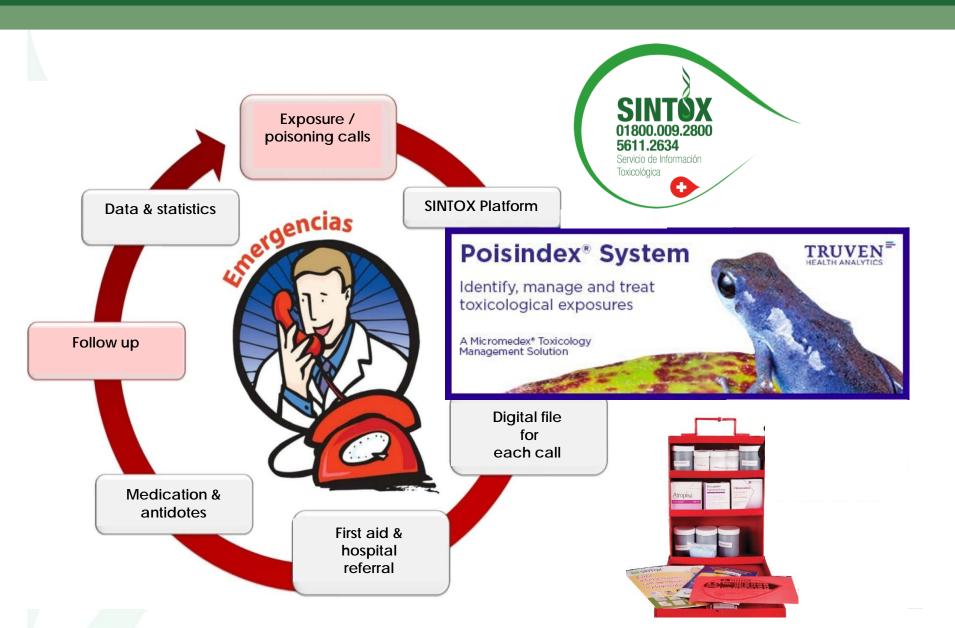
#### Protección de Cultivos, Ciencia y Tecnología A.C.

#### **ANNUAL REPORT SINTOX 2014**

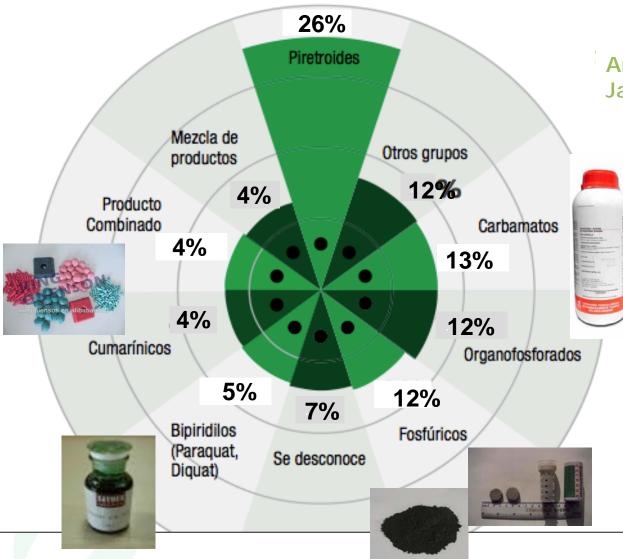
# Our statistics 2014

- Misuse is the main reason of calls to our PCC related to pesticide exposure / poisoning
- Exposure: Contact with a toxic w/wo poisoning
- Poisoning: Symptoms related to toxic exposure
- 50% of exposure calls w/o poisoning are related to accidental contact in children <6yo</li>
- 30% of intentional poisoning calls are related to teenagers (12-19 yo)

# Emergency calls to our PCC



#### Chemical group statistics 2014



#### Annual reports January – December 2014

#### NOTAS:

 Producto combinado: Producto con 2 o más ingredientes de diferentes grupos químicos en su formulación original

 Mezcla de productos: Uso simultáneo de 2 o más productos por el usuario

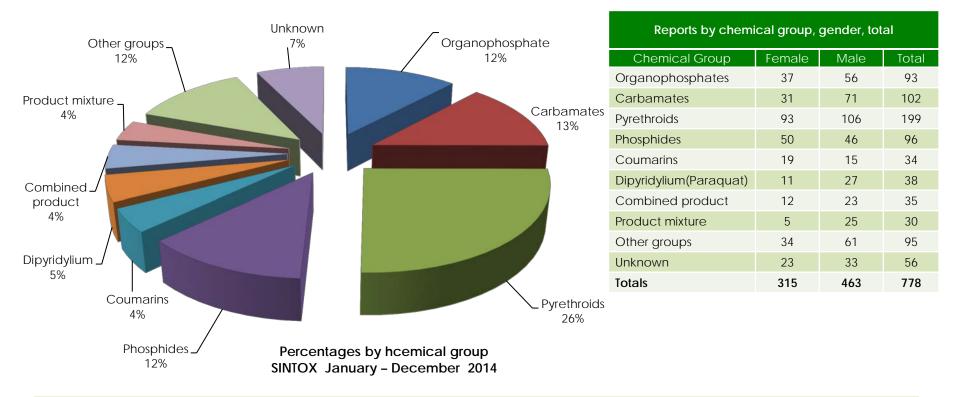
 Se desconoce: Reportes sin información del producto o productos sin ingredientes en la etiqueta



Servicio de Información Toxicológica



Filters: All reports from 01/01/2014 to 12/31/2014



#### Notes:

- Combined product: Product with one or more chemical groups in its formula
- Product mixture: Use of 2 or more products

• In this report, other chemical groups refer to: Acetanilidas (1), amidinas (amitraz 12 casos), aminofosfonatos (glifosato 14 casos), avermectinas (1), benzoicos (2), cúpricos (2), cyclohexanodionas (1), derivados ácido fosfónico (1), difenileter (2), ditiocarbamatos (1), fenipirazoles (fipronil 4 casos), fenoxiacéticos (2,4-D 9 casos), fertilizantes (3), fungicidas (2), minerales (7), neonicotinoides (9), organoclorados (4), organofluorados (fluoroacetato de sodio 6), triazinas (2), ureas (1)

Protección de Cultivos, Ciencia y Tecnología A.C.

ANNUAL REPORT SINTOX 2014

# PCC call

- 3 yo boy takes a sip of a green liquid from a Gatorade bottle
- Neighbor gave it to his mother to kill weed...
- 30 minutes later he arrives to the ER with respiratory failure

# PCC call

- 15 yo female
- Tries to commit suicide with 5 ml of 20% paraquat
- She tries to inject it intravenously in her right arm

#### Herbicides

- Paraquat and diquat
- Clay in soil inactivates them
- Controversial effects after dermal or inhalatory exposure
- Rapidly absorbed if ingested → severe skin, oral, esophageal burns

- Destroys cells producing free radicals
- Target cells: lung cells
- Oxygen induces more free radicals
- Paraquat + O<sub>2</sub> → ↑↑ free radicals → accelerates lung damage
- Supplemental oxygen should be avoid as possible even if patient develops mild to moderate breathing problems

• Mild <7.5ml 20% paraquat

N/V/D, transient respiratory problems

- Moderate to severe 7.5-15 ml 20% paraquat
  Renal / hepatic failure, pulmonar fibrosis. Lethal 2-3 weeks
- Severe >15ml 20% paraquat

Multiple organic failure, esophagic perforation, coma, seizures. Lethal 1-7 days

- 3 yo boy takes a sip of a green liquid from a Gatorade bottle
- 30 minutes later he arrives to the ER with respiratory problems
- Doctors are not familiarized with paraquat poisoning
- Patient gets supplementary O<sub>2</sub>
- His condition quickly worsens and dies less than an hour after arrival

- 15 yo female
- Tries to commit suicide with a 5 ml intravenous injection of 20% paraquat
- She developed swelling, pain, redness from elbow to shoulder → subcutaneous emphysema extends to face and trunk
- Respiratory failure  $\rightarrow$  mechanical ventilation
- Renal failure
- Steroids, cyclophosphamide

# PCC call

- 13 yo girl brings aluminium phosphide (AP) tablets to school
- She says she is going to commit suicide and takes 3 tablets during a school recess
- Colapses 5 minutes later, paramedics want to do GL in the ambulance but they don't have the right size of NG tube...

# Zinc & aluminium phosphide

- Zinc phosphide: Black fine dust, rotten fish or garlic odor
- Zinc aluminium: Gray tablets or pellets
- Dust inhalation  $\rightarrow$  pulmonar edema
- Ingestion  $\rightarrow$  N/V/D, fumes in vomit, diarrhea

# Zinc & aluminium phosphide

- Activated by water (moisture)
- Phosphide + water → phosphine gas (highly toxic and lethal)
- Arrhythmias, hypotension, myocardial infarction
- Pulmonar edema pulmonar, seizures, coma
- Lethal in 24 48 hrs

# Aluminium phosphide

- 13 yo girl takes 3 tablets of aluminium phosphide
- Colapses 5 minutes later, paramedics want to do GL in the ambulance but they don't have the right size of NG tube...
- Phosphide +  $H_2O$  = phoshine gas (lethal)
- Female physician at the ER orders the intern to do GL at arrival. Patient died, intern and 2 nurses also poisoned...

### Reports to our PCC

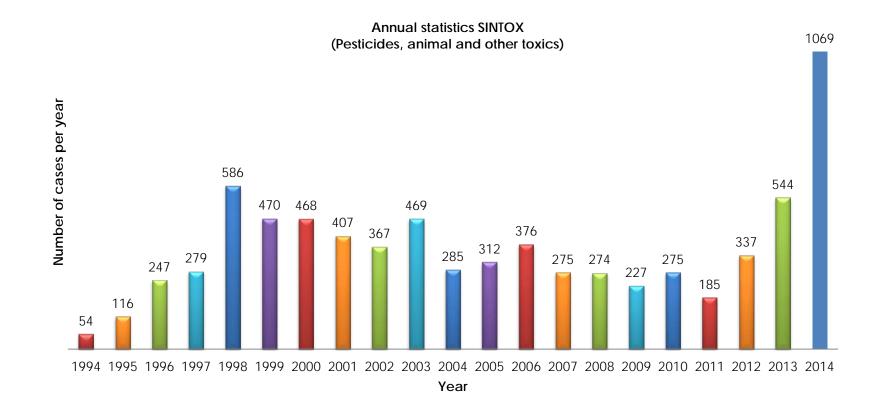
- New criteria applied for calls since 2014
- Exposures & poisoning related calls
- Animal exposures & poisonings
- Acute and long term exposure calls
- Other frequent poisonings or exposures:
  - Household products
  - Medication
  - Bites and stings



CropLife LATIN AMERICA

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Filters: All reports from 01/01/2014 to 12/31/2014



#### Exposure vs poisoning

- Exposure
- Acute poisoning
- Chronic poisoning
- Long term exposure
  - Cancer
  - Endocrine disruption

# Chronic effects and prevention

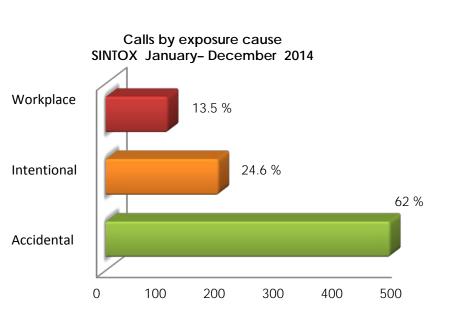
- Silent Spring
- DDT efect on bold eagles
- What is research without an action plan?



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Filters: All reports from 01/01/2014 to 12/31/2014



Calls by exposure cause, gender, totals					
Exposure	Female	Male	Totals		
Accidental	200	282	482		
Intentional	102	89	191		
Workplace	13	92	105		
Totals	315	463	778		

#### Notes:

- Accidental reports in males represent 36.2% of all pesticide exposures in 2014
- Intentional exposures represent 24.5% (53.4% were females)
- Onlyl 13.5% of 2014 reports were workplace exposures

# Common exposures & poisonings

#### ACCIDENTAL EXPOSURES

- Insect repellants (mosquito coils, mats)
- Rodent baits and pellets
- Household spray insecticides (used as head lice treatment)

### Common exposures & poisonings

#### INTENTIONAL POISONINGS:

- OPs, carbamates
- Herbicides (paraquat)
- Zinc & aluminium phosphide

# Common exposures & poisonings

#### WORKPLACE EXPOSURES

- ¿Agricultural exposure?
- No related calls in children

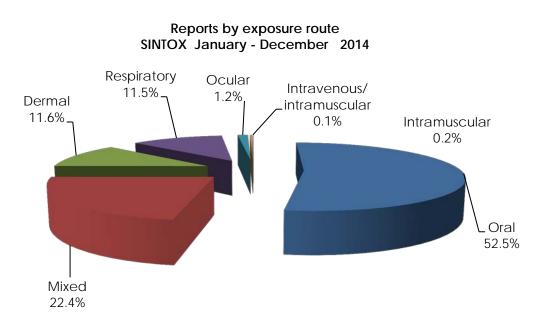


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#### Filters: All reports from 01/01/2014 to 12/31/2014

Report by exposure route and gender					
Route	Female	Male	Total		
Oral	201	208	409		
Mixed	56	119	175		
Dermal	27	64	91		
Inhaled	26	64	90		
Ocular	4	6	10		
Intramuscular	0	2	2		
Intravenous/ intramuscular	1	0	1		
Total	315	463	778		



#### Notas:

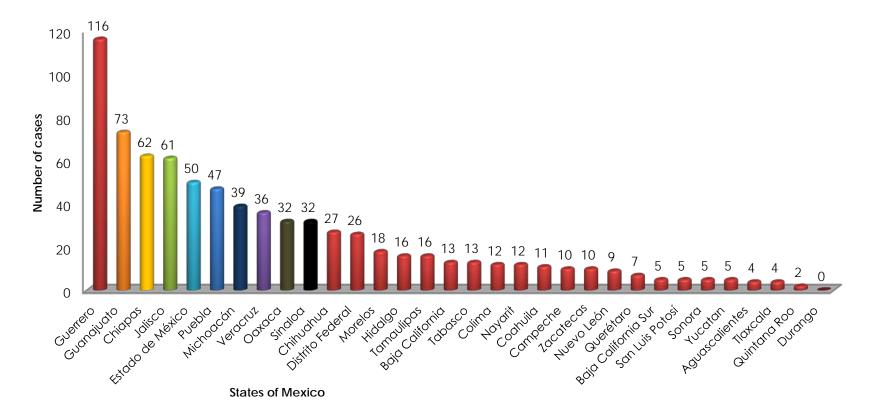
- 52.5% of reports were oral route exposures
- 26.7% of all pesticide-related reports were males exposed by oral route
- In second place, mixed (dermal + respiratory) route 22.4%



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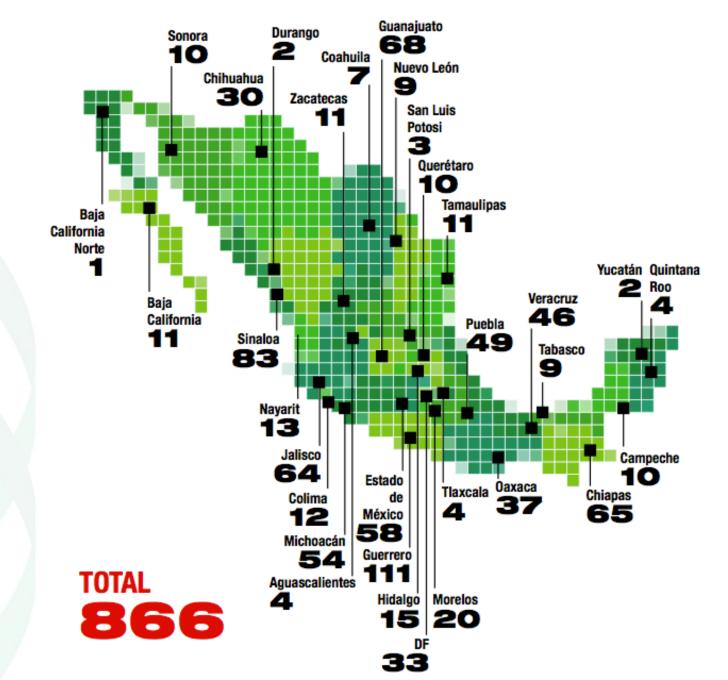


Filters: All reports from 01/01/2014 to 12/31/2014



All reported cases by States SINTOX January - December 2014

#### TOTAL ANUAL DE REPORTES POR ESTADO OCTUBRE 2013 – SEPTIEMBRE 2014



## Labels



## Labels and new regulations

#### "ALTO, LEA LA ETIQUETA ANTES DE USAR EL PRODUCTO"

#### PRECAUCIONES Y ADVERTENCIAS DE USO.

Los aplicadores y personas que manejan el producto deben usar el equipo de protección personal adecuado como camisa de manga larga, pantalones largos, calcetines con zapatos o botas resistentes al agua. Se recomienda utilizar un overol sobre la ropa, que cubra los guantes y botas para evitar infiltración del producto al cuerpo. Los guantes que dan mayor protección en el manejo de producto al cuerpo. Los guantes que dan de nitrilo, butilo y/o neopreno. Usar goggles o mascarilla protectora durante la aplicación, así como gorra o sombrero de plástico. Durante la preparación y aplicación del producto hágalo a favor del viento. No coma, beba o fume durante la manejo y aplicación. No destape las boquillas con la boca. Al terminar las labores descontamine el equipo de aplicación, quítese el overol y colóquelo en un lugar ventilado, la ropa utilizada durante la aplicación debe lavarse con agua y jabón y póngase ropa limpia.

#### PRECAUCIONES DURANTE EL MANEJO DEL PRODUCTO

"NO COMA, BEBA O FUME CUANDO ESTE UTILIZANDO ESTE PRODUCTO" "NO SE TRANSPORTE NI ALMACENE JUNTO A PRODUCTOS ALIMENTICIOS, ROPA O FORRAJES"

"MANTENGASE FUERA DEL ALCANCE DE LOS NIÑOS, MUJERES EMBARAZADAS, EN LACTANCIA Y ANIMALES DOMESTICOS" "LAVESE LAS MANOS DESPUES DE UTILIZAR EL PRODUCTO Y ANTES DE CONSUMIR ALIMENTOS"

#### "NO ALMACENE EN CASAS HABITACION"

"NO USE EL PRODUCTO SIN EL EQUIPO DE PROTECCION ADECUADO" "LOS MENORES DE 18 AÑOS NO DEBEN MANEJAR ESTE PRODUCTO" "AL FINAL DE LA JORNADA DE TRABAJO BAÑESE Y PONGASE ROPA LIMPIA" "NO SE INGIERA, INHALE Y EVITESE EL CONTACTO CON LOS OJOS Y PIEL" "NO MEZCLE O PREPARE EL PRODUCTO CON LAS MANOS, USE GUANTES, USE UN TROZO DE MADERA U OTRO MATERIAL APROPIADO" "NO DESTAPE LA BOQUILLA CON LA BOCA". "LEA EL INSTRUCTIVO ANEXO" "USO AGRICOLA"



#### metamidofos

INSECTICIDA / LIQUIDO MISCIBLE

% e	n peso
No menos de:	de: 50.0

INGREDIENTES INERTES



#### "USESE EXCLUSIVAMENTE EN LOS CULTIVOS Y PLAGAS AQUI RECOMENDADOS"

INSTRUCCIONES DE USO ISIEMPRE CALIBRE SU EQUIPO DE APLICACIONI

MATON 600 es un insecticida organofosforado que actúa por contacto e ingestión, formulado como líquido soluble, recomendado para el control de las plagas que se indican abajo.

Lea el instructivo anexo.

#### METODO PARA PREPARAR Y APLICAR EL PRODUCTO

Forma de abrir el envase del producto: Desenrosque la tapa y quite con cuidado el sello protector, evitando salpicaduras y el contacto con la piel y ojos.

Diluya **MATON 600** en suficiente agua para conseguir una cobertura total y uniforme de todas las partes de la planta. Iniciar las aplicaciones cuando las condiciones climáticas sean favorables para la aparición y desarrollo de las plagas. Debe de añadirse la cantidad necesaria de **MATON 600** lentamente al tanque aspersor al momento del llenado, el agitador se debe mantener en movimiento mientras se llena el tanque. Se recomienda tanto el método de aplicación terrestre como aéreo, a menos que existan instrucciones especificas para determinados cultivos.

#### CONTRAINDICACIONES

No aplicar en horas de calor intenso, cuando exista una alta probabilidad de lluvia próxima o cuanda la velocidad del viento sea alta (más de 15 Km/hora). No combine tensoactivos o fertilizantes, a menos que experiencias anteriores demuestren que la combinación es físicamente compatible y no causa daño.

#### FITOTOXICIDAD

MATON 600 no es fitotóxico si se utiliza de acuerdo a las recomendaciones de esta etiqueta. Si se requiere aplicarlo en mezcla con otros plaguicidas, deberá hacerse una prueba previa a su aplicación para evitar posibles riesgos de fitotoxicidad.

Lea el instructivo anexo.

Lea el instructivo anexo.



## **PELIGRO** 03 de abril



# Common exposures & poisonings

### NON REGULATED PRODUCTS

- Big concern, responsible for undiagnosed poisonings, difficult to recognize and manage
- Agricultural pesticides sold as household products in markets (Ops, carbamates)
- Forbidden products as sodium fluoroacetate (1080, Tres cabezas)

- PREVENT THE PEST PROBLEM (Best approach to pesticide reduction)
- Integrated pest management:
  - Good sanitation and proper maintenance
    of structures and grounds
  - Mechanical traps for pests, fly swatters, mesh nettings
  - Control weeds by mowing, hoeing, mulching
  - Use minimun amount and least toxic pesticides only when necessary

- Integrated pest management:
  - Select the right product according to the extentof the problem
  - Remember some pests can be helpful (bees)
  - Some plants attract predatory insects (ladybugs, spiders, centipedes, praying mantises)
  - Some plants repel insects (mint, garlic, marigolds)

- Integrated pest management:
  - Read labels a minimum of five times from the time you buy it to the time you apply it
  - Follow directions and safety precautions
  - Use protective equipment (dust masks and gloves)
  - Outdoors: Applyon low-wind, no-rain days to prevent migration

- Improve housekeeping:
  - Keep house clean, free from food crumbs, food in sealed containers
  - Block or destroy outdoor pest hiding places and entry points (cracks)
  - Eliminate sources of free standing water where mosquitoes like to breed
  - Door and window screens
  - Keep areas bathroom and kitchen dry and ventilated (molds and fungi)

#### • ANTS

- Prevent: Clean up food crumbs
- Repel: Pour a line of cream of tartar or sprinkle red chili pepper, paprika or dried peppermint leaves
- MOSQUITOES
  - Prevent: Wear light clothes
  - Repel: Rub citronella oil r vinegar on exposed body parts

#### • FLIES

- Prevent: Seal up cracks around doors and windows
- Repel: blend 6 cloves of crushed garlic, 1 minced onion, 1 tablespoon soap in 4 quarts of water. Let the solution sit for 1 day, strain the solution, and spray it on flies
- ROACHES
  - Prevent: Sealed food containers, clean crumbs
  - Repel: Rub citronella oil or vinegar on exposed body parts

## Conclusions

- Preventive measures should be reinforced
- Less exposure everywhere
- Fight the cause instead of the problem
- Reduce pests at home
- Reduce exposure
- Reduce potential accidents

#### **PRODUCT LABEL FOR IDENTIFICATION**



# SINTOX antidote kit

#### CONTENT

Toxogonin (Obidoxime)

Atropine

Vitamin K1

Loratadine

Sodium sulfate

Activated charcoal

Bentonite

Nitrile gloves

Guidelines



Asesoría médica en caso de intoxicación. **Atención sin costo 24 horas** 

### **SINTÓX** 01800.009.2800 5611.2634

Servicio de Información Toxicológica

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