**Flint Residents:**
You and Your Family Need Water
Here’s a Quick Reference Guide to Making it Safe

**What water is safe to drink?**

- **Pregnant women**
- **Breastfeeding women**
- **All kids under age 6 including baby formula**
- **Kids older than 6, teenagers & adults**
- **Pets**

**What water can I use?**

- **Unfiltered water**
  - **OK** to wash hands & bathe*
  - **BUT**: don’t let it get into your (or your kids’) mouth
  - **OK** to wash dishes
  - **BUT**: use filtered water washing baby bottles & kids’ cups

- **Filtered water**
  - **OK** to cook with
  - **OK** to brush teeth
  - **Boiling Water DOES NOT** Remove Lead

**What else should I do?**

**Every morning**
Run unfiltered cold water for at least 5 minutes to flush the pipes.

**Every week**
Clean the aerators in all faucets and clean the screens in your water filters.

*Rashes have many causes, but no medical link between unfiltered water and rashes has been found. If you have concerns, call your primary care provider or call 2-1-1.*
How do I use the filter?

▶ **First**, check that it is NSF-Certified* to remove lead.
▶ **Follow the manual** that comes with your filter for correct installation.
▶ **Do not run hot water** through the filter.
▶ **Start with cold filtered water** then heat to cook.
▶ **Your hot water heater tank should be flushed regularly.** Follow manufacturer’s instructions or contact a licensed professional for assistance.

You can run unfiltered water with the filter attached. **Turn lever for filtered water to flow from under the cartridge.**

Change filter when indicator turns red.

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Clean Faucet Aerators Weekly

1. Unscrew the end-piece of your faucet where the water comes out. This is the aerator. (Make note of how the pieces come off, to put back together. Parts vary.)
2. Remove the screen and rinse out any dirt that has collected.
3. Screw it back on.

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Important Resources for Flint Residents

**Medical Questions**

**Rashes:** You can contact your primary care provider and call 2-1-1

**Blood tests:** You can contact your primary care provider, or call 810-257-3833

**Appearance or odor of your water**

Call Flint Water Plant: 810-787-6537

**Questions about safe water**

▶ email flintwater@epa.gov
▶ visit www.epa.gov/Flint
▶ call EPA’s hotline: 810-434-5122

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