Impacts of HABs on Fish & Shellfish (and why we should care)

Vera L. Trainer
NOAA Northwest Fisheries Science Center
Seattle, WA

vera.l.trainer@noaa.gov
Economic & social value of Washington State shellfish

Pacific Coast Shellfish Growers Association
Estimated West Coast production of farmed oysters, clams, mussels and geoduck, 2000

Washington Production
2000 Estimate

- Oysters: $57,750,000 (77 million lbs.)
- Clams: $14,000,000 (7 million lbs.)
- Mussels: $1,750,000 (1.5 million lbs.)
- Geoduck: $3,250,000 (.5 million lbs.)

Total: $76,750,000 (86 million lbs.)

Photo courtesy Manuscripts, Special Collections, University Archives, University of Washington Libraries, CUR801

J.J. Brenner Oyster Company harvesting Olympia oysters, 1910

Photos courtesy Bill Dewey (Taylor Shellfish)
Economic & social value of Washington State shellfish harvesting

$24 million - economic impact of HABs on Washington State razor clamming

Dyson & Huppert 2010 Harmful Algae 9:264-271

Photos courtesy Bill Dewey (Taylor Shellfish)
Native Tribes depend on coastal shellfish & crabs

ta'awshi xa'iits'os means “clam hungry” in the Quinault language (xa'iits'os = razor clams)
Sentinel Mussel Cage
Sentinel Mussel Monitoring Program (started 1990)

Mission
- Provides an early-warning system for PSP/ASP/DSP toxin levels

Scope of Program
- 72 sites
- Extensive coordination between: DOH staff, tribes, DFW, DNR, local health, industry, and volunteers
- Sampled biweekly (seasonally)
Marine Biotoxins

- Paralytic Shellfish Poison (PSP or “Red Tide”)
- Amnesic Shellfish Poison (ASP or domoic acid “DA”)
- Diarrhetic Shellfish Poison (DSP) since 2012!!
- *Heterosigma* fish kills
Domoic Acid Poisoning

**Domoic acid**
The toxin

**Pseudo-nitzschia**
The diatom that can produce domoic acid

Poisoning
Food web transfer
Vectors: plankton feeding shellfish & fish
Domoic acid closures in Puget Sound

- 2003
- 2005
- Future?
2005 Sequim Bay closure

Preceded by a pulse of ammonium (human source)
Urea pollution turns tides toxic

Kamikaze gulls that inspired Hitchcock's *The Birds* may have been doomed by leaky septic tanks.

Amy Coombs

Urea pollution can trigger ocean algae to produce a deadly toxin called domoic acid, scientists have discovered.

The research may help explain several mass animal deaths, including a historic bird stranding event thought to have inspired Alfred Hitchcock's horror film *The Birds*.

Raphael Kudela, an ocean scientist at the University of California, Santa Cruz, and his team made the discovery after studying a form of sea algae called *Pseudo-nitzschia australis*. Although the algae's blooms are normally benign, they have long been known to sometimes begin making domoic acid.
Higher concentrations of cellular DA in urea-grown cells however, these cultures grew slower

Cochlan et al., 2006; 2008
Howard et al. 2007
Alexandrium catenella
Producer of paralytic shellfish toxins in Puget Sound

Photographs: Courtesy of Anthony Odell
Paralytic Shellfish Toxins (PSTs)

- Suite of neurotoxins (saxitoxin most potent)
- >80 µg STXeq 100 g\(^{-1}\) shellfish meat considered unsafe for human consumption
  - Closures typically occur from July to November annually
- Accumulate in filter-feeding shellfish during blooms, or “red tides”
  - Favored by water temperatures >13°C in Puget Sound (Nishitani and Chew 1984)
Southward creep of closures due to PSP toxins

- **Closed site**
- **Sampled site**
Paralytic Shellfish Toxins (PST) in Puget Sound, Washington

However the link between anthropogenic nutrient sources and HABs, especially toxigenic diatom blooms is very difficult to discern.

FIRST CONFIRMED CASES OF DSP IN UNITED STATES

• Family at Sequim Bay State Park – June 29th, 2011
• Shellfish harvest closures implemented in early August
• Led to recalls of clams and oysters and subsistence harvest closure
• 60 illnesses in British Columbia

DSP is primarily observed as a mild gastrointestinal disorder.

Nausea, vomiting, diarrhea, and abdominal pain accompanied by chills, headache, and fever.

Onset of the disease may be as little as 30 minutes and up to 2 to 3 hours after ingestion.

Symptoms may last 2 to 3 days and recovery is usually complete with no after effects.
*Dinophysis* has been present in Puget Sound for decades. Why is DSP a problem now?

“DSP is not currently known from the west coast but the causative organisms are common”

DSP Toxins

- Produced by the dinoflagellates *Dinophysis*
- Shellfish are the vector to humans
- Lipophilic, cyclic polyether, high molecular weight toxins.
- Include okadaic acid (OA), dinophysistoxins (DTXs), pectenotoxin (PTX)
- DSP toxins have been reported to be tumor promoting agents.

*Cells are 50-90 μm*

*Photos: Pedro Costa, Brian Bill and Carla Stehr*
2012 Diarrhetic shellfish toxins
Washington State

- *Dinophysis acuminata* dominant
- DTX-1 major toxin isomer
- Above average Fraser River flow
- La Niña conditions

*Trainer et al. 2013. Mar. Drugs*
More than 100 salmon hatcheries are currently operating in Puget Sound. Most were built to produce fish for harvest in response to declines in naturally-spawning salmon populations.

Aquaculture is the cornerstone of an $854 million annual recreational fishing economy in Washington State (ranked eighth in the United States).
Combined losses of > 1.9 million farmed fish since 1989.
Ammonium-enriched Incubations (n=3) 

*Heterosigma akashiwo*

Mean exponential growth rate = $0.51 \pm 0.002 \text{ d}^{-1}$

Ammonium preferred over nitrate: $\text{NH}_4^+$ is depleted to $\sim 5$ ug-at N/L before $\text{NO}_3^-$ is utilized by *H. akashiwo*

Ammonium

Nitrate
Public Health Lab Workload for Marine Biotoxin Testing

**PSP**
- > 3000 samples/year

**ASP/Domoic Acid**
- > 1200 samples/year

**DSP**
- > 903 samples (2012)
Phytoplankton monitoring as early warning of HABs
Phytoplankton monitoring: SoundToxins and ORHAB

- Weekly phytoplankton monitoring (24 sites)
- Shellfish and water collection during blooms.

Olympic Region HAB (ORHAB) Partnership

Partners include WDFW, WDOH, UW, Tribes

Partners include NOAA, WA SeaGrant (co-leads), Taylor, Coast, Penn Cove & Seattle Shellfish, Tribes, UW, WSU, Evergreen College, volunteers
Current Phytoplankton Monitoring Programs

• ORHAB (Olympic Region Harmful Algal Bloom Project)
  – Partnership formed in 1999
  – Coastal area monitoring
  – Mature program

• SoundToxins
  – Partnership formed in 2007
  – Puget Sound monitoring – many unique areas
Sequim Bay 2011- *Dinophysis* spp. counts and DSP toxin

**FDA guidance level:** 16ug/100g tissue
Background on azaspiracids

- In November 1995, 8 people ill in the Netherlands after eating mussels (*Mytilus edulis*), Although human symptoms such as nausea, vomiting, severe diarrhoea, and stomach cramps were similar to DSP, concentrations of major DSP toxins OA and DTXs were very low.
- Since 1996 several AZP incidents have been identified in Ireland.
- Maximum levels of AZP toxins in bivalve molluscs, echinoderms, tunicates and marine gastropods (whole body or any part edible separately) shall be 160 µg/kg.
- Size is ~10 µm – passes through typical phytoplankton nets
- Not regulated in USA

**Azaspiracids**

*a newly-described DSP toxin*

AZA-2 in Puget Sound
0.4 µg/100g in Sequim Bay mussels
(16 µg/100g regulatory action level)
MERHAB: Clear and present danger: monitoring and management of lipophilic shellfish toxins in Washington State

The objectives of the proposed study are to:

1) Identify and characterize the distribution of phytoplankton species that produce DSP toxins and azaspiracids accumulating in Washington State shellfish,

2) Establish and validate a tiered early warning system for DSP and AZP events, including routine microscopy by SoundToxins/ORHAB partners, and rapid toxin screening in seawater and shellfish,

3) Assist State managers in establishing globally accepted protocols for quantifying lipophilic toxins as part of their biotoxin monitoring program,

4) Inform and educate stakeholders about lipophilic toxin risk and management with the goal of transitioning the project to State funding at the end of 3 years.
Summary

• Nutrient type & source impact HAB severity
• New HABs are a problem in our region
• Enhanced monitoring is essential
• Phytoplankton monitoring provides early warning
Thanks to many