

Sustainable Materials Management Webinar:

Food: Too Good To Waste –
Community Results and Lessons
Learned

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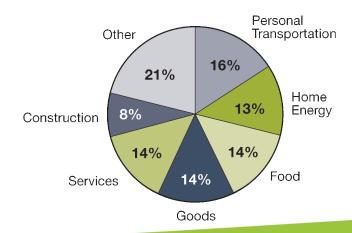
STRATEGIC CLIMATE ACTION PLAN

WHAT KING COUNTY IS DOING

to reduce greenhouse gas emissions and prepare for the impacts of climate change

KING COUNTY COMMUNITY
CONSUMPTION BASED
GREENHOUSE GAS EMISSIONS

Total: 55 Million Metric Tons CO₂e





Cedar Hills Regional Landfill Maple Valley, Washington



Collaboration: West Coast Climate and Materials Management Forum and EPA Region 10 team

EPA's research and development of toolkit:

- Provided a strong foundation for launching King County's program
- Accelerated planning/implementation of targeted campaign focused on key waste prevention behaviors
- King County: one of the first EPA partners to launch community food waste prevention pilot in 2012

Why do we waste food?

- Over buy
- Over serve
- Plate waste
- Forgotten leftovers
- 1 digutteri lertuvers
- Confusion about "Use by"/"Sell by" product dates





Key strategies to reduce food waste:

- ✓ Make a shopping list/plan meals
- ✓ Keep fruits and vegetables fresh
- ✓ Buy just what you need
- ✓ Prep now, eat later
- ✓ Eat what you buy!

King County's Food: Too Good To Waste 2012 Pilot

- Target Audience: families with young children
- 15 4th grade students/families measured and tracked food waste, learned new strategies over 6 week period
- 28% reduction in food waste at end of pilot
- "This pilot made our family pay more attention to food waste.
 Tips and tools helped us waste less."



King County's Campaign Highlights:

 Online videos (via recyclefood.com)
 Cooking/shopping tips with food waste prevention strategies (partner: PCC Natural Markets)



SMART STRATEGY:









Toolkit



SMART STRATEGY:

Make a Shopping List with Meals in Mind



- · Think about how many meals you'll eat at home this week and how long before your next shopping trip.
- · Next to fresh items on the list, note the quantity you need or number of meals you're buying for.
- · Shop your kitchen first and note items you
- . Download copies of this list at: www.recyclefood.com

FOOD ITEM	AMOUNT NEEDED	ALREADY HAVE
Salad greens	Lunch for a week	Enough for one lunch
2% milk	Gallon	None





Farmers Market Outreach





Food: Too Good To Waste Challenge

- 4-week Challenge to measure food waste volumes
- Incentives necessary to enlist participants.
- Active contact: Weekly e-mails provided tips and encouragement to continue
- Results:
 - > 53 completed the Challenge
 - > Overall volume reduction: 37%





Media Coverage

Via local NBC affiliate:

- > 3 guest appearances on morning show
- > Online ads
- > PSAs
- FOX network: Challenge feature
- Several articles in local newspapers
- Local NPR radio interview at Thanksgiving time





2015

- Continued popular farmers market outreach
- Worked with CSAs to include expanded fruit/veggie storage guide in produce boxes
- Encouraged Challenge through local networks
- Explored potential for an Imperfect Produce (IP) campaign









2016

• Continued farmers market outreach with updated displays via Master Recycler Composters

Hold public screenings of Just Eat It

Cross-promoting with Compost More. Waste Less. campaign

 Initiating research in preparation for transcreation of outreach materials in Spanish (intercepts at grocers)







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