



Wendy Klag Center for Autism  
& Developmental Disabilities

JOHNS HOPKINS BLOOMBERG SCHOOL OF PUBLIC HEALTH



*at the Johns Hopkins Bloomberg School of Public Health*

# Air Pollution and Autism Spectrum Disorder: What Do We Know and What Is Next?

Heather E. Volk

Assistant Professor

Department of Mental Health

Bloomberg School of Public Health

Johns Hopkins University

EPA / NIEHS Children's Centers 2015 Webinar Series

August 12, 2015



# Today's Outline

- Review Air Pollution and ASD Findings To Date
- Emerging Areas of Research
  - Phenotypic Severity
  - Gene x Environment Interaction
  - Exposure Timing
- Suggestions for Next Steps

**SOCIAL SKILLS**

nonverbal interactions  
friendship  
joint attention  
reciprocity

**COMMUNICATION**

language  
conversation  
play

# Autism Spectrum Disorder

**UNUSUAL BEHAVIORS**

obsessive interests  
rigid rituals  
preoccupation with  
parts of objects



# ASD Prevalence in the United States

## Statistics from the Autism and Developmental Disabilities Monitoring Network (ADDM)

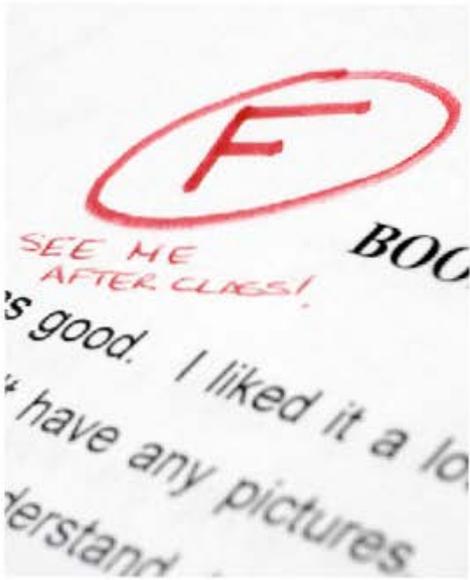
Surveillance Year	Birth Year	Number Locations	Prevalence per 1,000 Children	~ 1 in X children...
2000	1992	6	6.7	1 / 150
2002	1994	14	6.6	1 / 150
2004	1996	8	8.0	1 / 125
2006	1998	11	9.0	1 / 110
2008	2000	14	11.3	1 / 88
2010	2002	11	14.7	1 / 68

# Simple Model for Gene and Environment Effects





JOHNS HOPKINS BLOOMBERG SCHOOL OF PUBLIC HEALTH



# Air Pollutants and ASD

## Near Roadway and Regional Pollutants

- Roadway proximity in CA
  - 300m of freeway
  - Volk et al., 2011
- Modeled near roadway and regional pollution in CA
  - NRAP, PM<sub>2.5</sub>, PM<sub>10</sub>, NO<sub>2</sub>
  - Volk et al., 2013
- Regional pollution across USA
  - PM<sub>2.5</sub>
  - Raz et al., 2015
- Regional pollution in CA and NC
  - PM<sub>10</sub>
  - Kalkbrenner et al., 2014
- Regional pollution in PA
  - PM<sub>2.5</sub>
  - Talbott et al., 2015
- Modeled near roadway and regional pollution in LA County
  - NRAP, PM<sub>2.5</sub>, NO<sub>2</sub>
  - Becerra et al., 2013

## Hazardous Air Pollutants

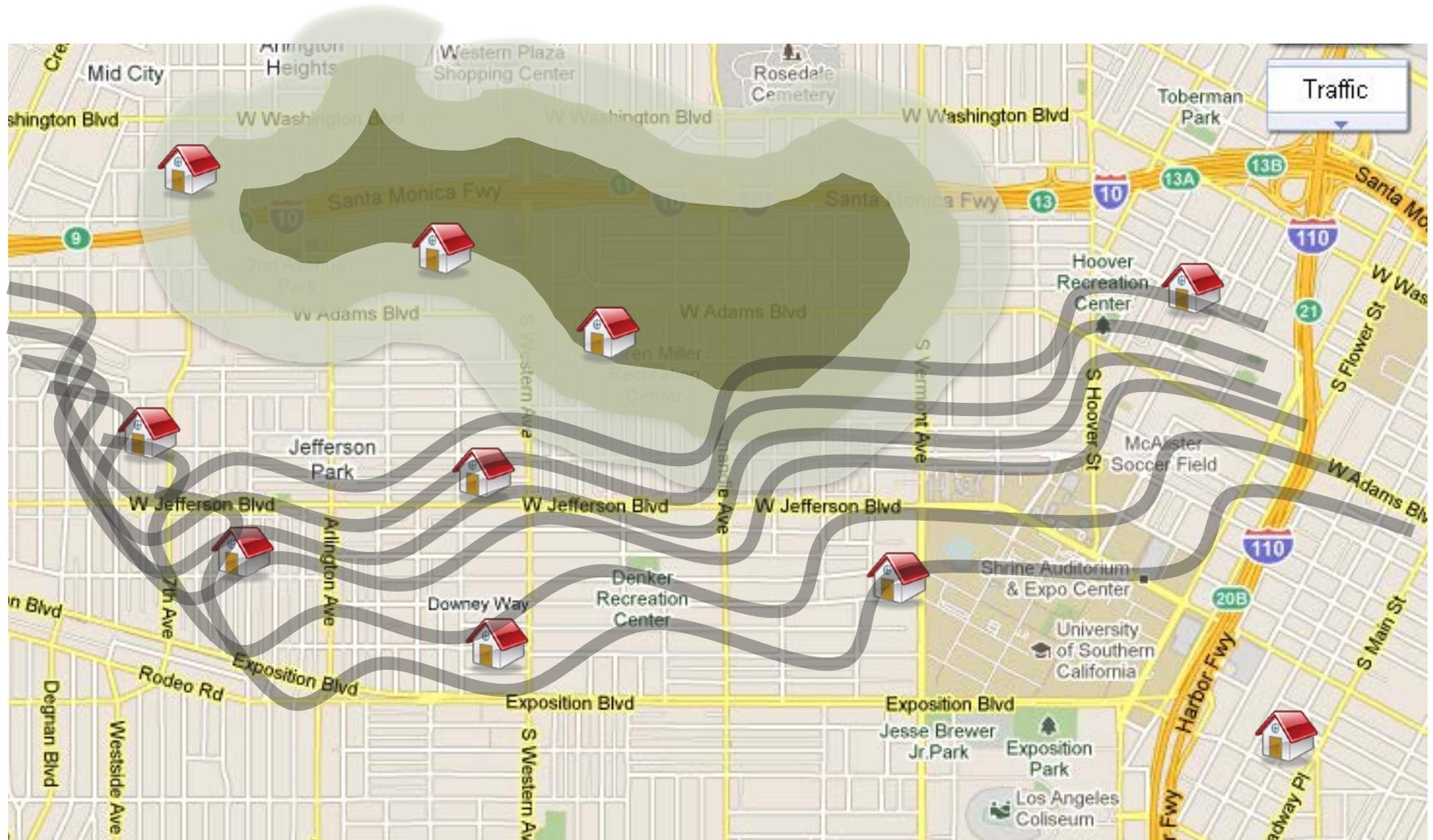
- Mercury, cadmium, nickel, vinyl chloride, DEP in CA
  - Windham et al., 2006
- Methylene chloride, styrene, quinoline in NC and WV
  - Kalkbrenner et al., 2010
- Metals, DEP across USA
  - Roberts et al., 2013
- Traffic and industry emissions in LA County
  - Von Ehrenstein et al., 2014



# Study Design

- Childhood Autism Risks From Genetics and the Environment (CHARGE) Study
- Autism Cases
  - First diagnosed by Regional Center (Department of Developmental Services (DDS)) or clinical referral
  - Positive for autism on gold standard assessments
- Controls
  - Typically developing children from birth records

# Measures of Air Pollution





# Distance From Freeway at Birth (304 Cases and 259 Controls)

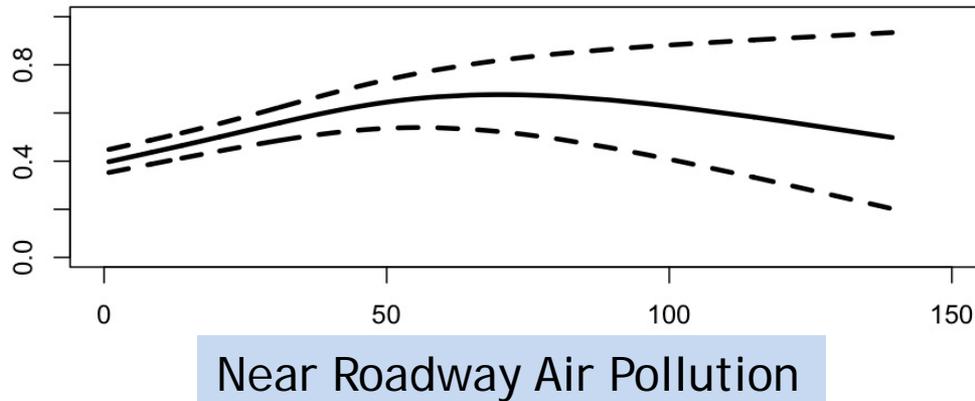
	Crude OR	Adjusted OR*
Birth Address <309m	1.86 (1.04-3.45)	1.86 (1.03-3.45)
Birth Address 309-647m	0.98 (0.60-1.59)	0.96 (0.58-1.56)
Birth Address 647-1419m	1.14 (0.76-1.71)	1.11 (0.73-1.67)
Birth Address >1419	Reference	Reference

\*Model adjusted for child male gender, child ethnicity (Hispanic vs. White, Black/Asian/Other vs. White), maximum education in home (college degree or more), maternal age > 35 years, and prenatal smoking

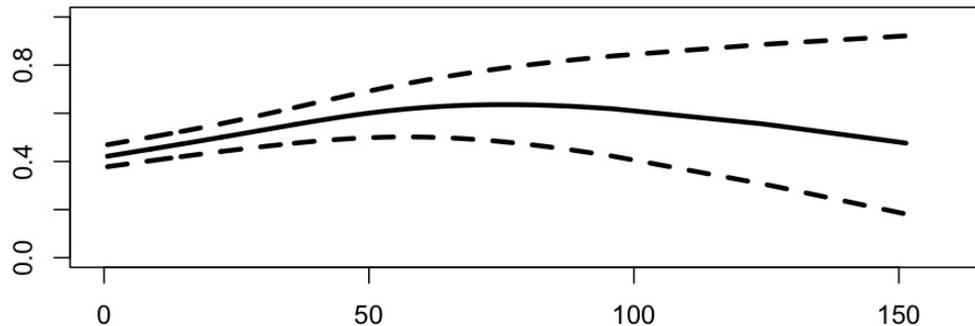


# Near Roadway Air Pollution (279 Cases and 245 Controls)

First Year of Life



All Pregnancy



**Probability of ASD  
Increases as NRAP  
Increases**



# Regional Pollutant Exposure (279 Cases and 245 Controls)

	First Year of Life OR*	All Pregnancy OR*
PM <sub>2.5</sub>	2.12 (1.45-3.10)	2.08 (1.93-2.25)
PM <sub>10</sub>	2.14 (1.46-3.12)	2.17 (1.49-3.16)
Nitrogen Dioxide	2.06 (1.37-3.09)	1.81 (1.23-2.65)
Ozone	1.15 (0.72-1.86)	1.09 (0.76-1.55)

\*Regional pollution effects reflect risk of autism based on 2 standard deviations from the mean value, specifically per increase of 8.8 mg/m<sup>3</sup> PM<sub>2.5</sub>, 12.4 mg/m<sup>3</sup> PM<sub>10</sub>, 9.0 ppb NO<sub>2</sub>, and 13.6 ppb ozone. The top TRP quartile refers to estimated exposure levels of 30.4ppb or greater.

Models adjusted for child male gender, child ethnicity (Hispanic vs. White, Black/Asian/Other vs. White), maximum education of parents (parent with highest of four levels: college degree or higher vs. some high school, high school degree, or some college education), maternal age (>35 years vs. 35years), prenatal smoking, population density.

# Is Increasing Air Pollution Exposure Associated with Worse Outcomes?

- Autism and ASD Cases (N=327)
  - Broad Neurodevelopmental Assessments
    - Mullen Scales of Early Learning (MSEL)
    - Vineland Adaptive Behavior Scales (VABS)
  - ASD-specific Assessments
    - ADOS
    - ADI-R
    - Autism Severity Score



# Increased Language Deficits with Increasing Prenatal Air Pollution Exposure\*

	NO <sub>2</sub>	Ozone	PM <sub>10</sub>	PM <sub>2.5</sub>
<b>MSEL Expressive Language</b>				
High MSEL	Reference	Reference	Reference	Reference
Middle MSEL	2.08(0.96-4.51)	1.07(0.41-2.74)	1.26(0.47-3.41)	1.67(0.67-4.10)
Low MSEL	3.33(1.63-6.80)	0.95(0.41-2.20)	0.72(0.57-3.52)	2.40(1.06-5.37)
<b>MSEL Receptive Language</b>				
High MSEL	Reference	Reference	Reference	Reference
Middle MSEL	3.81(1.66-8.71)	1.03(0.38-2.79)	1.23(0.45-3.41)	4.30(1.62-11.47)
Low MSEL	3.52(1.72-7.31)	1.22(0.52-2.83)	1.23(0.52-2.96)	3.24(1.40-7.51)

\*Regional pollution effects reflect risk of autism based on 2 standard deviations from the mean value, specifically per increase of 8.8 mg/m<sup>3</sup> PM<sub>2.5</sub>, 12.4 mg/m<sup>3</sup> PM<sub>10</sub>, 9.0 ppb NO<sub>2</sub>, and 13.6 ppb ozone.



# Increased Language Deficits with Increasing Prenatal Air Pollution Exposure\*

	NO <sub>2</sub>	Ozone	PM <sub>10</sub>	PM <sub>2.5</sub>
<b>MSEL Expressive Language</b>				
High MSEL	Reference	Reference	Reference	Reference
Middle MSEL	2.08(0.96-4.51)	1.07(0.41-2.74)	1.26(0.47-3.41)	1.67(0.67-4.10)
Low MSEL	3.33(1.63-6.80)	0.95(0.41-2.20)	0.72(0.57-3.52)	2.40(1.06-5.37)
<b>MSEL Receptive Language</b>				
High MSEL	Reference	Reference	Reference	Reference
Middle MSEL	3.81(1.66-8.71)	1.03(0.38-2.79)	1.23(0.45-3.41)	4.30(1.62-11.47)
Low MSEL	3.52(1.72-7.31)	1.22(0.52-2.83)	1.23(0.52-2.96)	3.24(1.40-7.51)

\*Regional pollution effects reflect risk of autism based on 2 standard deviations from the mean value, specifically per increase of 8.8 mg/m<sup>3</sup> PM<sub>2.5</sub>, 12.4 mg/m<sup>3</sup> PM<sub>10</sub>, 9.0 ppb NO<sub>2</sub>, and 13.6 ppb ozone.



# Increased Adaptive Deficits with Increasing Prenatal Air Pollution Exposure\*

	NO <sub>2</sub>	Ozone	PM <sub>10</sub>	PM <sub>2.5</sub>
VABS Composite	-11.08%, p=0.02	-3.54%, p=0.55	5.52%, p=0.37	-5.58%, p=0.32
Communication	-14.05%, p=0.01	0.56%, p=0.94	4.19%, p=0.55	-5.43%, p=0.39
Socialization	-8.79%, p=0.06	-3.43%, p=0.56	6.63%, p=0.27	-2.73%, p=0.62

\*Regional pollution effects reflect risk of autism based on 2 standard deviations from the mean value, specifically per increase of 8.8 mg/m<sup>3</sup> PM<sub>2.5</sub>, 12.4 mg/m<sup>3</sup> PM<sub>10</sub>, 9.0 ppb NO<sub>2</sub>, and 13.6 ppb ozone.



# Increased Adaptive Deficits with Increasing Prenatal Air Pollution Exposure\*

	NO <sub>2</sub>	Ozone	PM <sub>10</sub>	PM <sub>2.5</sub>
VABS Composite	-11.08%, p=0.02	-3.54%, p=0.55	5.52%, p=0.37	-5.58%, p=0.32
Communication	-14.05%, p=0.01	0.56%, p=0.94	4.19%, p=0.55	-5.43%, p=0.39
Socialization	-8.79%, p=0.06	-3.43%, p=0.56	6.63%, p=0.27	-2.73%, p=0.62

\*Regional pollution effects reflect risk of autism based on 2 standard deviations from the mean value, specifically per increase of 8.8 mg/m<sup>3</sup> PM<sub>2.5</sub>, 12.4 mg/m<sup>3</sup> PM<sub>10</sub>, 9.0 ppb NO<sub>2</sub>, and 13.6 ppb ozone.



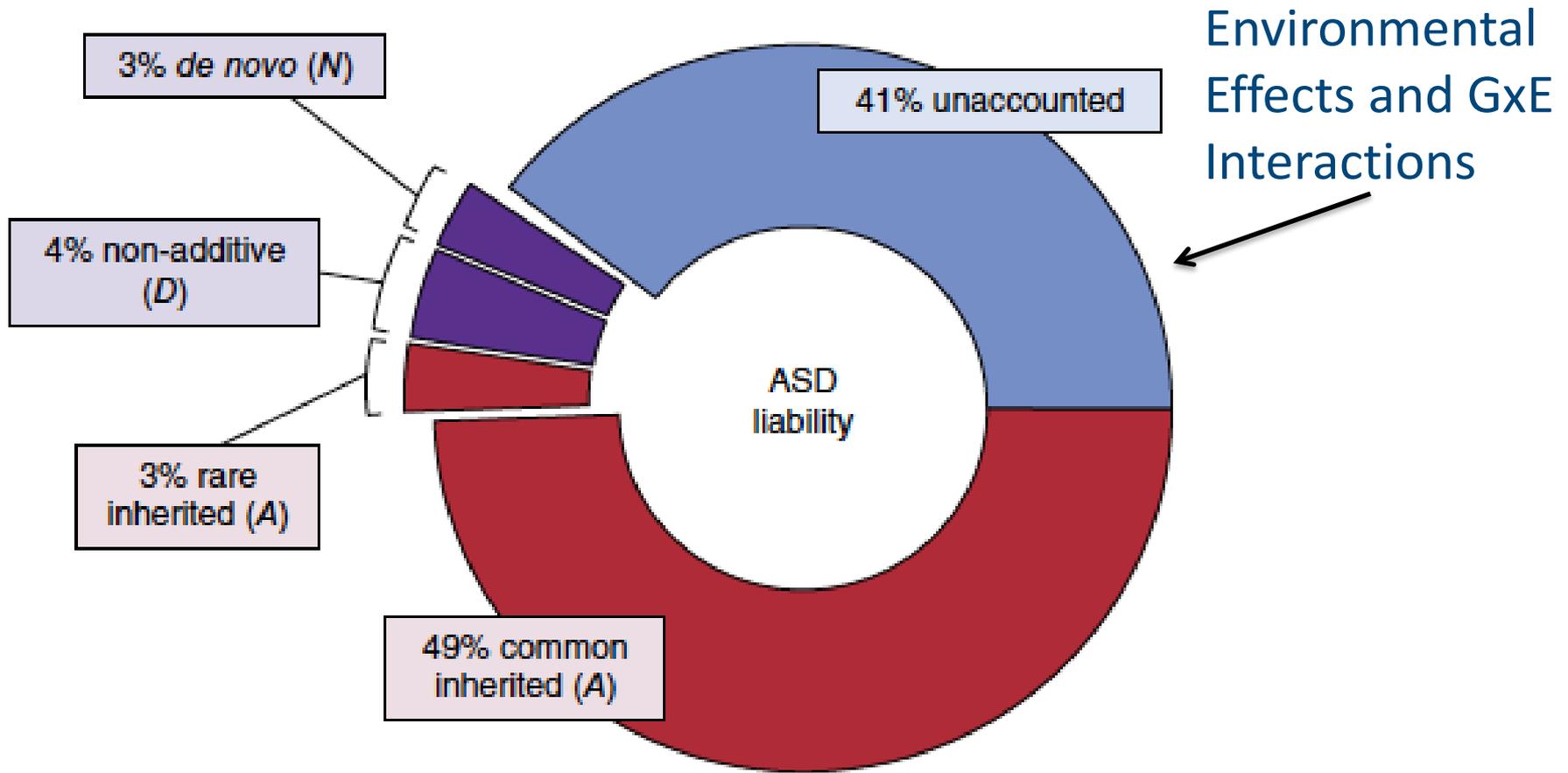
# No Associations With Autism Severity Score

	NO <sub>2</sub>	Ozone	PM <sub>10</sub>	PM <sub>2.5</sub>
Autism Severity Score	8.44%, p>0.05	6.81%, p>0.05	10.76%, p>0.05	0.61%, p>0.05

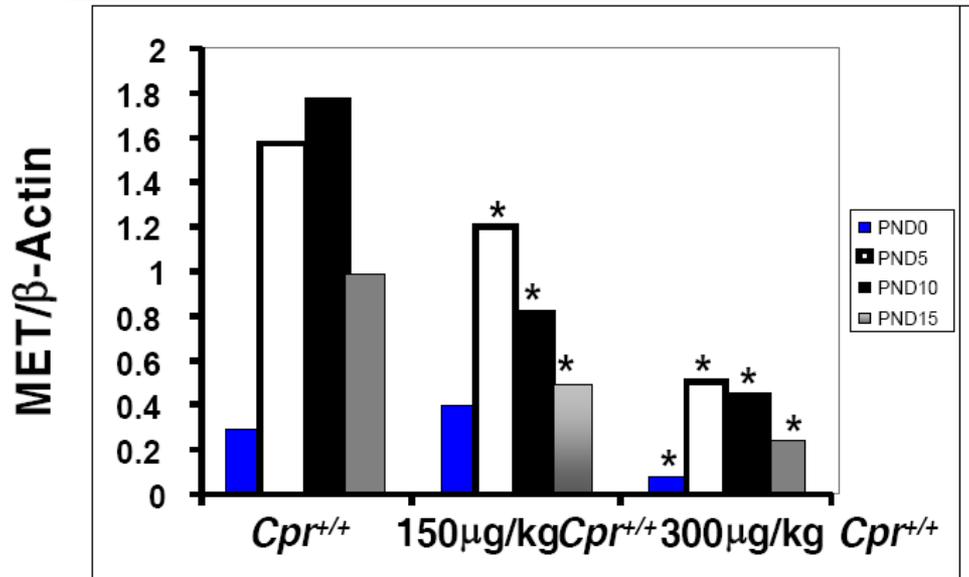
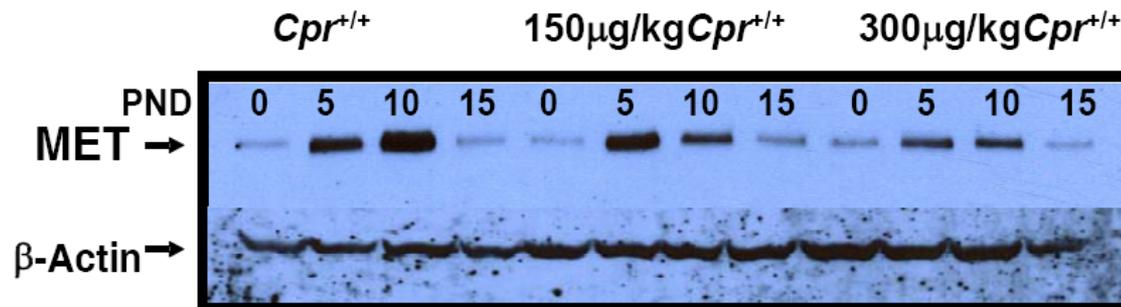
## Limited Correlation Between Assessments

	MSEL- Total	MSEL- Exp Lang	MSEL- Rec Lang	VABS Total	VABS- Comm	VABS- Social
Autism Severity Score	-0.22	-0.18	-0.23	-0.12	-0.16	-0.11

# Where Do Genes Fit In?



# Prenatal PAH Exposure Reduces MET Protein Expression in Mouse Cortex (Benzo(a)Pyrene)



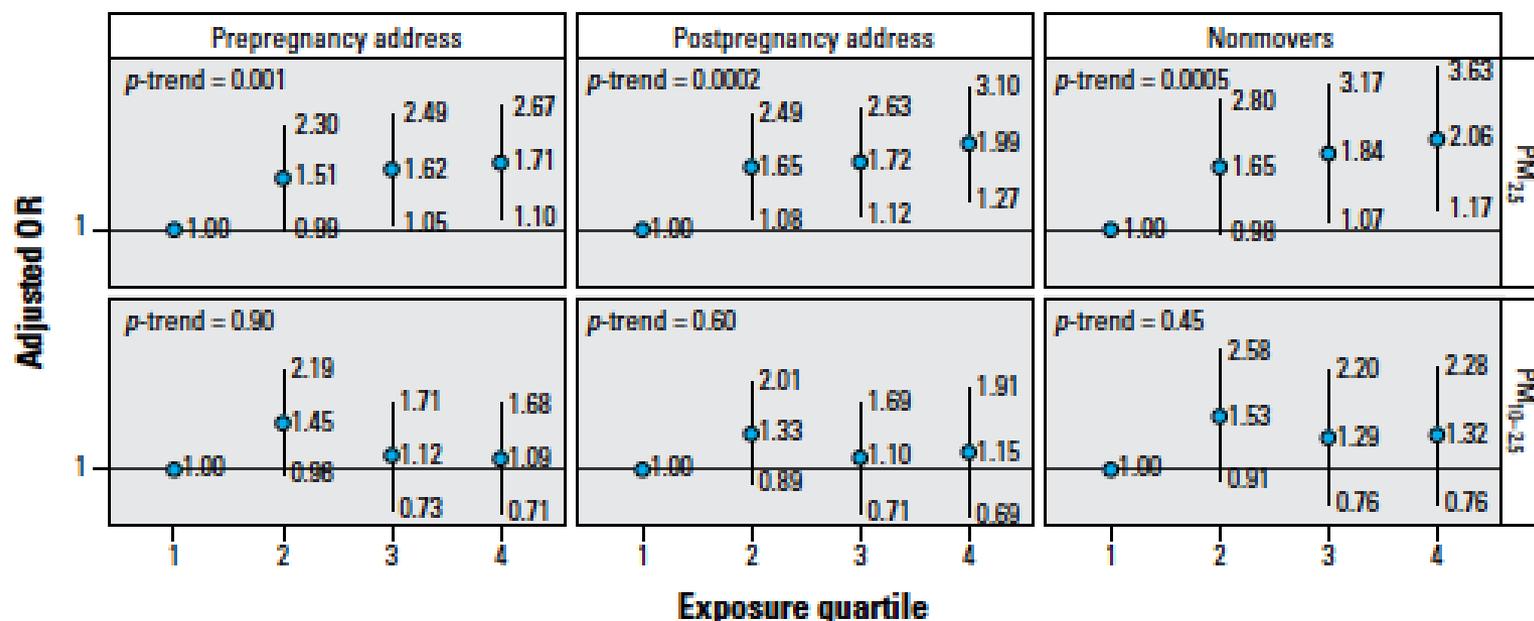
# Replications of *MET* rs1858830 Variant Association with Autism

	<u>Reference</u>	<u>Study Design</u>	<u>Sample Source</u>
1	Campbell et al. 2006. <i>PNAS</i> .	Family-based and case-control	Italy (Rome 1)
2	Campbell et al. 2006. <i>PNAS</i> .	Family-based and case-control	NIMH
3	Campbell et al. 2008. <i>Autism Res.</i>	Family-based	Vanderbilt
4	Sousa et al. 2009. <i>Eur J Hum Genet.</i>	Family-based and case-control	Europe (UK)
5	Sousa et al. 2009. <i>Eur J Hum Genet.</i>	Case-control	Italy (Bologna)
6	Jackson et al. 2009. <i>Autism Res.</i>	Case-control	South Carolina
7	Jackson et al. 2009. <i>Autism Res.</i>	Case-control	Italy (Rome 2)
8	Thanseem et al. 2010. <i>Neurosci Res.</i>	Family-based	Japan
9	Thanseem et al. 2010. <i>Neurosci Res.</i>	Family-based	AGRE
10	Rajamma et al. 2011. SfN poster	Family-based	India

# Joint Effect of *MET* rs1858830 and Air Pollution

<b>Near Roadway Air Pollution</b>		
	<b>MET rs1858830 Genotype</b>	
	C/C	C/G or G/G
Exposed	2.9 (1.0-10.4)	1.3 (0.73-2.2)
Unexposed	0.80 (0.47-1.4)	reference
<b>Regional Nitrogen Dioxide</b>		
	<b>MET rs1858830 Genotype</b>	
	C/C	C/G or G/G
Exposed	3.6 (1.3-12.7)	1.2 (0.71-2.1)
Unexposed	0.72 (0.41-1.3)	reference

# What About Timing?



**Figure 1.** ORs (95% CIs) for ASD by quartile of PM exposure. ORs are adjusted for child sex, year of birth, month of birth, maternal age at birth, paternal age at birth, and census income. There were 245 cases and 1,522 controls in analyses using pre- and postpregnancy addresses. Prepregnancy address is the last known residential address before conception. Postpregnancy address is the first known residential address after birth. Nonmovers are those participants for whom prepregnancy and postpregnancy addresses were the same [cases = 160 (65%), controls = 986 (65%)]. *p*-Trend, *p*-values from models of exposures as continuous variables. The number of cases (including movers) by quartiles from low to high: 45, 66, 66, 68; controls: 397, 376, 375, 374. PM<sub>2.5</sub> quartile ranges (μg/m<sup>3</sup>): 5.24–12.3, 12.4–14.5, 14.6–16.7, 16.7–30.8; PM<sub>10-2.5</sub> quartile ranges (μg/m<sup>3</sup>): 1.9–6.7, 6.8–8.9, 9–11.9, 12–49.4.

# Future Goals and Directions

- Define Specific Air Pollutant – ASD Relationships
  - Timing!
  - One pollutant or a mixture?
- Evaluate Air Pollutant Effects on Trajectories
  - Broad Cognitive Phenotypes / Domains of ASD
  - Neuroimaging
- Study the Potential Mechanisms of Air Pollution on the Brain
- Gene-Environment Interaction Studies
  - Consortium for Integrative Research
  - Common Air Pollution Assessment Methods in Epidemiologic Samples (GEWIS)



# Acknowledgements

## USC

Rob McConnell  
Dan Campbell  
Tara Kerin  
Sandy Eckel  
Duncan Thomas

## UC Davis

Irva Hertz-Picciotto  
Lora Delwiche  
Rebecca Schmidt  
Sally Ozonoff

## Sonoma Technology

Fred Lurmann

## Sequoia Foundation

Gayle Windham

## Drexel University

Nora Lee  
Craig Newschaffer  
Tony Grubsic

## AGRE

Eve Landa  
Shanise Owens

## U of Wisconsin Milwaukee

Amy Kalkbrenner

## Kaiser Permanente

Lisa Croen

## Duke University

Jim Zhang

## Johns Hopkins

Dani Fallin

Funding: ES19002, ES013678, ES007048, Autism Speaks 7785 & 8463, ES023780, ES11269, ES015359