GARCIA STREET

URBAN FARM

Always Freshly picked, naturally grown produce

WHY URBAN FARMING HELPS

Urban Farming closes the gap between food access and food security within a community. Urban Farms are closer than the typical transport of food. Locally grown, the food was picked that day in the peak of ripeness. The fresher the produce, the more nutritious the food.

WHAT IS FOOD JUSTICE?

- Improves the access to fresh produce to economically disadvantaged areas.
- Growing organic or natural food that is fresh, nutritious, affordable, and with care for the prosperity of the environment, employees, volunteers, and animals.
- Locally Grown
- Culturally-appropriate produce that fosters ancestral recipes and foods to be passed down from one generation to the next.
- Fosters multi-cultural knowledge sharing and strong family values around food.

GET INVOLVED

- Support your local Urban Farm
- Join or volunteer at a local Community Garden. Contact Green Space Alliance at 210-222-8430.
- Purchase a CSA share.
- Shop at Farmers Markets or at the Urban Farm Stand, 1423 S Presa St. San Antonio, TX. 78210.
- Sign up for YMCA Diabetes Classes.
- Take nutrition classes.
- Cook with your family and change the diet as a family.

WHAT IS AN URBAN FARM?

Urban Farming is often confused with community gardening. Where Community gardens are run by community members and have a structure for food sharing or renting space, whereas Urban Farming produces for commerce, through models such as Community Supported Agriculture (CSA), farmers markets, food co-op's, or direct targeting to restaurants or local owned grocery stores. The Urban Farm is brought you through the Choice Neighborhoods Initiative



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bit.ly/ChoiceUrbanFarm







