**URANIUM in the Tuba City Area**

**KNOW** about mine and mill sites and contaminated water sources

There are abandoned uranium mines and mills on the Navajo Nation. There are contaminated water sources on the Navajo Nation.

- We cannot undo past contact with uranium.
- We can lessen contact with uranium now and in the future.
- We cannot un-do past contact with uranium.
- There are contaminated water sources on the Navajo Nation.

**LEARN** how to recognize mines and contaminated water sources

**IF YOU SEE SIGNS LIKE THIS:**

- Leave when uranium mines were located and stay away even if there are no signs.
- Do NOT build, play on, ride ATVs, or make corrals at mine sites.
- Do NOT gather plants, or take gravel, dirt, sand or water from mine sites.

**DO NOT USE water from that source for human drinking, cooking or bathing. It is contaminated with uranium or other contaminants.**

- Do NOT use contaminated water sources for human use. If the water looks, smells and tastes off, or if it contains silt, do not use it. Do not use water from contaminated sources for drinking, cooking, bathing or washing clothes or fruits and vegetables.
- Do NOT use regulated water sources for human drinking, cooking or bathing. Regulated water sources are piped water in your home or regulated watering points (usually near Chapter Houses).

**TEACH** the location of mines and contaminated water sources in this area.

- Do not build, play on, ride ATVs, or make corrals at uranium mine sites.
- Learn where uranium mine sites were located and stay away even if there are no signs.
- Only use regulated water sources for human drinking, cooking and bathing.
- Livestock-use-only wells should not be used for human drinking, cooking, or bathing.

**Radioactive Materials:**

- Seek regulated water sources, or use treated water from Navajo Nation.
- Do not use unregulated water sources; do not drink contaminated water.
- Keep livestock away from abandoned uranium mines.
- Do not allow livestock to graze or drink from unregulated water sources.
- Separate livestock-use-only wells from regulated water sources.

**CARE for your family and yourself**

**Community-level exposure to uranium is not like the exposure of miners and millers, but it is still concerning for health. Exposure can occur by contact with contaminated soil, water, or radon gas.** Here are suggestions to help decrease exposure and to promote good health:

**SOIL:**

- Work and play away from mines.
- Do not gather gravel, sand or dirt near mine sites.
- Grow and gather plants away from mine sites.
- Graze livestock away from mine sites. If this is not possible, do not use parts where uranium concentration—leaves, kidneys and honey.

**WATER:**

- Do NOT use water for human use, use only regulated watering points and use containers and hoses approved for human drinking water.
- Clean hoses and containers before each use.
- Separate hoses used for human water and livestock water.

**RADON:**

- Do NOT build, play on, ride ATVs, or make corrals at mine sites.
- Do NOT gather plants, or take gravel, dirt, sand or water from mine sites.

**CARRY a filter:**

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