

Wednesday, April 13 10:20 a.m.–11:50 a.m. Session 2: Trends in Beach Management



The Broader Context of Beach Monitoring

John Wathen

U.S. Environmental Protection Agency, Office of Water, Office of Science and Technology, Standards and Health Protection Division

Abstract

The Beach Monitoring and Advisory Program is a public health protection measure, supported under the Beaches Environmental Assessment and Coastal Health (BEACH) Act of 2000, designed to provide information on the risk of illness from recreational water contact. This is accomplished through periodic water quality monitoring, issuing advisories and/ or beach closure notices, and communicating the advisories to potential users of recreational waters. In addition to providing time-relevant water quality information about specific beaches, not only is exposure risk reduced by advisories, but states and local jurisdictions also are undertaking measures to address sources and improve water quality based on monitoring information. The scope of the benefits of beach monitoring go well beyond avoiding illness, encompassing a range of beneficial outcomes not readily anticipated from the straightforward act of periodically determining water quality. At beaches where sources are mitigated, water quality is improved, public health is better protected, and local jurisdictions are seeing economic benefits that include increased beach usage. This presentation points to locations around the country where these improvements have occurred and highlights the broader public and economic benefits that can result from improved conditions in waters adjacent to our beaches.

Biosketch

John Wathen is a senior science advisor for fish and beach programs in the Standards and Health Protection Division of the Office of Science and Technology in the U.S. Environmental Protection Agency's (EPA's) Office of Water. He had served as assistant chief and as acting chief of the Fish, Shellfish, Beaches and Outreach Branch since coming to EPA in 2005, until it was combined recently with the National Standards Branch. Mr. Wathen received his bachelor of arts degree in geology from Northeastern University and his master of science degree in earth sciences from the University of New Hampshire. He worked as a consulting hydrogeologist for 15 years, primarily in northern New England; and served as the southern Maine regional director of the Maine Department of Environmental Protection 2000–2005. Mr. Wathen provides technical support to the Beach Environmental Assessment, Communication, and Health (BEACH) Act monitoring and advisory program, National Fish Advisory Program, and Office of Water's fish tissue contaminant studies, focusing on human health implications. He is a Mainecertified geologist and a registered geologist in Kentucky.



The Broader Context of Beach Monitoring: Considering health benefits, environmental, recreational, and economic value

EPA Recreational Waters Conference New Orleans, LA April 15, 2016

John Wathen, U.S. EPA

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Beaches are good for us

- Beaches encourage families to be physically active;
- Increase social and family interaction;
- Families engage with nature;
- Beaches are associated with fun and stress relief.

Ashbullby et al., 2013. Health and Place 23, 138-147

€EPA

Our session is "Trends in Beach Management" The evolution of the Beach Program describes a clear trend From elements described in the Beach Act of 2000- monitoring and assessment of coastal recreation waters adjacent to beaches or similar points of access that are used by the public for attainment of applicable water quality standards for pathogens and pathogen indicators; and "the prompt notification of the public of any exceeding of or likelihood of exceeding applicable water quality standards" To an integral and dynamic element of the Clean Water Act mechanism

Beach Monitoring and Advisory Program is a public health protection measure

- Provides information on the risk of illness from recreational water contact.
- Provides time-relevant water quality information about specific beaches.
- Allows the recreating public to make informed choices on where, when, and whether to go to the beach.

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For more:

See Sarah U'Ren's and Greg Kleinheinz's presentations on Friday Morning!

(Plug)

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Maine Healthy Beaches -Source Tracking and Remediation in Maine

- Beach WQ indicator exceedances from sources in the Goosefare Brook watershed in Saco/Old Orchard Beach;
- Identified Sources, eliminated them with sewer and stormwater upgrades; and implemented an
- > Integrated watershed management plan
- \succ Many other beaches investigated and remediated
- ➢ More about their M.O. in Friday.

CA CLEAN BEACHES INITIATIVE GRANT PROGRAM

- CBI Grant Program has provided about \$100 million from voter-approved bonds
- Includes ~100 projects since it was started under the 2001 Budget Act
- Arroyo Burro Beach, Colwell Beach, Doheny Beach, Lovers Point Beach, Topanga Beach MST studies
- Numerous implementation projects underway

Great Lakes Shoreline Cities Green Infrastructure Grants-2016

- Great Lakes Restoration Initiative grants of up to \$175K available for Green Infrastructure Projects that will improve water quality at beaches
- Plans based on needs from sanitary surveys or WQ monitoring results
- No cost-share required for smaller communities

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Providing and Promoting Recreational Water Quality Information through Mobile and Social Technology

Trevor McProud

New York City Department of Health and Mental Hygiene

Abstract

In an effort to understand and improve the way New York City beachgoers receive and react to water quality notifications, the Department of Health and Mental Hygiene Beach Program undertook a research effort in 2013 that included intercept surveys and focus group testing. Interviews were conducted with more than 575 members of the public. The research found that most beachgoers receive their information via television and Internet, and that those methods, along with email, text notification, and smartphone applications, were the preferred alternatives for future communication. Those findings are similar to national evaluations of U.S. Environmental Protection Agency BEACH Act programs, highlighting a gap of information delivery between the public highly valuing text message and smartphone applications and the department's current reliance on signage and browser-based retrieval. In response, the program developed a text-forinformation service that provides current beach water quality conditions and, for subscribers, active notification of beach-related announcements. Through well-designed print and social media campaigns, the Know Before You Go text service now has over 5,000 active subscribers. From the results of its research, the department was able to identify ways in which it could improve the Beach Program by more effectively communicating the current status of recreational water quality along with the potential health impacts of recreating in those conditions.

Biosketch

Mr. Trevor McProud is a research scientist with the Bureau of Environmental Sciences and Engineering of the New York City Department of Health and Mental Hygiene. He has worked with the bureau's Recreational Waters and Beach Program for more than 6 years. He also is highly involved in the bureau's other efforts to manage public health risks from the built and natural environments, including the Drinking Water Supply Oversight and Surveillance Program. Mr. McProud received his master's degree in environmental science and engineering with a specialization in water resources management from the Bren School of Environmental Science and Management at the University of California, Santa Barbara.







Overview – NYC Beach Management

NYC Department of Health and Mental Hygiene (DOHMH)

- > Primary implementation of EPA BEACH Act and NY State Sanitary Code
- > New York City Health Code for Bathing Beaches

Routine Beach Water Quality Monitoring (DOHMH)

- Bathing Season from Memorial Weekend to Labor Day
- > Weekly sampling from April to September, 24 hr. turn around
- Approximately 1,500 samples are collected during a typical season
- > Weekly sampling for Tiers I and II beaches, BI-Weekly for Tier III beaches and resampling as needed

NYC







NYC



































NYC Beach Program Improvement

Thank you

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Office of Public Health Engineering Bureau of Environmental Science and Engineering NYC Department of Health



Monitoring, Detection, and Management of Hazardous Algal Blooms in Freshwater Lakes East of San Francisco Bay

Matthew Graul East Bay Regional Park District

Abstract

The East Bay Regional Park District maintains a diverse system of regional open space parks and trails in Alameda and Contra Costa counties east of San Francisco Bay. The park system comprises 120,000 acres in 65 parks. The district operates and manages five freshwater lakes to provide recreational swimming, boating, and fishing opportunities. Park resource managers had never before seen hazardous algal blooms (HABs) in their lakes, but in 2014 they recorded three. The blooms in Lake Temescal in Oakland resulted in closure for approximately 9 weeks over the summer and fall of 2014. During 2015, the district experienced HABs in four of its lakes. Each of those lakes was closed to recreational swimming for approximately 21/2 months due to the presence of algal toxins.

In response to the recurring HABs, the district has developed a comprehensive monitoring, assessment, and notification plan in cooperation with San Francisco Bay Regional Water Quality Control Board and U.S. Environmental Protection Agency Region 9 staff. Additionally, water quality managers from the park district have partnered with local agencies and universities to conduct nutrient source analysis studies and develop nutrient control strategies to reduce bloom formation and persistence. The focus of this presentation will be to discuss the recreational impacts of HABs and the district's water quality monitoring program to provide early detection and public notification when hazardous conditions exist. Additionally, updates on the results of ongoing nutrient source analysis studies will be presented and progress on the

development and implementation of nutrient management programs will be discussed.

Biosketch

Mr. Matthew Graul is the chief of stewardship for the East Bay Regional Park District, which is headquartered in Oakland, California. The district operates 120,000 acres of open space parks in Alameda and Contra Costa counties. Mr. Graul holds a bachelor of science degree in environmental engineering and has completed graduate course work in geography, environmental management, and fluvial geomorphology. He has worked in the fields of natural resource management, water quality protection, and wetland and creek restoration for almost 20 years. He was employed by the San Francisco Bay Regional Water Quality Control Board for 5 years in the Watershed Division reviewing creek and wetland restoration plans, issuing Clean Water Act permits, and developing and implementing National Pollutant Discharge Elimination System stormwater regulations. Mr. Graul's professional experience has been focused on creek and wetland restoration, beach water quality, stormwater management, drinking water treatment, and environmental and regulatory compliance. In his current position, he is responsible for overseeing the natural resource management programs for the East Bay Regional Park District and manages the Wildlife, Wildland Vegetation, Water Management, Fisheries Management, and Integrated Pest Management departments.



Digging in: Understanding the Causes, Impacts, and How Best to Address Excessive Seaweed Accumulation on Maine's Coastal Beaches

Keri Kaczor

University of Maine Cooperative Extension, Maine Sea Grant

Abstract

Over the past 2 years, there's been a rise in reports of increased amounts of cast seaweed on Maine's coastal beaches. When mounds of seaweed cover valued beaches during the state's short summer season, important factors must be considered when mapping the best course of action: water quality, public health, aesthetics, tourist economies, ecosystem health, and laws that are meant to preserve the integrity of these environments. Physical and biological factors are causing the apparent increase, yet the phenomenon is not well documented or understood. Municipalities have been challenged by the aesthetics, impacts on water quality, and how best to manage the mounds. The public is generally outraged by the negative impacts on their beach experience and is overwhelming municipalities with complaints. Detached seaweed cast onto the beach warms in the sun, allowing bacteria to persist and even multiply in seaweed mats and neighboring sand. Water quality can be impaired when the cast seaweed/sand is resuspended in the water column. Management often requires a multifaceted approach as simply raking or waiting for the tides to wash the seaweed away can be ineffective as it can return on the next tidal cycle. There also are important site-specific management considerations, for example, if the area falls within a coastal sand dune system, communities can move but not remove the seaweed from the system. The seaweed issue has prompted research, legislation, and adaptive beach management plans to better understand and address the impacts of cast seaweed on coastal beaches.

Biosketch

Ms. Keri Kaczor is the coordinator of the Maine Healthy Beaches Program, an effort to monitor water quality and protect public health on Maine's coastal beaches. She received her bachelor of science degree in zoology and an environmental studies certificate from the University of Wisconsin-Madison, and her master of science degree in marine policy from the University of Maine (UMaine). Ms. Kaczor is a member of the Marine Extension Team. a collaboration between UMaine's Sea Grant College Program and Cooperative Extension that provides educational and applied research programs in coastal community development, ecosystem health, fisheries, aquaculture, and tourism. For the past 13 years, Ms. Kaczor has worked on environmental monitoring, science literacy, and stewardship projects in Maine.























Regrowth only or health risk?

The Changing Geographic Distribution of Climate-Sensitive Pathogens in Recreational Water

Jonathan Yoder

Centers for Disease Control and Prevention

Abstract

The U.S. Centers for Disease Control and Prevention (CDC) partners with state public health agencies to monitor the occurrence and geographic distribution of individual cases and outbreaks of disease associated with coastal and inland recreational water exposures, including illnesses caused by pathogens that might be affected by temperature increases or other factors related to climate change. Historically, cases of primary amebic meningoencephalitis (PAM) caused by Naegleria fowleri were limited to fresh water exposures in southern-tier states; however, recent data suggest that there is an increasing northward geographic distribution. Since 2010, a total of five PAM cases have been reported from three northern states (Kansas [2011, 2014], Indiana [2012], and Minnesota [2010, 2012]). Health data from CDC's Vibrio surveillance system, as well as environmental data sources, confirm that pathogenic Vibrio species have become established further north than historically observed, extending up to the west coast of Alaska and the east coast of the Chesapeake Bay in Virginia. Successful public health surveillance, prevention, and control of diseases and outbreaks caused by climatesensitive waterborne pathogens will require additional expertise, resources, and partnerships among beach management, epidemiology, environmental health and health communication professionals. CDC is collaborating with state and federal partners to support this work, expanding its suite of online resources to include pathogen-specific content (e.g., Naegleria website), and building overall waterborne disease and prevention capacity in the United States.

Biosketch

Jonathan S. Yoder, MSW, MPH is an epidemiologist and the acting branch chief for the Waterborne Disease Prevention Branch in the National Center for Emerging Zoonotic and Infectious Diseases (NCEZID) at the Centers for Disease Control and Prevention (CDC). Mr. Yoder received his graduate degrees from the University of South Florida. He joined CDC as a Public Health Prevention Service fellow in 2003, and in 2004, was assigned to the Illinois Department of Public Health to assist state and local health departments with disease surveillance and outbreak investigations. In 2006, Mr. Yoder began coordinating CDC's Waterborne Disease and Outbreak Surveillance System. He has more than a decade of experience in responding to waterborne disease outbreaks and emergencies, including investigations and response at local, state, and federal public health agencies. He has participated in or led investigations of waterborne disease and outbreaks associated with drinking water and recreational water, including Cryptosporidium in pools, *Naegleria fowleri* in tap water, and multistate outbreaks of Acanthamoeba keratitis associated with contact lens wear. Previous work includes summarizing epidemiologic data on waterborne disease outbreaks and pathogens such as Cryptosporidium, Giardia, and the free-living amebae Acanthamoeba, Balamuthia, and Naegleria *fowleri*. Currently, Mr. Yoder is the water preparedness and response coordinator for CDC/ NCEZID, working to develop and coordinate waterborne disease outbreak and response activities (e.g., developing resources and guidance for state and local health departments).

Question & Answer Session

Question 1

Phil Scanlan: For Jonathan [Yoder]. People talk about a canary in a coalmine. I was looking at mass marine kill-offs in the U.S. and it seems it would be useful to analyze those deaths to get ahead of human deaths. Is CDC [Centers for Disease Control and Prevention] or anyone looking at that? The number of deaths seem high.

Answer 1

Jonathan Yoder: Yes, that is a good question; those are the species most impacted by that. We should be investing and getting data from fish and wildlife services and from veterinarians, and doing more testing. I welcome feedback from others on how to address these climate change impacts.

Comment 1

Phil Scanlan: The first chapter of my book covers this.

Question 2

Sara Hisel-McCoy: For Trevor [McProud]. Do you have plans or have you done follow up on what's the most effective, the most bang for the buck for communities, for their resources?

Answer 2

Trevor McProud: It is challenging to do it on top of our beach program, but we plan to do more surveys. As far as what is the most effective—the texting platform is the cheapest out of what we did. There is an online service that is cheap or free. Getting that service working is easy in terms of resources. Signs were helped by others, and they are shown in EPA's National Beach Guidance document. We are willing to provide those or give help to others for developing their signs.

Question 3

Suzanne Young: I am curious about the extended scope of secondary contact recreation throughout the city where we know there are CSOs [combined sewer overflows], and working with others for protection and outreach.

Answer 3

Trevor McProud: We work with others in the city, and there will be a consent decree, which is a long process, but the outcome will be more warnings and better outreach to the public. Another outcome will be secondary recreation notification in the long term. We look at the waters for events and such, but don't actively monitor them.

Question 4

(Unknown): Jonathan [Yoder], do you have restrictions on the boats or their movement in the lakes?

Answer 4

Jonathan Yoder: We have them for zebra mussels. If you have been in the lake already you can come back without inspection of your boat, but if you are going into another lake you have to get inspected.

Question 5

Michael Bott: HABs [harmful algal blooms] are an increasing issue for states. Why isn't this a focus for monitoring?

Answer 5

John Wathen: We (EPA) have our eyes on HABs to some extent, but we are restricted some by the BEACH [Beaches Environmental Assessment and Coastal Health] Act which focuses on beach pollution. But as you can see at this conference, we are looking some at HABs and we appreciate and agree with the need for more monitoring.

Question 6

Jiyoung Lee: We have HAB issues from agricultural sources. Spring precipitation brings it into the lakes. Usually the toxic bloom is linked to nitrogen and not phosphorus. Where do you think the blooms or sources come from in your waterbody?

Answer 6

Matthew Graul: We mostly think it's from the watersheds, like fertilizer. Also, some lakes have not been dredged in 30 years and there are large nutrient loads in the bottom sediments. For us, it's mostly from phosphorus—typically in the fall season we see a spike in phosphorus in the reservoirs. We also see a spike in nitrogen in rainy periods in October and November. We have seen blooms that last all year, and that is confusing our thoughts on what is driving it. We are looking at it. It's not directly correlated to flow anymore.

Question 7

(Unknown): Have you thought about remote sensing?

Answer 7

Matthew Graul: Yes, on a statewide level, but only applies to one of our lakes. We are also looking at using drones on a small scale.

Question 8

Mark Sobsey: One of the re-emerging concerns from a public health standpoint is microbial resistant bacteria. To what extent will we be able to look at exposure to those resistant type of bacteria?

Answer 8

Jonathan Yoder: We'll learn a lot more in the next few years. CDC has looked at microbial resistant bacteria, but there are a lot of drivers to look at, other factors, such as what is the impact to the community for antibiotic resistance? A lot of impact in terms of food and other things.

Question 9

Lisa Larimer: For Trevor [McProud]. With your texting service, does it go out to all your subscribers when a beach is closed?

Answer 9

Trevor McProud: We did not broadcast advisories the first year. It was an inquiry-based service. But, the next year, we thought more about it, like the public health need or impact, and how to best handle it. We have partnered with the parks department with high surf advisories. We don't think that sending out an advisory every single time is the right way to do it, but there can be a balance.