











# Indoor Chemistry Research Priorities Presentation to the Clean Air Act Advisory Committee June 15, 2022

Jonathan Edwards, Director, EPA, Office of Radiation and Indoor Air

Laura Kolb, EPA Office of Radiation and Indoor Air Indoor Environments Division

# Outline

- Introduction by Jonathan Edwards, Director, Office of Radiation and Indoor Air
- Brief overview of EPA's Indoor Air Quality Program and Indoor Chemistry
- Overview of National Academies of Sciences, Engineering, and Medicine (NASEM) Indoor Chemistry Consensus Study
- Review Charge
- Discussion and Next Steps

# Office of Radiation and Indoor Air Indoor Environments Division

Addresses top public health risks

- Radon
- Asthma •

•

- PM (indoors)
- IAQ in Homes & Schools •
- Emerging & Emergency issues, e.g., hurricanes, wildfires, COVID-19, by-products of indoor chemistry

#### Non-regulatory program

- Develop, synthesize and translate IAQ science to inform policy/programs •
- Technical guidance and assistance; public information and education ٠
- Partnerships with industry, NGOs, feds, states, tribes, communities ٠
- Grants to states, tribes and NGOs (e.g., State Indoor Radon Grants) •

Primary authorizing statutes: SARA Title IV – Radon and Indoor Air Quality Research Act; TSČA Title III – Indoor Radon Abatement Act

Poor indoor air quality is among the top 5 environmental public health risks: associated with significant economic burden

# Indoor air quality and chemicals

Everyone is impacted by indoor air quality (IAQ).

People in the US spend about 90% of their time indoors.

Indoor air can contain a wide variety of chemical pollutants that originate from both indoor and outdoor sources.

Most exposure to chemicals from outdoor sources occurs indoors.

Indoor chemistry can transform some contaminants into new chemicals.

• The health impacts of many of these new chemical are not well understood.



### Indoor sources of chemicals

- building materials
- biological sources (e.g., people, plants, pets, microorganisms)
- paints, pesticides
- personal care products
- stoves
- cleaning products
- furnishings
- electronics















#### **Chemical emission sources and reservoirs**



NASEM. 2022. Why Indoor Chemistry Matters. Figure 2-1.

# Indoor air vs outdoor air

Indoor Air chemistry is more complex than outdoor air chemistry

Indoors, there are more sources and more surfaces.

Exposure Rule of 1,000\*

 A pollutant released indoors is about 1,000 times more likely to reach someone's lungs than if released outdoors.



Biological sources

\*Nazaroff, W. 2008. Inhalation intake fraction of pollutants from episodic indoor emissions. *Building and Environment*, *43*(3), 269-277)

# **NASEM** report highlights

"Chemicals found indoors are a significant risk factor that can modify or degrade the indoor environment. "

"...understanding complex chemistry matters for three prime reasons:

(1) indoor chemistry is complex and may lead to the creation of new chemicals of concern,

(2) indoor chemicals can adversely impact indoor air quality and the indoor environment, and

(3) indoor chemicals are an important source of human exposure that may result in adverse health effects."

Quotes from NASEM. 2022. Why Indoor Chemistry Matters

# **NASEM** report highlights

Indoor chemistry is complex, involving partitioning and chemical transformation of a multitude of chemical species present in the gas phase and on airborne particles, indoor surfaces, dust, water, and other reservoirs.



NASEM. 2022. Why Indoor Chemistry Matters, Figure 3-2

# **NASEM report highlights**

The NASEM report emphasizes the intersection of indoor chemistry with several priorities identified in EPA's Strategic Plan, including:

- environmental justice,
- climate change, and
- the importance of partnerships among indoor air scientists, engineers, regulators and others.

THE NASEM committee has indicated that "Effective management of chemicals in the indoor environment is critical to human health."

Key issue to address: There are many research needs. The committee did not prioritize these.

# OAR/Indoor Environments Division (IED) response to NASEM report

IED is reviewing and carefully considering the NASEM report and priority actions we could pursue to further protect the public from exposures to chemicals in the indoor environment.

IED has ongoing work to effectively communicate the known risks associated with indoor chemical exposures and will update this work as appropriate.

IED works to support priority research on indoor chemistry internally and externally and will update this work based on the NASEM report & CAAAC recommendations.

Why Indoor Chemistry **Matters** 

# NATIONAL ACADEMIES

Engineering

Why Indoor Chemistry Matters

**Consensus** Study Report

## **Sponsors**

Alfred P. Sloan Foundation

U.S. Centers for Disease Control and Prevention

U.S. Environmental Protection Agency

U.S. National Institute of Environmental Health Sciences

# **Statement of Task**

The National Academies of Sciences, Engineering, and Medicine will convene an ad hoc committee of scientific experts and leaders to consider the state-of-the science regarding chemicals in indoor air.

Specifically, the committee will focus on:

- new findings about previously under-reported chemical species, chemical reactions, and sources of chemicals, as well as the distribution of chemicals; and
- how indoor chemistry findings fit into context of what is already known about the link between chemical exposure, air quality, and human health.

## **Statement of Task**

The committee's consideration of this information will lead to a report with findings and recommendations regarding:

1) key implications of the scientific research, including potential near-term opportunities for incorporating what is known into practice; and

2) where additional chemistry research will be most critical for understanding the chemical composition of indoor air and adverse exposures.

As appropriate, opportunities for advancing such research by addressing methodological or technological barriers or enhancing coordination or collaboration will be noted.

The committee will also provide recommendations for communicating its findings to affected stakeholders. The indoor environments focused on in this study will be limited to non-industrial exposure within buildings.

# **Committee roster and NASEM staff**

- David Dorman (Chair) North Carolina State University
- Jonathan Abbatt University of Toronto
- William Bahnfleth Pennsylvania State University
- Ellison Carter Colorado State University
- Delphine Farmer
  Colorado State University
- Allen Goldstein
  University of California,
  Berkeley
- Vicki Grassian
  University of California,
  San Diego

- Rima Habre University of Southern California
- Gillian Mittelstaedt
  Partnership for Air
  Matters/Tribal Healthy
  Homes Network
- Glenn Morrison University of North Carolina
- Jordan Peccia
  Yale University
- Dustin Poppendieck
  National Institute of
  Standards and Technology
- **Kim Prather** (NAS/NAE) University of California, San Diego

- Manabu Shiraiwa University of California, Irvine
- Heather Stapleton
  Duke University
- Meredith Williams

   California
   Department of Toxic
   Substances and
   Control
  - Megan
    Harries
    NASEM

#### **Report Structure** and Main Messages



#### **Report structure**

The main body of the report focuses on:

- Primary sources and reservoirs of chemicals indoors;
- Partitioning of chemicals in indoor environments;
- Chemical transformations;
- Management of chemicals in indoor environments;
- Indoor chemistry and exposure;
- A path forward for indoor chemistry.

Each chapter provides an overview of current state of the science and research needs

#### Main messages

- Environmental conditions and indoor chemistry vary between buildings based on their purpose and use.
- Researchers know very little about how humans are exposed to multiple indoor chemicals across phases and pathways, how these joint exposures interact across timescales, and the cumulative and long-term impacts of the indoor chemical environment on human health.
- Changes in the outdoor environment owing to climate change, wildfires, and urbanization have significant impacts on indoor environments.
- New analytical tools have been instrumental in improving understanding of indoor chemistry; however, key challenges remain that will require strategic investments.

### Main messages

- There is an ongoing need to effectively translate scientific knowledge about indoor chemistry into practice and policy.
- Many chemicals found indoors have little to no information regarding their toxicity, either as individual agents or in combination with other chemicals present in the environment.
- Mitigating chemical hazards will require efforts in changing building design and operation, altering the use and contents of products and materials, and addressing the impact of human activity on indoor chemistry.

#### Committee Recommendations



Consensus Study Report

# Chemical complexity in the indoor environment

**Recommendation 1:** Researchers should further investigate the chemical composition of complex mixtures present indoors in a wide range of residential and nonresidential settings and how these mixtures impact chemical exposure and health.

**Recommendation 2:** Researchers should focus on understanding chemical transformations that occur indoors, using advanced analytical techniques to decipher the underlying fundamental reaction kinetics and mechanisms both in the laboratory and in indoor environments.

**Recommendation 3:** Researchers should prioritize understanding the phase distribution of indoor chemicals between all indoor reservoirs and incorporate these findings into exposure models.

**Recommendation 4:** All stakeholders should proactively engage across disciplines to further the development of knowledge on the fundamental aspects of complex indoor chemistry and its impact on indoor environmental quality, exposure assessment, and human health.

# Indoor chemistry in a changing world

**Recommendation 5:** Researchers who study toxicology and epidemiology and their funders should prioritize resources toward understanding indoor exposures to contaminants, including those of outdoor origin that undergo subsequent transformations indoors.

**Recommendation 6:** Researchers and their funders should devote resources to creating emissions inventories specific to building types and to identifying indoor transformations that impact outdoor air quality.

**Recommendation 7:** Researchers and engineers should integrate indoor chemistry considerations into their building system design and mitigation approaches. This can be accomplished in different ways, including by consulting with indoor air scientists.

## **Future investments in research**

**Recommendation 8:** Given the challenges, complexity, knowledge gaps, and importance of indoor chemistry, federal agencies and others that fund research should make the study of indoor chemistry and its impact on indoor air quality and public health a national priority.

**Recommendation 9:** Researchers and their funders should invest in developing novel methods and chemoinformatic resources that increase our ability to identify and quantify the abundances of wide classes of indoor chemicals, both primary emissions and secondary chemical reaction products.

**Recommendation 10:** Researchers measuring indoor environments should apply and develop new analytical tools that can probe the chemical complexity of gases, aerosols, and surfaces.

**Recommendation 11:** Federal agencies should design and regularly implement an updated National Human Activity Patterns Survey. Federal and state agencies should add survey questions in existing surveys that capture people's activities in indoor environments as they relate to indoor chemistry and indoor chemical exposures.

# **Communicating science and risks**

**Recommendation 12:** Researchers should proactively engage in links that connect research to application throughout the indoor chemistry research process—for example, at the dissemination stage, by engaging with technical and standard-writing committees, presenting at conferences attended by practitioners, and disseminating the significance of research findings in social and mass media.

**Recommendation 13:** Researchers and practitioners should include environmental justice communities in the wide range of indoor environments they study and engage these communities in formulating research priorities and recommendations for future indoor air quality standards.

**Recommendation 14:** Funding agencies should support interdisciplinary research to investigate the impact of products and services on indoor chemistry, especially under realistic conditions. There is also a need to determine how occupant access to air quality data leads to behavior that influences indoor chemistry.

# **Communicating science and risks**

**Conclusion 1:** Standardized consensus test methods could enable potential certification programs for air- cleaning products and services. Such test methods could help regulators determine whether action on these products and services is warranted.

**Recommendation 15:** Researchers and their funders should prioritize understanding the health impacts from exposure to specific classes and mixtures of chemicals in a wide range of indoor settings. Such understanding is needed to inform any future standards, guidelines, or regulatory efforts.

# **Charge to CAAAC**

Provide recommendations on prioritizing the research needs identified by the NASEM in their consensus report: *Why Indoor Chemistry Matters*. Focus on priorities for short term research (1-3 years) that could inform public health guidance and building practices for improving Indoor Air Quality (IAQ) in homes, schools, and commercial and office buildings.

- Full CAAAC or workgroup
- Short term written response (3 to 6 months -- flexible)
- Lead office: ORIA
  - Contact: Laura Kolb at <u>kolb.laura@epa.gov</u>

# Discussion

- Questions
- Identify chair, workgroup members
- Timeline
- Next steps



#### Resources

NASEM Report: Why Indoor Chemistry Matters https://nap.nationalacademies.org/catalog/26228/why-indoor-chemistry-matters

NASEM Report Highlights: Why Indoor Chemistry Matters https://nap.nationalacademies.org/resource/26228/Indoor\_Chemistry\_Report\_ Highlights.pdf

NASEM Emerging Science on Indoor Chemistry Project Information https://www.nationalacademies.org/our-work/emerging-science-on-indoorchemistry

#### Resources

EPA Indoor Environments Division webpages

Indoor Air Quality Science and Technology https://www.epa.gov/indoor-air-quality-iaq/indoor-air-quality-scienceand-technology

Volatile Organic Compounds' Impact on Indoor Air Quality https://www.epa.gov/indoor-air-quality-iaq/volatile-organic-compoundsimpact-indoor-air-quality

#### "IndoorChem" website

IndoorChem is a project funded by the Alfred P. Sloan Foundation. We aim to support and cultivate a community of researchers, business professionals, students, academic institutions, and individuals who are interested in the chemistry of the indoor environment. This website is the hub for our community. <u>https://indoorchem.org/</u>

#### References

Arata C, Misztal PK, Tian Y, et al. **Volatile organic compound emissions during HOMEChem**. *Indoor Air*. 2021;31:2099–2117. <u>https://doi.org/10.1111/ina.12906</u>

Boles C, Maier A, Vincent M, Stewart C, Attar S, Yeomans D. **Multi-route exposure** sampling of quaternary ammonium compounds and ethanol surface disinfectants in a K-8 school. *Indoor Air*. 2022;32:e13036. doi:10.1111/ina.13036

González Serrano V, Licina D. Longitudinal assessment of personal air pollution clouds in ten home and office environments. *Indoor Air*. 2022;32:e12993. doi:10.1111/ina.12993

Harely et al. Changes in Latina Women's Exposure to Cleaning Chemicals Associated with Switching from Conventional to "Green" Household Cleaning Products: The LUCIR Intervention Study. Envir. H. Perspec. 2021.129:9. https://doi.org/10.1289/EHP8831

#### References

Kim K, Shin H-M, Wong L, Young TM, Bennett DH. **Temporal variability of indoor dust concentrations of semivolatile organic compounds**. *Indoor Air*. 2021;31:693–701. <u>https://doi.org/10.1111/ina.12759</u>

Liu N, Bu Z, Liu W, et al. Health effects of exposure to indoor volatile organic compounds from 1980 to 2017: A systematic review and metaanalysis. *Indoor Air*. 2022;32:e13038. doi:10.1111/ina.13038

Maya E. Morales-McDevitt et al. **The Air That We Breathe: Neutral and Volatile PFAS in Indoor Air.** *Environ. Sci. Technol. Lett.* 2021, 8, 10, 897–902 Publication Date: August 31, 2021. <u>https://doi.org/10.1021/acs.estlett.1c00481</u>

Nazaroff WW, Weschler CJ. Indoor ozone: Concentrations and influencing factors. *Indoor Air*. 2021;00:1–21. doi:10.1111/ina.12942

#### References

Salthammer T, Morrison GC. **Temperature and indoor environments**. *Indoor Air*. 2022;32:e13022. doi:10.1111/ina.13022

Want et al. 2019. Indoor Illumination of Terpenes and Bleach Emissions Leads to Particle Formation and Growth. *Environ. Sci. Technol.* 2019, 53, 20, 11792–11800 Publication Date: October 2, 2019. <u>https://doi.org/10.1021/acs.est.9b04261</u>

Weschler. **Roles of the Occupant in Indoor Chemistry**. *Indoor Air.* 2016; 26: 6–24 doi:10.1111/ina.12185

Weschler and Carslaw. **Indoor Chemistry**. *Environ. Sci. Technol*. 2018, 52, 2419–2428 DOI: 10.1021/acs.est.7b06387