

### December 6, 2018

## The Once and Future NCRP

### Kathryn D. Held, Ph.D.

National Council on Radiation Protection and Measurements Massachusetts General Hospital/Harvard Medical School





## NCRP – A Council of 100 Radiation Professionals



**<u>1929</u>: U.S. Advisory** Committee on X-Ray and Radium Protection

**<u>1946</u>**: U.S. National Committee on Radiation Protection

**<u>1964</u>**: National Council on Radiation Protection and Measurements chartered by Congress (Public Law 88-376)



## Advice, Reports, Research



## Seven Program Area Committees (PACs) and Two Council Committees (CCs)

- PAC 1 Epidemiology & Biology
- PAC 2 Operational Radiation Safety
- PAC 3 Security & Safety
- PAC 4 Medicine
- PAC 5 Environment & Waste
- PAC 6 Dosimetry & Measurements
- PAC 7 Risk Communication & Outreach
- CC-1 Radiation Protection Guidance for the US (Report no.180; 2018)
- CC-2 Meeting the Needs of the Nation for Radiation Protection (WARP: Where Are the Radiation Professionals?)



Scientific Committees under PACs



### 14 (more or less) Active Committees Under PACs

- SC 1-24P2 Radiation Exposures in Space/CNS Effects
- SC 1-26 Integrating Radiation Biology and Epidemiology for Low Dose Risks
- SC 2-7 Radiation Safety of Sealed Radioactive Sources (Report 182; 2018)
- SC 2-8 Operational Radiation Safety Program
- SC 3-1P2 Implementation of Guidance for Radiation Responder Dosimetry
- SC 4-5 Radiation Protection in Dentistry
- SC 4-7 Evaluating and Communicating Risks for Human Studies
- SC 4-8 Improving Patient Dose Utilization in CT
- SC 4-9 Medical Exposures of Patients in the US
- SC 4-10 Error Prevention in Radiation Safety
- SC 5-2 Radiation Protection for NORM/TENORM
- SC 6-9 US Radiation Workers & Atomic Vets Dose Assessment (Report 178; 2018)
- SC 6-11 Medical Worker Dosimetry
- SC 6-12 Brain Dosimetry for Internal Radionuclides



# Recently Completed Committees (2017-2018)

- SC 2-6 Radiation Safety Aspects of Nanotechnology
- SC 3-1 Guidance for Emergency Responder Dosimetry
- SC 1-25 Recent Epidemiologic Studies and Implications for LNT
- SC 1-20 Biological Effectiveness of Low-LET Radiations





## **Committees Coming Soon**

- SC 1-27 Sex Differences in Lung Cancer (with Relevance to Astronauts)
- SC 6-10 Doses to Air Crew





## **Highlighting Council Committees**



### CC-1/Report no. 180: Radiation Protection Guidance for the United States (will be available soon)

MANAGEMENT OF EXPOSURE TO IONIZING RADIATION: RADIATION PROTECTION GUIDANCE FOR THE UNITED STATES (2018)

National Council on Radiation Protection and Measurements

NCRP REPORT No. 180





K.R. Kase, *Co-Chair* D.A. Cool, *Co-Chair* A. Ansari F. J.D. Boice, Jr. D J.T. Bushberg R L.T. Dauer G D.R. Fisher J. P.A. Fleming S K.A. Higley R R.N. Hyer M W.E. Irwin M

F.A. Mettler, Jr. D.L. Miller R.J. Preston G.E. Woloschak J.E. Till, *Liaison* S.J. Adelstein, *Consultant* R.L. Anderson, *Consultant* M. Boyd, *Consultant* M. Rosenstein, *Staff Consultant* 



### CC 2: Meeting the Needs of the Nation for Radiation Protection – WARP



W.D. Newhauser (Med Phys), *Co-Chair* J.P. Williams (Rad Bio), *Co-Chair* 

#### Preparing Commentary



Writing Team Leaders: Edward I. Bluth (Med) Michael A. Noska (HP) Sergei Tolmachev (Chem) Lawrence Townsend (N Engr) Lydia Zablotska (Epi)



National Council on Radiation Protection and Measurements 7810 Woodmont Avenue / Suite 400 / Bethesida, MD 20814-3005 Intro/Intropublications.org / http://ncrpoublications.org

#### Where are the Radiation Professionals (WARP)?

#### NCRP Statement No. 12, December 17, 2015

Since the discovery of x rays and radioactivity in the 1890s, sources of ionizing radiation have been employed in medicine, academia, industry, power generation, and national defense. To provide for the safe and beneficial use of these sources of radiation, the United States developed a cadre of professionals with the requisite education and experience. Unfortunately, their numbers have diminished alarmingly (AAAS, 2014; GAO, 2014; HFS, 2013; NANRC, 2012).

#### Methods

To study the decline in radiation professionals and potential national crisis, the National Council on Radiation Protection and Measurements (NCRP) sponsored a workshop in June 2013 in Arlington, Virginia to evaluate whether a sufficient number of radiation professionals exist now and into the future to support the various radiation disciplines essential to meet national needs. Attendance at this workshop included professionals from government, industry, academia, medicine, and professional societies. Presentations from over 30 groups (NCRP, 2013) resulted in the recommendations found in this Statement.

#### Findings

Evidence presented at the workshop revealed that the country is on the verge of a severe shortfall of radition professionals such that urgent national needs will not be met. Factors contributing to the downturn include the economy, attrition, redirected national priorities, and decreased public funding. The magnitude of this shortfall varies with radiation disciplines and practice area. Radiation biology has already been critically depleted and other specialties are following the same downward spiral. All radiation professionals share the same goals to develop or implement scientific knowledge to protect workers, members of the public, and the environment from harmful effects of exposure to ionizing radiation. Accordingly, the workshop encluded that the current and projected shortfall will adversely affect the public health, radiation occupations, emergency preparedness, and the environment. Majer shortfalls have already been observed in day-to-day operations, leaving policy development, regulatory compliance, research and development, environmental monitoring, emergency management, and military applications as unfunded and under-supported mandates.

The dwinding number of professionals will be of particular concern in mounting a response to a catastrophic nuclear or radiological incident, including terrorist attacks. The current concept of operations for response includes surge support from the existing body of radiation professionals to serve as technical subject matter experts to aid in the management of the consequences of such an event. However, as the number of radiation professionals decreases, the nation's resilience and ability to cope and manage a catastrophic nuclear or radiological event is severely degraded.



ploy radiation professionals in broad and diverse areas such as esearch and development, environmental monitoring and restoredness and response, nuclear medicine, radiation therapy, diag-

to (GAO, 2014) estimates that 31 % of the federal workforce will be percentage of engineering and technical professionals eligible 41 %. Similarly, a survey of the Conference of Radiation Control so that regulate the use of radioactive materials and radiation-ted that over 50 % of the technical staff in the states' radiation he next 10 y.

ressed concern about the future supply of radiochemists (NA/NRC, cal expertise within government will result in an inability to supmificant adverse effect on the ability to manage the consequences ar power plant accident in the United States. The basic radiation part of a vast enterprise that directly and materially benefits the

Thanks to CDC for funding



## PACs and (Selected) Scientific Committees



## PAC 1: Basic Criteria, Epidemiology, Radiobiology, and Risk

The membership of PAC 1 is: G.E. Woloschak, *Vice President* J. Bernstein, *Co-Chair* 

S.A. Amundson	G.A. Nelson
E.I. Azzam	H. Paganetti
J.S. Bedford	D.J. Pawel
P. Chang	G. Sgouros
N. Hamada	R.E. Shore
A.R. Kennedy	M.D. Story
A. Kronenberg	M.M. Weil
E.C. Laiakis	J.P. Williams
M.P. Little	





### SC 1-25: Recent Epidemiologic Studies and Implications for the Linear-Nonthreshold Model

#### NCRP COMMENTARY No. 27

#### IMPLICATIONS OF RECENT EPIDEMIOLOGIC STUDIES FOR THE LINEAR-NONTHRESHOLD MODEL AND RADIATION PROTECTION



- R.E. Shore, *Chair* L.T. Dauer, *Co-Chair* H.L. Beck E.A. Caffrey S. Davis H.A. Grogan R.N. Hyer F.A. Mettler, Jr. R.J. Preston J.E. Till R. Wakeford L. Walsh
- R. Vetter, Staff Consultant





#### Solid cancer



### **Conclusion:**

Based on current epidemiologic data, no notably different alternative to the LNT model appears more <u>practical and</u> <u>prudent</u> for <u>radiation protection</u> <u>purposes</u>.

Thanks to NRC for financial support

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### SC 1-24 Continuation: Radiation Exposures in Space and the Potential for CNS Effects – Phase II Report



Human Exploration Research Analog (HERA), JSC





Les Braby

Jacob Raber

Thanks to NASA for funding





### Radiation Effects on Dendritic Spines of Neurons Correlates with Behavior Changes





Scale bar: 20 μm Drebrin/ MAP2/ DAPI

(from Puspitisari, Held, et al., unpublished)



**Fig. 3. Reductions in dendritic spine density in the mPFC after HZE particle exposure.** Representative digital images of 3D reconstructed dendritic segments (green) containing spines (red) in unirradiated (top left panel) and irradiated (bottom panels) brains. Dendritic spine number (left bar chart) and density (right bar chart) are quantified in charged particle–exposed animals 8 weeks after exposure. \*P = 0.05, \*\*P = 0.01, ANOVA.

## Going to Mars – Alzheimer's?

#### OPEN OACCESS Freely available online

PLOS ONE

Galactic Cosmic Radiation Leads to Cognitive Impairment and Increased Aβ Plaque Accumulation in a Mouse Model of Alzheimer's Disease

Jonathan D. Cherry<sup>1</sup>, Bin Liu<sup>2</sup>, Jeffrey L. Frost<sup>2</sup>, Cynthia A. Lemere<sup>2</sup>, Jacqueline P. Williams<sup>3</sup>, John A. Olschowka<sup>4</sup>, M. Kerry O'Banion<sup>4</sup>\*

#### COGNITIVE NEUROSCIENCE

#### What happens to your brain on the way to Mars

Vipan K. Parihar,<sup>1</sup> Barrett Allen,<sup>1</sup> Katherine K. Tran,<sup>1</sup> Trisha G. Macaraeg,<sup>1</sup> Esther M. Chu,<sup>1</sup> Stephanie F. Kwok,<sup>1</sup> Nicole N. Chmielewski,<sup>1</sup> Brianna M. Craver,<sup>1</sup> Janet E. Baulch,<sup>1</sup> Munjal M. Acharya,<sup>1</sup> Francis A. Cucinotta,<sup>2</sup> Charles L. Limoli<sup>1</sup>\*

### Study: Deep-Space Radiation Could Damage Astronauts' Brains

Cosmic rays could leave travelers to Mars confused, forgetful and slow to react

## Can Epidemiology Studies Help?

SC 1-26: Approaches for Integrating Radiation Biology & Epidemiology for Enhancing Low Dose Risk Assessment







R.J. Preston, *Chair* W. Rühm, *Co-Chair* E.I. Azzam S. Bouffler M.P. Little R.E. Shore I. Shuryak M.M. Weil M. Rosenstein, *Staff Consultant* 

Thanks to CDC for financial support

### SC 1-27 (*this year*): Evaluation of Sex-Specific Differences in Lung Cancer Radiation Risks & Recommendations for Use in Transfer Models



M.M. Weil, *Chair* D.L. Preston W. Rühm Others TBD TBD, *Staff Consultant* 









Thanks to NASA for funding





## PAC 2: Operational Radiation Safety



K.H. Pryor, Vice President E.D. Bailey C.A. Donahue J.R. Frazier E.M. Goldin **B.L.** Hamrick M. Littleton D.S. Myers J.W. Poston D.M. Scroggs K. L. Shingleton G.M. Sturchio J. Walkowicz J.S. Willison J.G. Yusko

### SC 2-7: Radiation Safety of Sealed Radioactive Sources

"Cradle to Grave"



Report No. 182 Coming Soon

- K.H. Pryor, *Chair* E.D. Bailey C. Donahue J.R. Frazier E.M. Goldin B.L. Hamrick M. Littleton D.S. Myers
- J.W. Poston, Sr. K.L. Shingleton G.M. Sturchio J. Walkowicz J. Willison
- J. Yusko
- J.L. Thompson, Consultant





## PAC 3: Nuclear and Radiological Security and Safety

A. Ansari, Vice President B.R. Buddemeier, Co-Chair J.L. Bader W F Irwin D.J. Blumenthal G.A. Klemic L.L. Chi J.J. Lanza C.N. Coleman S.V. Musolino N. Dainiak M.A. Noska S. DeCair A. Salame-Alfie J. Donnelly T.P. Taylor J.R. Dynlacht F. Fisher-Tyler



- J.D. Rogers, Consultant
- B. Stevenson, Consultant



SC 3-1: (1) Guidance for Emergency Responder Dosimetry and (2) Implementation Guidance for Responder Dosimetry in an Emergency







S. V. Musolino A. Salame-Alfie *Co-Chairs* 



GUIDANCE FOR EMERGENCY RESPONSE DOSIMETRY

National Council on Radiation Protection and Measure

Thanks to DHS, CDC, and NYC for financial support



## PAC 4: Radiation Protection in Medicine







The membership of PAC 4 is:D.L. Miller, Vice PresidentL.T. Dauer, Co-ChairK.E. ApplegateA.G.S. BalterM. ME.I. BluthF.A.C.E. ChambersW.D.A.J. EinsteinE. SaD.P. FrushJ.A.R.E. GoansD.C.J.E. GrayS.G.M.K. KalraJ.E.KL.A. KrogerS.Y.E.G. LeidholdtP.B.

A.G. Lurie M. Mahesh F.A. Mettler, Jr. W.D. Newhauser E. Samei J.A. Seibert D.C. Spelic S.G. Sutlief J.E.K. Timins S.Y. Woo P.B. Zanzonico

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## Radiation Exposure in the US





## SC 4-9: Medical Exposure of Patients in the United States







F.A. Mettler, *Chair* M. Mahesh, *Co-Chair* 





### PAC 5: Environmental Radiation and Radioactive Waste Issues

The membership of PAC 5 is: B.A. Napier, Vice President S.Y. Chen A.G. Croff J.D. Edwards R.W. Field K.A. Higley E.V. Holahan W.E. Kennedy K.A. Kiel J.A. Lipoti R.E. McBurney M.A. Noska B.A. Powell A. Wallo







# SC 5-2: Radiation Protection for NORM & TENORM from Oil & Gas Recovery





D Allard

WE Kennedy, Chair

N

M Barrie



P Egidi



A Lombardo



G Forsee

R McBurney



R Johnson



J Frazier



Thanks to CRCPD and CDC for financial support



## PAC 6: Radiation Measurements and Dosimetry



The membership of PAC 6 is: S.L. Simon, Vice President L. Bertelli W.F. Blakely W.E. Bolch L.A. Braby R.R. Brey R.A. Guilmette **R** T Kouzes J.J. Whicker R.C. Yoder C. Zeitlin G.H. Zeman

# SC 6-9: U.S. Radiation Workers & Nuclear Weapons Test Participants Radiation Dose Assessment





A. Bouville, *Chair* R.E. Toohey, *Co-Chair* 



- DOE Manhattan Project
- NRC Nuclear Utility Workers
- NRC Industrial Radiographers
- DOD Atomic Veterans
- Medical Radiation Workers

### Collective Doses for Aircrew are a Main Contributor to Collective Occupational Dose (New SC 6-10 planned)



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## PAC 7: Radiation Education, Risk Communication, and Outreach

R.N. Hyer, *Vice President* S.M. Becker J.T. Bushberg R. Johnson P.A. Karam P. I ocke C. McClurey C.W. Miller M. O'Brien J. Rader A. Shogren J. Till J. Wieder V, Siegel, Consultant





"People don't care how much you know until they know how much you care"

## Improved "Roll Outs" Getting the Message Out



NCRP Commentary No. 27: Implications of Recent Epidemiologic Studies for the Linear-Nonthreshold Model and Radiation Protection

#### National Council on Radiation Protection and Measurements

#### **Overview**

In May 2018, the National Council on Radiation Protection and Measurements (NCRP) published Commentary No. 27, *Implications of Recent Epidemiologic Studies for the Linear-Nonthreshold Model and Radiation Protection*.

For over 40 years, the linear-nonthreshold (LNT) dose-response model has been used to develop practical and prudent guidance on ways to protect workers and members of the public from the potential for harmful effects of ionizing radiation, specifically, from low linear-energy transfer\* (low-LET) radiation.



## **NCRP Annual Meetings**



Fifty-Third Annual Meeting Program

> Assessment of National Efforts in Emergency Preparedness for Nuclear Terrorism: Is There a Need for Realignment to Close Remaining Gaps?



March 6-7, 2017

Hyatt Regency Bethesda One Bethesda Metro Center 7400 Wisconsin Avenue Bethesda, MD 20814





The Official Journal of the Health Physics Society



SPECIAL ISSUE: PROCEEDINGS OF THE 53RD ANNUAL MEETING OF THE NATIONAL COUNCIL ON RADIATION PROTECTION AND MEASUREMENTS, MARCH 2017

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Armin Ansari & Adela Salame-Alfie, *Co-Chairs* 





Fifty-Fourth Annual Meeting Program

#### **Radiation Protection Responsibility in Medicine**



March 5-6, 2018

Hyatt Regency Bethesda One Bethesda Metro Center 7400 Wisconsin Avenue Bethesda, MD 20814









D Frush L Dauer, *Co-Chairs* 



## 2019 Annual Meeting: April 1-2, 2019

### NCRP at Ninety: Our Best Answers to Frequently Asked Questions



Fred A. Mettler, Jr., *Chair*, & Jerrold T. Bushberg & Richard J. Vetter, *Co-Chairs* 



## 2019 Annual Meeting: April 1-2, 2019

### NCRP at Ninety: Our Best Answers to Frequently Asked Questions



Fred A. Mettler, Jr., *Chair*, & Jerrold T. Bushberg & Richard J. Vetter, *Co-Chairs* 

See You There!



## **NCRP Active Partnerships**

- Image Gently Alliance
- Conference of Radiation Control Program Directors
- Health Physics Society
- Radiation Research Society







## Partnering with International Organizations



- Two Council Members are on the Main Commission
- NCRP is a Liaison Organization





Seven Council Members are on the U.S. Delegation to the United Nations Scientific Committees on the Effects of Atomic Radiation (UNSCEAR)



One Council Member is on the International Commission on Radiation Units and Measurements (ICRU)





## NCRP Conducts Health Effects Research – The Million Person Study



## National Study of One Million U.S. Radiation Workers and Veterans



Robert Oppenheimer, General Leslie Groves, Enrico Fermi, Hans Bethe, Theodore Hall

- Manhattan Project 360,000
- Atomic Veterans 115,000
- Nuclear Utility Workers 150,000
- Industrial Radiographers 115,000
- Medical & other
- >250,000

- GAO Report on Low Dose Radiation Needs, 2017
- Low-Dose Radiation Research Act of 2018 – HR 4675
- HR 589 DOE OS "shall carry out a low-dose radiation research program" ...





## Medical Radiation Workers – Focus on Sex Differences in Lung Cancer Risk

- Largest Individual Cohort 170,000
- Half women, half men
- Radiologists, Nuclear Medicine, Oncologist, Technologists, Interventionalists
- Challenging Dosimetry

Study Population = 168,601			
DoseCat	N	Percent	
< 10 mSv	29,902	24.5	
10 - < 50 mSv	77,150	25.2	
50 - < 100 mSv	34,410	28.1	
100 - < 500 mSv	25,376	20.8	
500 - < 1000 mSv	1,247	1.0	
1000 plus mSv	516	0.4	



### Special Issue Million Person Study



#### VOLUME 95 • NUMBER 2 • February 2019

#### International Journal of

### Radiation Biology

Covering the physical, chemical, biological, and health effects of ionizing and non-ionizing radiations





Special Issue: The Million Person Study of Low-Dose Radiation Health Effects (US Radiation Workers and Nuclear Weapons Test Participants) Guest Editors: Andre Bouville, Lany Dauer, Ashley Golden, Richard Wakeford and John D. Boice Jr

Taylor & Francis type & heart Chap

2270 0855-1803

#### 26 Peer-Reviewed Articles

- I2- The Million Person Study, Whence it Came
- I4 Relevance to NASA and Space Exploration
- E1 Leukemia Among Nuclear Power Plant Workers
- E3 Updated Mortality Analysis of the Mallinckrodt Uranium Processing Workers, 1942-2012
- E4 Sex-Specific Lung Cancer Risks among MPS Cohorts
- E5 Mortality among Atomic Veterans
- E7 Heart Disease within the Million Person Study



# Sponsors (Past & Present)









Vanderbilt-Ingram Cancer Center

UNITED STATES DEPARTMENT OF VETERANS AFFAIRS

















# Section 2015 Section 2015 Security Security Security



## Summary



- NCRP chartered by US Congress to provide independent scientific advice on matters related to radiation protection and measurements.
- Numerous documents on topics such as dose to lens of the eye, nanotechnology, emergency preparedness, dosimetry for epidemiology, LNT and low dose effects, space radiation, medical radiation, etc.
- Other activities include annual meetings, research, partnerships with numerous organizations.













## Acknowledgments

• Dr. John Boice, Staff at NCRP and NCRP Council Members and Members of our PACs and SCs

## THANK YOU





