Importance of Smokefree Policies

Smokefree Policy Benefits

Smokefree policies in homes, schools, offices, vehicles, and other enclosed spaces help improve indoor air quality. Smokefree policies for tobacco smoke products have been researched extensively. The benefits include:

- Lower health care costs from secondhand smoke exposure
- Lower fire risk and related costs
- Less property maintenance and lower rental turnover costs

Expanding Smokefree Policies

Many smokefree policies predate the growing use of e-cigarette and marijuana products. Some of the potentially harmful chemicals released from marijuana and e-cigarettes are the same as those released from tobacco smoke products. This may point toward the need to expand smokefree policies to include these products.

Implementing Smokefree Policies

Smokefree policies can prohibit smoking and vaping in enclosed spaces, in vehicles, and within 25 feet of building air intakes, entryways, and open windows. These types of policies can eliminate secondhand exposure indoors and the health risks that come with it.

Ready to go smokefree? You can find resources about smokefree policies here.

Scan the QR code on the left for a digital version.

Resources to Quit Smoking and Vaping Are Available